

## **Special Area Assignments**

**5/18-5/22**

Each day, students should focus on one special area. Our special area classes are a great opportunity for students to get a break from core subjects, supplement core subjects, and enrich their lives. We will collect and grade work on a weekly basis.

### **Wednesday - Enrichment**

Kindergarten Students, we did not get a chance to learn how to use our Dearborn Public Schools student emails this school year. This week's assignment is for you to learn the steps to login to your email account and send me an e-mail.

I created a slide presentation with step by step instructions. This slide presentation is on my blog: [Ms. Tront's Blog and Assignments](#)

You may work on this assignment with a family member, such as an older brother or sister.

After you learn how to use your email account, please send me an email with your name, grade, teacher, and a short message about what you have been doing to keep busy at home, Make sure to use your email account.

# **Music, Art, and PE - Combined lesson this week!**

-Week of May 18th

## **ART, PE, MUSIC and JUMP ROPE**



Hello boys and girls,

This week's lesson will focus around the skill of jumping rope. Ms. Bruce, Mrs. Lograsso and I have created the lesson together. If you do not have a jump rope, don't worry because in this lesson, Ms. Bruce will be teaching you how to make a jump rope. I will be going over skills to help you learn to jump rope. If you already know how to jump rope, I will show you some jump rope tricks. Our final piece comes from Ms. Lograsso where you will hear music and jump rope rhymes.

Benefits of jumping rope:

- Jumping rope is a great workout (helps you improve endurance and stamina)
- Improves balance and coordination
- Jumping rope helps build stronger bones
- Jump ropes are inexpensive and portable (you can take them anywhere you go)
- It's fun

### **Ms. Bruce:**

To make your own jump rope you will need:

- 15-30 plastic grocery bags (the taller you are, the more bags you will need)
- Scissors to cut the plastic bags
- Tape for the handles

Follow along with the video below to make your jump rope:

<https://www.youtube.com/watch?v=JDWdCQNI5Ro>

If you already have a jump rope at home you can create a different project for art this week and send a photo to Ms. Bruce.

### **Mrs. Masiarczyk:**

Let's begin with making sure you have the correct jump rope length. The basic rule is to step on the center of the jump rope and pull the handles upward. The rope, including the handles should land at your armpits, slightly longer if for advanced jumpers who want to try tricks. If you have a jump rope that is too long, simply tie a knot at each end to shorten.

**Safety first:** Please make sure that you find a space away from anyone when practicing. You do not want to hit anyone with a swinging rope. Make sure that you are wearing comfortable gym shoes.

Beginner jump rope video:

[https://drive.google.com/file/d/1n81QXCoL6m0Wk2SJ\\_N\\_T4FVvZrozeEz4/view?usp=sharing](https://drive.google.com/file/d/1n81QXCoL6m0Wk2SJ_N_T4FVvZrozeEz4/view?usp=sharing)

Intermediate video:

[https://drive.google.com/file/d/1ULR0avkoDf\\_mkP-Lyf8fRZ0OxqY7XrLK/view?usp=sharing](https://drive.google.com/file/d/1ULR0avkoDf_mkP-Lyf8fRZ0OxqY7XrLK/view?usp=sharing)

Watch this jump rope routine. It looks like she is having a lot of fun.

[Jump Roping - Lauren Cheape @ Kamehameha](#)

Please log your physical activity on the fitness log located on my blog.

[Mrs. Masiarczyk PE Blog](#)

### **Mrs. Lograsso**

To learn the song, you won't need your jump rope, but keep it near you so that we can try out singing and jumping together!

Learning the song video: <https://youtu.be/oSmQo0Qn5Hg>

Trying it with the jump rope video: <https://youtu.be/IPHmoz0rAQ8>

Words to the rhymes so that you can remember...

#### **Blackbirds, Blackbirds**

Blackbirds, blackbirds,  
Sitting on a wire.  
What do you do there?  
May we inquire?  
We just sit to see the day,  
Then we flock and fly away.  
By 1, 2, 3. . . . .

#### **A, B, C and Vegetable Soup**

A, B, C and vegetable goop.  
What will I find in my alphabet soup?  
A, B, C. . . . .

*(When you miss, name a vegetable that starts with the letter you missed on.)*

**When you are done, take a video and put it in the Google Form [here](#).**

## **Other special area participation opportunities:**

### **Art**

You may choose 1 art project from the K-2 projects page on my blog at <https://iblog.dearbornschools.org/homeart/k-2-art-prompts/> . New project choices are added every week. Once you have completed a project, take a photo and email it to me at [brucep1@dearbornschools.org](mailto:brucep1@dearbornschools.org) or send it in a message on Dojo. Feel free to email me, or message me on Dojo with any other questions. Mrs. Masiarczyk and I are hosting a combined P.E. and Art optional BigBlueButton hangout for kindergarten, first, and second grades on the GP Specials iLearn page on Tuesdays from 2:00-2:40 where you can come to ask questions, show me art you have created, and this week participate in an exercise challenge! [This sentence is a link to a video that shows how to log in to iLearn.](#) The enrollment code for this iLearn course is bryzs9 . This week bring something to draw with and to draw on (paper, pencil, whiteboard, marker, etc.)

### **Music**

**Other ways to participate: I am posting one mystery song a day on my blog! Ask family/friends, use Google or Youtube, and figure out the name of the song and artist! When you think you know the answer, email the name and artist to me. Every right answer**

will earn you one raffle ticket. At the end of the year, I will pull a ticket and drop off a prize at that student's house! You can also earn a ticket by watching a Read Aloud on the blog and emailing me a summary of the story!

Links can always be found on my blog at [Mrs. Lograsso's Music](#). I am always available by email at [lograsm@dearbornschools.org](mailto:lograsm@dearbornschools.org). I will be holding office hours on Tuesdays and Thursdays from 11am to noon. Email me to set up a phone call or video chat during that time.