

The Rainbow Circles Referral List (2025 Update)

Referral List

Explicitly LGBTQ+ Affirming:

Jackie Johnson, LPC: (970) 497-4866, <http://www.jackie-johnson.com/> —Known by KP

- Located in Fort Collins
- Works with ages 18+, couples
- Hypnotherapy, psychodrama, brainspotting, prolonged exposure therapy
- Accepts Aetna, Beacon, Optum, UHC, UMR; Individual \$100-\$130 sliding scale
- In person and telehealth

Kristen Cochran-Ward, LCSW: (970) 450-7284, <https://www.empoweredpathcounselingandcoaching.com/>

- Located in Fort Collins
- Works with adults, couples
- Sex therapy, EFT, EMDR, ketamine assisted treatment
- Accepts Aetna, United/UMR; will submit out of network claims. \$155/session
- In person and telehealth
-

4Square Counseling: (719) 354-1967, <https://www.4squarecounseling.com/>

- Located in Colorado Springs
- Works with children, adults, families, and couples
- Support groups for LGBTQ+ teens
- Accepts Anthem BC/BS, Medicaid (CCHA and CO State), and United; offers sliding scale

A&R Counseling: (720) 716-8380, <https://www.a-rcounseling.com/>

- **Accepting new clients**
- Located in Centennial
- Work with adults, partners,
- Accepts Aetna, Anthem BC/BS, Cigna, Medicaid (RAEs 3, 5, 6, 7, and CHP+), and United/Optum
- Reiki, Gottman Method, EFT
- In person and telehealth
- *Offer medication management* (only Aetna and United)

Affirm Counseling (Tyler Woody, LPC): (970) 235-1055, <https://affirmcounselingco.com/> —Known by AW, MS, KP

- **Accepting new clients (as of 11/24)**
- Located in Fort Collins
- Works with all ages
- Accepts Aetna, Cigna, Medicaid (CCHA, CO Access, Northeast Health Partners, Rocky Mountain Health Plan), Meritain, Triwest, United/UMR
- EMDR, Play Therapy, Sandtray (with children)
- In person and telehealth

Aiyla Sahar Cook: (720) 491-1697, <https://www.psychologytoday.com/us/therapists/aiyla-sahar-cook-frederick-co/1256593>

—Known by CH

- **Accepting new clients with a wait-list**
- Located in Longmont
- Young adults, adults and elders only
- \$150/session, accepts most major insurances
- Both in person and virtual available; Death Doula

Anna Aretos, SWC, at Specialty Counseling: 970-744-6342, <https://www.specialtycounseling.com/anna-areto/> —Known by KP

- **Accepting new clients (as of Oct 2024)**
- Located in Loveland
- Works with adolescents, adults, and groups
- Accepts most major insurance, including Medicaid
- In person and telehealth

Alyssa Proulx-Bostrom, LPC, at Embodied Therapy Group: (970) 829-8441, <https://embodiedtherapygroup.com/alyssa-proulx> —Known by KP

- Located in Fort Collins
- Works with ages 15+ and couples
- EMDR, Accelerated Experiential Dynamic Psychotherapy
- Does not accept insurance; Sliding scale \$110-\$150
- In person and telehealth

Aspen Dellutri, LPC, at Joy Bird Therapy: (970) 800-1370, <https://www.joybirdtherapy.com/aspendedlutri> —Known by PC, SA

- Located in Fort Collins
- Works with ages 12+
- Accepts Aetna, Cigna, Medicaid (Rocky Mountain Health Plan), United; \$145/session
- Telehealth only

Bloom Counseling and Nutrition: (970) 893-7600, <https://www.bloomcounselingandnutrition.com/> —Known by MS and T

- Specifically Steph Pixler is queer and trans affirming/part of the community; Emily Carelton is queer/trans affirming
- Located in Fort Collins
- Works with ages 14+
- Provides general care and specializes in disordered eating
- Exposure and Response Prevention, Intuitive Eating and nutritional counseling, group therapy
- Accept Anthem Blue Cross/Blue Shield, Cigna, Medicaid (RMHP); sliding scale \$85-\$170
- In person and telehealth

Cass Daniels, LCSW: (720) 724-1773, www.cassdaniels.com —Known by KP

- Located in Aurora
- Works with ages 12+
- EMDR
- Does not accept insurance; \$110-\$140 individual, in home and 90 min sessions \$170-\$200
- In person and telehealth

Claire Bailey, LPCC: <https://www.psychologytoday.com/us/therapists/claire-bailey-bodyful-counseling-boulder-co/1360474> —Known by CH

- **Accepting new clients (as of Oct 2024)**
- Located in Boulder
- Works with adults, teens, and does relational counseling
- Certified in pain reprocessing therapy
- Accepts Anthem, BCBS, Cigna/Evernorth, Elevance, Medicaid (Colorado Access); individual session \$150; couples session \$200
- Telehealth only

CJ Munro, LPCC: (541) 363-7509, <https://cjmunro.com/> —Known by SA

- Currently **NOT** accepting new clients
- Located in Denver
- Works with teens, adults, and does relational counseling
- Gottman Method, sex therapy (pursuing AASECT certification)
- Accepts Aetna, Anthem, BCBS, Cigna/Evernorth, Medicare, Optum, Oscar Health, Oxford, UHC; individual session \$120, offers sliding scale for those eligible
- In person and telehealth

Alex Capraro, LPC, at Integrated Counseling and Wellness: <https://integratedwellnessfc.com/>

- Virtual only (based in Washington)
- Works with adults
- Dance/movement therapy background, equine therapy training, parts work
- Biracial and Latina
- Spiritual orientation
- Accepts same insurances as ICW (Aetna, Anthem BC/BS, Cigna, CVC, Medicaid, United/UMR)
- Telehealth only
-

Talia Sternberg, LPC, at JoyBrain Counseling: <https://www.joybraincounseling.com/therapists/talia-sternberg/>

- Specializes in working with Dissociative Identity Disorder (DID)
- Guided by social justice, queer and trans-affirming care, disability justice, fat liberation, and neurodivergent-affirming approaches
- Recommended for networking regarding DID specialization
- Telehealth availability (please confirm)
- Insurance acceptance (please confirm)
- In-person/telehealth options (please confirm)

Colorado Center for Assessment & Counseling: (970) 889-8204, <https://www.coloradocac.com/>

- Located in Fort Collins
- Works with children, teens, adults, relational counseling, groups
- Provides psychological testing and substance use assessments
- Individual sessions are \$80; Accepts Aetna, Anthem/BCBS (only for counseling), Cigna/Evernorth, Medicaid, Medicare, Optum/United, Triwest/Tricare, UMR
- In-Person and telehealth

Dave Jackson: dave@kenosiscounseling.com, <https://kenosiscounseling.com/> - **Known by SA**

- Located in Denver
- Takes insurance clients through Kenosis Counseling & private pay through private practice
- Works with individuals and couples navigating polyamory, coparenting, divorce/separation, neurodivergence, and also men's issues in general.
- Plans to take Medicaid once he gets his LPC
- *Has availability as of August 18, 2025!*

Devyn Box, LCSW: (972) 450-9424, <https://www.devynboxtherapy.com/>

- Located in Denver
- Works with teens and adults
- TF-CBT, EMDR, group therapy
- Accepts Aetna; individual sessions/\$175, group sessions/\$35-\$50; offers equitable pricing (**lower slots full as of 11/24**)

- In person and telehealth (Colorado and Texas)

Drew Feldbaum, LCSW: <https://www.bravehopecounselingco.com/> - Known by DB

- Located in Longmont
- Accepts medicaid
- Works with adults
- EMDR, parts work
- In person and virtual

Eline Potoski, LCSW: (970) 889-0038, <https://www.arborcounselingllc.com/>

- Works with adults and elders (65+)
- IFS-certified (can do IFS with couples too), EMDR
- Does not accept insurance; Individual \$165/50 min session; \$200/90 min session
- Telehealth only (Colorado, California, Vermont)

Elliot Helt, MFT-C: (719) 716-8496, <https://www.elliottelttherapy.com/>

- Located in Denver
- Works with teens (12+), adults, partners, families, and groups
- EFT, EMDR, somatic therapy
- Does not accept insurance; \$150 scale for individual sessions, offers sliding scale @ \$75-\$125 (currently full)
- In person and telehealth

Fox Mind Counseling (Jack Hart, LPC): (303) 720-6473, <https://www.foxmindcounseling.com/home> – Known by SA and others

- **Accepting new clients**
- Located in Denver, in-person and telehealth
- Works with adults
- EMDR, IFS, polyvagal, sensorimotor
- Accepts Kaiser Permanente, and Aetna; \$165-\$247.50/session depending on length
- Telehealth only

Francie Hiza, LCSW: <https://www.psychologytoday.com/us/therapists/francie-hiza-denver-co/841209>

Not Accepting New Clients (as of 11/24)

- Located in Boulder
- Works with teens and adults
- Wilderness therapy
- Accepts Aetna, Anthem BC/BS, Cigna, Humana, Kaiser, Medicare, Tricare West, and United; \$100/session self-pay
- Telehealth only

Glynn Forkey, LCSW: <https://www.camminoconsultingllc.com/> — Known by KP

- **Accepting new clients (as of 1/25)**
- Works with adults
- Reiki, IFS
- Accepts Aetna, Anthem Blue Cross/Blue Shield, Cigna, and United
- Telehealth only (Colorado, Massachusetts, Pennsylvania)

Griffin Jensen, LPC: (720) 637-3562 <https://www.psychologytoday.com/us/therapists/griffin-jensen-longmont-co/759343> —

Known by DB and CH

- Currently on **Waitlist**
- Located in Longmont
- Works with adults, couples, and groups
- Dance movement therapy

- Accepts Medicaid (CCHA); Individual \$165, Relational \$175, sliding scale to those eligible
- In person and telehealth

Hudson Wilkins, LPC: (615) 243-0874, <https://www.grayareacounseling.com/> –Known by TT

- Located in Fort Collins
- Works with adults, elders
- EMDR, nature-based therapy
- Does not accept insurance; Individual \$140, sliding scale to those eligible
- Telehealth Only

Integrated Counseling and Wellness: (970) 818-2355, <https://integratedwellnessfc.com/> —Known by AW and KP

- Located in Fort Collins
- Work with children (6yrs+), adolescents, adults, families, and groups
- EMDR, nature-based therapy, play therapy, sandplay, TF-CBT
- Accept Aetna, Anthem BC/BS, Cigna, CVC, Medicaid (all regions), United/UMR; Individual and relational \$75-\$140/session for self-pay
- In person and Telehealth

The Jacob Center: <https://jacobcenter.org/counseling-program/> - Known by KP

- **Currently accepting new clients as of January 2025**
- Located in Fort Collins
- Work with adolescents and young adults
- Provide TBRI training to caregivers and mental health professionals from a non-religious lens
- EMDR
- Accept Medicaid (CHP+, Colorado Access, and Rocky Mountain Health Plan); \$125-\$150/session for self-pay
- In person

Jennifer Kniffin-Turner, LPC: <https://ifs-institute.com/practitioners/all/70324> -Known by DB

- Located in Littleton
- Accepts some regions of Medicaid, Kaiser?
- Works with children, teens, and adults
- IFS, EMDR, Infant Mental Health (IMH-EIII)
- In person and virtual

Julie Miller, LPC: (970) 397-3757 <https://www.deeplightcounseling.com/>

- Located in Greeley
- Works with adults, couples, elders, families, groups,
- Does not accept insurance; \$90/session, sliding scale to those eligible
- Unknown if in-person or telehealth

Beit Gorski, LPC: 970-491-6053, <https://health.colostate.edu/multicultural-counseling/#multiculturalcounselingteam>

- Located in Fort Collins at CSU
- Works with adults
- Offers drop-in hours for CSU students
- In person

Lisa Wallace (they/them):

- Currently accepting clients
- Accepts Medicaid and private pay

- Website: <https://www.brilliantlysane.org/>

Psychedelic Therapy Denver:

- Eric and Jenna's practice
- Does not accept insurance
- Website: <https://psychedelictherapydenver.com/>

Stevie White, M.Ed., LPCC, NCC (They/Them/Theirs):

- Licensed Professional Counselor Candidate
- Located in Loveland
- President of Colorado SAIGE (Society for Sexual, Affectional, Intersex, and Gender Expansive Identities)
- Website: <https://www.psychologytoday.com/us/therapists/stevie-white-loveland-co/1231276>

Devan Livaudais:

- Specializes in ADHD, Autism & LGBTQ+ Therapy
- Website: <https://www.emergetherapyco.com/devan>

James Nee Hundley, LCSW (He/They): Phone: 720-244-1468 ext. 3 or Direct: (720) 545-1007

- Licensed Clinical Social Worker
- Certified EMDR Therapist, EMDR Consultant-in-Training
- AEDP Level 1 Emotionally Focused Therapist
- Email: jnee@theroadlesstraveledcounseling.com
- Address: The Road Less Traveled Counseling Center, 2253 N Downing St, Denver, CO 80205
- Does not currently take insurance but offers out-of-pocket and sometimes sliding scale

Child, Adolescent, and Young Adult Connections (CAYAC): <https://www.healthdistrict.org/cayac>

- Located in Fort Collins
- Can do needs assessments/diagnoses for folks under 18 living in Larimer County
- Work with folks who are uninsured and have Medicaid

Greyrock Psychological Services: <https://greyrockpsych.com/>

- Located in Fort Collins
- Accept United and Medicaid (Rocky Mountain Health Plan); offer sliding scale

Haiku Mental Health (psychiatry): (970) 541-9666, <https://www.haikumentalhealth.com/>

- Located in Fort Collins
- Does not accept insurance; offers superbills
- In person initially; can provide virtual sessions after care is established

Sami Tengberg at Denver Wellness Associates (psychiatry): (720) 724-3668, <https://denverwellnessassociates.com/meet-the-providers/lakewood-providers/>

- Located in Lakewood
- Accept Aetna, All Savers, Cigna, Cofinity, Humana, Kaiser, Medicaid (regions not all listed), Medicare, Multiplan, Tricare West, and United/UMR

- Works with ages 6+
- Telehealth only

Julie Estrada at Eunoia Healthcare (psychiatry): (720) 358-2862, <https://nutsforneurons.com/>

- Located in Denver
- Does not prescribe benzodiazepines
- Accepts Anthem BC/BS, Medicaid (regions not listed), and United
- Works with adults
- In person and telehealth

Colene Marshall at Mile High Psychiatry: (855) 925-3997, <https://milehighpsychiatry.com/team/colene-marshall/>

- Located in Highlands Ranch
- Accept Aetna, Anthem BC/BS, Cigna, ComPsych, Elevance, Humana, Medicare, Medicaid (Colorado Access and RMHP), Tricare West, and United/UMR
- Works with ages 16+
- Telehealth only

Restorative Psychiatry and Wellness: <https://www.restorativepsychiatryandwellness.com/>

- Located in Denver
- Accept Aetna, Anthem Blue Cross/Blue Shield, Cigna, Oscar Health, Oxford, and United
- Works with adolescents and adults

Kelley Quirk, PhD: (269) 967-3722, <https://www.psychologytoday.com/us/therapists/kelley-quirk-fort-collins-co/307223>

- Located in Englewood, CO
- Works with all ages
- Individual and relational counseling
- Does not accept insurance; rate is \$125/session
- Telehealth only

Khesed Wellness: (720) 575-9889, <https://www.khesedwellness.com/> —Known by KP

- Located in Edgewater
- Work with children (6+), preteen, teens, adults, elders, groups
- EMDR, arabic-speaking services
- Do not accept insurance; flat rate of \$70/session, has many pro-bono programs
- In person and Telehealth (Colorado, Texas, Michigan, and Illinois)

The Liberation Coalition: (720) 295-1822, <https://www.theliberationcoalition.com/>

- **Accepting new clients**
- Located in Denver
- Work with adults, partners, families
- EMDR, EFT, group therapy
- \$150-\$180/session (individual or relational); sliding scale available
- In person and virtual (Colorado and Oregon)

Ligaya Wellness (Monica Lei Reyes, LPCC): (720) 805-8896, <https://www.ligayawellness.com/>

- **Accepting new clients**
- Works with adults, partners

- Accepts Medicaid (Colorado Access); \$100-\$145/session with sliding scale available
- Telehealth only (CO)

Melissa Londoño Connally, PhD: (970) 658-5192, <https://www.drmelissaconnally.com/>

- Located in Fort Collins and Boulder
- Works with teens, adults, elders, couples
- Gottman Method, Spanish-speaking services
- Does not accept insurance; \$150 individual \$170 couples; sliding scale for those eligible
- Telehealth Only

Gena McLaughlin, LPCC, at Mindful Therapy Group: <https://www.therapyden.com/therapist/gena-mclaughlin-lakewood-co>

- Located in Denver
- Accepts Aetna, Anthem BCBS, Cigna, Medicaid (CCHA and Colorado Access), and United
- Works with children, teens, and adults
- In person and virtual

Moonrise Therapy and Wellness: (970) 999-0440, <https://www.moonrisetherapyandwellness.com/>

- Located in Fort Collins
- Work with children (4+), adolescents, adults, partners
- EMDR, IFS, play therapy
- Accept Aetna, Anthem BC/BS, Kaiser, PSD EAS; \$120-\$140/session + sliding scale
- In person and telehealth

Patsy Agpalza, LCSW: (720) 707-1250, <https://headway.co/providers/patsy-agpalza> —Known by KP

- Located in Denver
- Works with adults
- Accepts Aetna, Anthem BC/BS, Oscar Health, Oxford, and UHC; Individuals and Couples \$175
- Telehealth Only (Colorado and Texas)

Phoenix Rising Centers: (401) 441-5834, <https://www.phoenixrisingcenters.org/> —Known by MS

- Work with adolescents, adults, couples, and groups
- Accept Aetna, Anthem BC/BS, Tufts, and United/UMR, offer sliding scale
- Provider through Second Wind Therapy Fund
- Telehealth only
- *Also offer medication management*

Rachel Lucas, LPC, NCC, CAC-II: (970) 818-2659, <https://www.rachellucas.org/>

- Located in Fort Collins
- Works with adults, couples, groups
- Does not accept insurance; Individual \$150, Couples \$160, Groups \$50
- In-Person and Telehealth
-

Ray Findley, SWC: (303) 720-6686, <https://rayfindley.com/> —Known by SA

- **Accepting new clients as of 4/4/2024**
- Located in Boulder
- Works with teens and adults
- Hypnotherapy, relational psychotherapy, parts work
- Does not accept insurance, base rate is \$140 and offers sliding scale
- In-Person and Telehealth

Rebecca Klinger, PhD: (970) 342-5663, <https://www.rebeccaklingerphd.com/>

- Currently **NOT** accepting new clients
- Located in Fort Collins
- Works with adults (18+)
- Individual session rate is \$170/session. Accepts Anthem/ BCBS, Optum, UHC, Out of Network benefits for Kaiser, offers sliding scale if eligible
- EMDR
- In-person and Telehealth (only daytime appointments available)

Renee Pigsley, LPC: (402) 819-8694, <https://reneepigsley.com/>

- Currently on **Waitlist**
- Located in Fort Collins
- Works with adults, elders, couples, groups
- Specializes in eating disorders
- Accepts BCBS; \$110 Individual, Couples rate unknown
- In-Person and Telehealth (Colorado and Nebraska)

Resilient Future Counseling: <https://www.resilientfuturecounseling.com/home>

- **Currently accepting new clients**
- Located in Fort Collins
- Works with teens, adults, groups
- Animal assisted therapy, DBT, EMDR, Substance Use Evaluations
- Accept Aetna, Anthem BC/BS, Cigna, Medicaid, Medicare, and United/Optum

Serotiny Counseling: (720) 722-3069, <https://www.serotinycounseling.com/>

- Located in Denver
- Work with adults, adolescents, and partners
- Gender affirming letter writing
- Accept Aetna, Medicaid (CO Access, RMHP, CHP+), and United
- Telehealth only (CO)

Shapiro Counseling (Sarah Shapiro, LCSW): (720) 789-0761, <https://shapirocounseling.com/> — Known by KP

- Located in Seattle
- Works with teens, adults, families, groups
- EMDR
- Accepts Optum, UHC, UMR, Cigna, TriWest; \$165 per session, sliding scale for those eligible
- In-Person and Telehealth (Colorado and Washington)

Side by Side Nutrition: (708) 717-7394, <https://sidebysidenutrition.com/> — Known by KP and MS

- Located in Fort Collins, Colorado Springs, and Washington
- Work with clients 12+ years old
- Specializes in eating disorders
- Accept Aetna, Cigna, UHC, Optum, Anthem; Initial Session \$225, follow-up sessions \$170
- In-Person and Telehealth (Colorado and Washington)

Softening Stone Psychotherapy (Parker Schneider, LPC): (720) 378-4662, <https://www.softeningstonepsychotherapy.com/>

- Works with adults
- EMDR, somatic therapy, wilderness therapy
- Does not accept insurance; \$150/individual session; \$100 sliding scale rate available (*reduced rate slots currently full as of 12/13/2024*)

- Telehealth and outdoor sessions (Colorado)

Sonya Bao Tran Nguyen, LPCC: <https://www.psychologytoday.com/us/therapists/sonya-bao-tran-nguyen-denver-co/1384423>

- Located in Denver
- Works with adults and couples
- Somatic therapy, pilates, and yoga
- Does not accept insurance; \$190/individual session or \$250/couples session; offers sliding scale
- In person and telehealth
- Speaks French and Vietnamese

Stephanie Tatum, LPCC: (720) 386-2858, <https://stillrise-counseling.com/> – Known by KP

- **Accepting new clients**
- Located in Aurora
- Works with adults, couples, and families
- EMDR, Gottman method, substance use support
- \$90-\$300/session depending on length of session and type of service; veteran and military discount
- Accepts Victim Compensation
- In person and telehealth

Umbrella Collective: (720) 663-0163, <https://www.umbrellacollective.org/>

- Located in Boulder
- Work with children (6+), teens, adults, elders, families, groups
- EMDR, hypnotherapy, Spanish-Speaking services
- Accepts Medicaid; sliding scale \$60-\$180
- In-Person and Telehealth

James Waite, MA, LPC: (970) 829-8874 <https://lifestance.com/provider/therapist/co/loveland/jasper-waite/> - Known by BWR

- Located in Loveland with LifeStance Health
- Works with LGBTQIA+ adult populations
- Specializes in EMDR, CBT, Gender-Affirmative Medical Readiness Evaluations
- Accepts most Insurances
- Works with ADHD, Anxiety, Depression, Gender Identity, Men's Issues, Midlife Transitions, PTSD/Trauma, Women's Issues

Primary Care

- Dr. Katje Musgrave at Banner Health
 - Located in Fort Collins
 - Accepts Medicaid

Mental Health

Jackie Johnson, LPC: (970) 497-4866, <http://www.jackie-johnson.com/>

- Located in Fort Collins
- Works with ages 18+, couples
- Hypnotherapy, psychodrama, brainspotting, prolonged exposure therapy
- Accepts Aetna, Beacon, Optum, UHC, UMR; Individual \$100-\$130 sliding scale

- In person and telehealth

Talia Sternberg, LPC, at JoyBrain Counseling: <https://www.joybraincounseling.com/therapists/talia-sternberg/>

- Specializes in working with Dissociative Identity Disorder (DID)
- Guided by social justice, queer and trans-affirming care, disability justice, fat liberation, and neurodivergent-affirming approaches
- Recommended for networking regarding DID specialization
- Telehealth availability (please confirm)
- Insurance acceptance (please confirm)
- In-person/telehealth options (please confirm)

Kristen Cochran-Ward, LCSW: (970) 450-7284, <https://www.empoweredpathcounselingandcoaching.com/>

- Located in Fort Collins
- Works with adults, couples
- Sex therapy, EFT, EMDR, ketamine assisted treatment
- Accepts Aetna, United/UMR; will submit out of network claims. \$155/session
- In person and telehealth

Alex Capraro, LPC, at Integrated Counseling and Wellness: <https://integratedwellnessfc.com/>

- Virtual only (based in Washington)
- Works with adults
- Dance/movement therapy background, equine therapy training, parts work
- Biracial and Latina
- Spiritual orientation
- Accepts same insurances as ICW (Aetna, Anthem BC/BS, Cigna, CVC, Medicaid, United/UMR)
- Telehealth only
-

Aiyla Cook at Divergence Mental Health: (720) 558-0550, <https://www.divergencementalhealth.com/aiyla>

- **Accepting new clients**
- Located in Highlands Ranch
- Works with adolescents and adults
- Accepts Aetna, Cigna, Medicaid (regions not listed), and United/UMR; \$120/session with sliding scale available
- Certified in pain reprocessing therapy; Death Doula
- In person and telehealth

Anna Aretos, SWC, at Specialty Counseling: 970-744-6342, <https://www.specialtycounseling.com/anna-areto/>

- **Accepting new clients (as of Oct 2024)**
- Located in Loveland
- Works with adolescents, adults, and groups
- Accepts most major insurance, including Medicaid
- In person and telehealth

Drew Feldbaum, LCSW: <https://www.bravehopecounselingco.com/>

- Located in Longmont
- Accepts medicaid
- Works with adults
- EMDR, parts work
- In person and virtual

Jennifer Kniffin-Turner, LPC: <https://ifs-institute.com/practitioners/all/70324>

- Located in Littleton
- Accepts some regions of Medicaid, Kaiser
- Works with children, teens, and adults
- IFS, EMDR, Infant Mental Health (IMH-EIII)
- In person and virtual

Gena McLaughlin, LPCC, at Mindful Therapy Group: <https://www.therapyden.com/therapist/gena-mclaughlin-lakewood-co>

- Located in Denver
- Accepts Aetna, Anthem BCBS, Cigna, Medicaid (CCHA and Colorado Access), and United
- Works with children, teens, and adults
- In person and virtual

Sonya Bao Tran Nguyen, LPCC: <https://www.psychologytoday.com/us/therapists/sonya-bao-tran-nguyen-denver-co/1384423>

- Located in Denver
- Works with adults and couples
- Somatic therapy, pilates, and yoga
- Does not accept insurance; \$190/individual session or \$250/couples session; offers sliding scale
- In person and telehealth
- Speaks French and Vietnamese

Parker Schneider, LPC (Softening Stone Psychotherapy): (720) 378-4662, <https://www.softeningstonepsychotherapy.com/>

- Works with adults
- EMDR, somatic therapy, wilderness therapy
- Does not accept insurance; \$150/individual session; \$100 sliding scale rate available (*reduced rate slots currently full as of 12/13/2024*)
- Telehealth and outdoor sessions (Colorado)

James Waite, MA, LPC: (970) 829-8874 <https://lifestance.com/provider/therapist/co/loveland/jasper-waite/>

- Located in Loveland with LifeStance Health
- Works with LGBTQIA+ adult populations
- Specializes in EMDR, CBT, Gender-Affirmative Medical Readiness Evaluations
- Accepts most Insurances
- Works with ADHD, Anxiety, Depression, Gender Identity, Men's Issues, Midlife Transitions, PTSD/Trauma, Women's Issues

- **Jael Esquibel, LPC:** (970) 616-4425, <https://www.peaceofmindcolorado.com/>
 - Located in Greeley
 - Works with teens, adults, and older adults
 - Does not accept insurance
- **Kelley Quirk, PhD:** (269) 967-3722, <https://www.psychologytoday.com/us/therapists/kelley-quirk-fort-collins-co/307223>
 - Located in Fort Collins
 - Offers individual adult and couples therapy
 - Does not accept insurance; rates from \$120-\$150/session
- **Rebecca Klinger, PhD:** (970) 342-5663, <https://www.rebeccaklingerphd.com/>
 - Located in Fort Collins
 - Works with adults (18+)
 - Uses EMDR
 - Accepts Anthem BC/BS and Optum/United insurance; offers sliding scale