## Sentence Fixes

#1

When I had to quit the cross country team because of a car accident that messed up my back it hurt all the more because I never took days off at practice I gave my best effort on every single day, I prepared myself to run throughout the day, I lived a runner's lifestyle. (From I am a... essay)

Fix: My Junior year I was forced to retire from cross country due to injury. I miss it excruciatingly because of the effort I put into it. If I had not committed myself the way I did, I would not be so broken up about having to stop running. Every day was centered around running. From preparation before running, to focus while running, to recovery after running, I lived a runner's lifestyle in every moment of every day.

#2

In cross country you run one race with all of your peers, in track you run multiple events and your peers are spread throughout all the events.

(comparison contrast)

Fix: In cross country the entire team runs one race; in track everyone runs at different times.

#3

The rest of the time she just turned us loose offered guiding tips occasionally as well as little humorous jabs.

(process analysis)

Fix: For the remainder of class we were turned loose, with the exception of a hilarious interjection here or an interestingly worded piece of advice there.

#4

The parallel structure breaks up his points to make them easier to remember. (Banneker)

Fix: The classic familiar parallel structure allows Banneker's points to resonate with the reader.

#5

Then on the Fourth Lap I opened up my stride and was determined to build a large enough lead

so going into the sprint I wouldn't lose (description)

Fix: Then on the fourth lap I opened up my stride to put as much distance between me and my nemesis as possible; I knew I was running out of energy and I wanted to decide the race before the sprint.