

MEDICAL SERVICES

Alcohol And Drug Abuse Medical Services Protocol

The Salvation Army Harbor Light Centers specialize in the treatment of alcohol and other drug addictions, including such drugs but not limited to heroin, other opiates, barbiturates amphetamine cocaine, and hallucinogens, Detoxification, residential, and outpatient programs are available.

Medical History, Assessment and Physical Examination

A medical history is taken and a medical assessment is made by a Harbor Light staff member at the time of a client's intake. If necessary, a Harbor Light physician is contacted at that time for other than routine medical problems.

The medical staff can consist of a Registered Nurse, Licensed Practical Nurses, and and/or Physician's Assistants. A member of the medical staff is on duty twenty-four (24) hours a day, seven (7) days a week in each treatment facility of The Salvation Army Harbor Light.

Detoxification Program clients undergo a complete physical examination by a Harbor Light Physician or Physician's Assistant within twenty-four (24) hours after entering the program. Residential Program clients undergo a complete medical examination within seventy-two (72) hours after entering the program. The medical problems of each individual client are determined and specific plan of indicated medical treatment is formulated.

Integrated Care

Harbor Light offers integrated care at each location. Judson Center provides health and psychiatric services in the Macomb facility. Central City CMH provides health and psychiatric services at the Detroit location. Family Medical Center is the primary referral source for medical and psychiatric services at the Monroe location.

Medical referrals are made first to in-house resources, then to appropriate resources outside of the Harbor Light Center for clients found to have problems that require further diagnostic evaluation and/or treatment beyond the scope of the integrated care program. Examples of such medical service needs are surgery, a new medical condition requiring immediate, definitive care, an existing medical condition that is out of control, x-rays, IV therapy, feeding tube, and oxygen.

Except in the case of an emergency, all medical, dental and medically related referrals, both as part of integrated care and to outside resources, are to be first approved by a Harbor Light physician.

Medications

Medications are dispensed by designated staff under the supervision of a Harbor Light Physician.

- A.** The dispensing and administration of all medication are under the supervision of the Harbor Light Physician who is licensed in the State of Michigan.
- B.** All medication is to be kept in a locked area. Access to this area is by authorized personnel only.
- C.** An exception to the two previous procedures would be clients who take medication such as, but not limited to, nitroglycerin, unless specified otherwise, are permitted to keep the medication. Clients will be instructed to inform the Medical Staff when the medication is taken.

Personal Medications

- A.** Medications brought from home are to be turned into the medical staff upon admission. These medications are to either be approved for use by the Harbor Light Physician or stored until the client is discharged.
- B.** All medications brought from home must be in the original prescription bottles.
- C.** All medication is to be dispensed and administered as prescribed by the PCP and approved by the Harbor Light Physician or Physician Assistant (PA).

Clients Who Miss Taking Medications

- A.** Medications prescribed for long-term, chronic disorders (asthma, seizures, diabetes) must be taken as prescribed. If a client misses one day the medication, the medical staff is to
 - a.** Record the noncompliance in the appropriate space on the Medication Flow Sheet by designation "DNS" (did not show).
 - b.** Clients will be engaged by both medical and clinical staff with medication education
 - c.** Failure on the part of the client to take any long-term medication may result in the client being medically discharged from the program if engagement has not been successful
- B.** Medications ordered for an acute disorder (cold, pain, infection) are to be taken as ordered.
 - a.** Missed medication for seventy-two (72) hours (three days), will result in the medication being discontinued.

- b. The client must be seen by a Harbor Light physician and the medication order rewritten before the medication is resumed.
- C. Standing orders for medications such as Tylenol, Maalox, Imodium, and Kaopectate may be administered as requested by the client up to three (3) to seven (7) days without the client being evaluated by a physician