

South Bay Union School District
Menu
Breakfast
09/19-09/30/2022

9/19 Pancakes Cereal Yogurt Fruit Milk	9/20 Muffin Cereal Cheese Stick Fruit Milk	9/21 Bagel/Cream Cheese/ Peanut Butter Cereal Fruit Milk	9/22 Buttermilk Twin Yogurt Cereal Fruit Milk	9/23 Mini-Cini's Cereal Cheese Stick Fruit Milk
9/26 French Toast Sticks Cereal Yogurt Fruit Milk	9/27 Muffin Cereal Cheese Stick Fruit Milk	9/28 Bagel/Cream Cheese/ Peanut Butter Cereal Fruit Milk	9/29 Buttermilk Twin Yogurt Cereal Fruit Milk	9/30 Mini-Cini's Cereal Cheese Stick Fruit Milk

National School Breakfast Program- Food-Based Offer vs. Serve. Meal components include low-fat milk, fruit, whole grains, and protein. Students must take 3 components. MENU SUBJECT TO CHANGE.

Breakfast is free for ALL students.

This institution is an Equal Opportunity Employer and Provider.



South Bay Union School District Lunch Menu

09/19-09/30/2022

<p>9/19</p> <p>Taco Pocket Vegetable Fruit Milk</p>	<p>9/20</p> <p>Teriyaki Chicken Rice Bowl Vegetable Fruit Milk</p>	<p>9/21</p> <p>Biscuits & Gravy Vegetable Fruit Milk</p>	<p>9/22</p> <p>Sloppy Joes & Fries Vegetable Fruit Milk</p>	<p>9/23</p> <p>Chili & Fritos Vegetable Fruit Milk</p>
<p>9/26</p> <p>Corn Dog Vegetable Fruit Milk</p>	<p>9/27</p> <p>Cheeseburger & Tots Vegetable Fruit Milk</p>	<p>9/28</p> <p>Chicken Quesadilla Vegetable Fruit Milk</p>	<p>9/29</p> <p>Tony's Pizza Vegetable Fruit Milk</p>	<p>9/30</p> <p>Chicken Fajita & Rice Bowl Vegetable Fruit Milk</p>

National School Lunch Program- Food-Based Offer vs. Serve. Meal components include low-fat milk and low-fat chocolate milk, fruit, vegetable, whole grains, and protein. Students must take 3 components. MENU SUBJECT TO CHANGE.

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