

# ARAPAHOE DRUMBEAT

## Natalie Pramenko, Principal

Angela Boatright, Assistant Principal  
Brian Ceriani, Assistant Principal  
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## Arapahoe High School

2201 E. Dry Creek Rd., Centennial, CO 80122  
Main Office: 303-347-6000 | Fax: 303-347-6004  
Attendance Office: 303-347-6030  
Night Attendance Line: 303-734-6500  
<http://arapahoe.littletonpublicschools.net>

### Vision Statement

A leading school where excellence and tradition meet innovation

### Mission Statement

To provide: a community of collaborative learning, rich culture, and meaningful relationships that prepares each student for their future

### Arapahoe UIP Goal

100% of Arapahoe students will graduate prepared for meaningful post-secondary opportunities

## Core Values

- Embracing a growth mindset in which we learn from taking positive risks and failure and encourage perseverance
- Promoting cross-curricular learning
- Supporting the whole student: socially, emotionally, and intellectually
- Encouraging service to community
- Modeling Warriors always take care of one another
- Teaching rigorous curriculum that demands critical thinking and problem-solving
- Developing strong moral character
- Making decisions in the best interest of students
- Fostering lifelong learning
- Honoring and nurturing our relationship with the Arapaho Tribal Nation



Dear Arapahoe Parents,

November 2020

Especially in the challenging year that 2020 has turned out to be, the month of November always provides the perfect opportunity to reflect and give thanks. I would like to extend a special thank you to a few groups of parents: those who serve on our Arapahoe **PTO** and our **School Accountability Committee**, the many parents who serve in our **athletic and activity booster clubs**, and the hundreds of **parent volunteers** who provide many helping hands in a variety of ways. Even though this help and support has been mostly from afar this year, we feel the love and support of our community, we know we could not run Arapahoe without you, and we are truly grateful.

The first ever **2020 Arapahoe Fall Premiere Week** was a tremendous success! The week kicked off with “**A Night With the Stars**” virtual talent show and continued with dress up days, a reverse parade, and Royalty Oscars. The week culminated with “A Red Carpet Affair” night out with friends at the Streets of Southglenn. It was truly an amazing week! Thank you to the members of the Arapahoe Student Council for creating an opportunity to celebrate and show our Warrior spirit.

Thank you to all of you who attended our **Virtual Parent/Teacher Conferences**. This event provides a great opportunity for you to personally talk with our teachers regarding your student's academic progress. We hope you will continue communicating with us as the semester progresses. **Please email or call a teacher or staff member any time you have questions or concerns.**

While most students have found a rhythm with **hybrid learning**, we know some are still trying to **find the balance of in-person and remote learning**. To be a successful student, it is always important to build good academic habits and to remain organized, but in this particular model it is critical! Like everything related to COVID-19, **teaching and learning in a hybrid model is challenging and we are all learning as we go**. I am excited to share with you **two terrific resources that have been developed by our very own AHS Instructional Coaches, Lauren Lee and Anne Krause, and by Lisa Kornblith, from our AHS counseling department**. Please take some time to look at them. After doing so, please take a few minutes to **talk with your Warrior** about how they are managing hybrid learning. Each of these resources **gives you, as the parent/guardian, some valuable steps and talking points** to support your child in the hybrid - specifically at Arapahoe High School!

- [Navigating the Hybrid - How to Help Your Child be Successful](#)
  - Created by AHS Instructional Coaches, Anne Krause and Laruen Lee
- [Navigating Hybrid Learning - Strategies for Success](#)
  - Created by AHS Counselor, Lisa Kornblith

Typically, the month of October brings a chance for our students and staff to participate in the **Offline October** campaign. Given our current circumstances, that would have been a bit difficult this year. However, I do want to remind you all of the importance of **talking with your teenagers about appropriate and positive uses of the internet and social media**. Now more than ever, helping students understand the possible negative side effects of time with their screens is **critical in supporting strong mental health**. I continue to find [SmartSocial.com](#) a very helpful website as I navigate the research as both a principal and the parent of two teenagers. **Josh Ochs** presents a balanced approach between the **negative** effects and the **appropriate and positive uses of technology by our teenagers**. Finding a healthy balance is vital.

On **November 18, 2020**, we will honor our **2020 National Merit Scholars** including **three Semifinalists, six Commended Scholars, and one National Hispanic Scholar**. Even though it will be virtual, we are very proud to celebrate these outstanding scholars as they are recognized for their high achievement on the 2019 PSAT!

This year will be the fourth year for the **Sources of Strength** program at Arapahoe. We are excited to continue to spread Hope, Help, and Strength during this current pandemic. The focus of our November campaign will be **Trusted Adults**. Students will have the opportunity to identify their trusted adult and why this person has impacted their life. A **Trusted Adult Survey will be added to every student's ICAP class** in Google Classroom in early November. Sources of Strength encourages **every student to take a moment to write a positive note to their Trusted Adult** and share how they have made a positive influence on their life. We will focus on **Thankfulness** and **Generosity** for the month of December. During our annual **Deliberate Acts of Love and Kindness**, there will be multiple opportunities for students to engage in activities that promote kindness. On **December 10th and 11th**, Sources of Strength will be hosting a **blood drive** for students and staff. Did you know that when you donate 1 pint of blood, you can save up to three lives?! Watch the website for information regarding the blood drive and Deliberate Acts of Love and Kindness week.

Our Arapahoe High School Social Studies Department will be hosting our annual **Veteran's Week beginning November 9th**. Later in this edition of the Drumbeat, you can **read about all the activities to celebrate these brave members of our country and community**.

**On Tuesday, November 10, 2020 and Wednesday, November 11, 2020 we will be hosting two virtual live event [Freshman Showcases](#) to welcome the Class of 2025!** Our Tuesday showcase will center around academics, and our Wednesday showcase will focus on athletics and activities. Students and parents will have the opportunity to attend **LIVE** virtual visits to freshman classes, take tours of Arapahoe, and meet with coaches, sponsors, and many current Warriors throughout the two night events.

Arapahoe is proud to announce our **annual Toy Drive** campaign for **STRIVE Ruby Hill Elementary in Denver Public Schools and the Denver Indian Center**. Arapahoe will begin accepting toys on **Monday, November 9, 2020**. Toys will be delivered on the 15th of December! Please read on in this edition for more details about how to get involved with this special event and for further information on the specific activities related to this fundraiser.

At this special time of Thanksgiving, the entire Arapahoe faculty and staff are truly grateful to every single one of you for sending us your wonderful Warriors. For as long as it lasts, we love the chance to see them in person at least twice each week. They make Arapahoe a better place and they make a difference through their spirit, positive energy, and hard work each day.

Sincerely,



Natalie Pramenko  
Principal

## LPS OPEN ENROLLMENT - 2020-2021



Please check the [Arapahoe High School open enrollment page](#) for school specific application requirements.

### **The First Open Enrollment Application Window Opened October 1, 2020**

LPS offers many educational choices to resident and non-resident families and welcomes out-of-district students. Resident families may attend their attendance-area school or apply for open enrollment at another LPS school.

In an effort to better serve families, LPS now offers two open enrollment windows. All qualified students who apply within an open enrollment window will be part of a random drawing for acceptance, following district enrollment guidelines. This means families will have several weeks to turn in open enrollment applications for a random drawing of qualified students. Families will no longer feel pressured to line up on October 1st to turn in applications for open enrollment. Open enrollment applications must be turned in to each requested school. Families are encouraged to apply during window one.

### **Enrollment for the 2021–2022 school year is as follows:**

- Enrollment Window One begins October 1, 2020 and ends November 13, 2020. Students will be notified by the end of the first full week in December (December 11, 2020). Students who apply, and are not chosen in Open Enrollment Window One, will be placed on a waitlist. Should space become available, a random drawing, based on LPS Open Enrollment Guidelines will occur. Additionally, students who applied in Open Enrollment Window One, will be placed in the random drawing before students who applied during Open Enrollment Window Two.
- Enrollment Window Two begins November 16, 2020 and ends the first Friday following winter break (January 8, 2021). Students will be notified by the second Friday of the second semester (January 15, 2021).
- Because preschool and kindergarten registration does not take place until January, families will be notified of open enrollment acceptance by the end of January.

### **Open Enrollment Guidelines:**

- District residents have priority consideration over non-residents.
- There is space available at the student's grade level.

- There is a school program appropriate for the enrolling student.
- The student must be in good standing, grades, attendance and behavior, in his or her previous school.
- Good standing applies to resident and non-resident students seeking new and continuing open enrollment.
- Open enrolled students must re-apply at level changes, elementary to middle, and middle to high.
- Open enrolled students wanting to continue at the same school next year must complete an "Intent to Renew" form. This must be done each year by January 8.

As recommended by the Long Range Planning Committee, the following groups of students will be given preferential open enrollment when the new boundaries go into effect (for the fall of 2021):

- All high school students who no longer live in their current school's boundary zone;
- 4th graders going into 5th grade who no longer live in their current school's boundary zone; and
- 7th graders going into 8th grade who no longer live in their current school's boundary zone.

No transportation services will be provided in conjunction with these preferential open enrollment options.

For additional details and deadlines, see the [LPS Open Enrollment](#) page on the district website and the following Board of Education policies related to open enrollment:

[JFBA - Intradistrict Choice/Open Enrollment and Transfers](#)

[JFBA-R - Intradistrict Choice/Open Enrollment and Transfers Regulation](#)

[JFBB - Interdistrict Choice/Open Enrollment and Transfers](#)

[JFBB-R - Interdistrict Choice/Open Enrollment and Transfers Regulation](#)



## INTENT TO RENEW ENROLLMENT AT ARAPAHOE HIGH SCHOOL

Parents of students presently attending Arapahoe and living out of the AHS attendance area, or out of district, please be sure to fill out the ["Intent to Renew Enrollment"](#) Google form on the AHS website.

Please complete the Google form by January 8, 2021. If you have questions, please contact Mrs. Dunsmore, Administrative Assistant to the Principal, at 303-347-6023. Thank you.





# Arapahoe High School

## 2 Night Virtual Freshman Showcase Class of 2025



November 10, 2020—Academics  
November 11, 2020—Athletics/Activities

**6:00 P.M.— 8:00 P.M.**

See below to RSVP for our 2 day event!

- Welcome from Principal, Mrs. Natalie Pramenko
  - Hear about our excellent academics from our outstanding teachers
- Learn about exciting extracurriculars from our amazing coaches, sponsors and students

[RSVP HERE](#) for the Freshman Showcases



## 2021 SENIORS

### Arapahoe HS Seniors and Parents,

Graduation will be here before you know it! Now is your time to start preparing for the big day. If you have any questions, our contact information is at the bottom.

Please take a moment to fill out the [digital contact card](#) from Herff Jones. This will allow their team to keep you informed of important dates and deadlines. It will also help ensure they order the appropriate sizes of caps and gowns for graduation.

### ANNOUNCEMENTS, SENIOR APPAREL, CLASS RINGS, LETTER JACKETS:

We understand that not all students were able to see the Herff Jones representatives when they visited last month. If you are still interested in purchasing graduation items, you may order them online at [www.herffjones.com](http://www.herffjones.com) For your convenience, please use the following links for more information:

[Graduation Announcements](#)

[Class Ring Guide](#)

[Arapahoe Package Flyer](#)

Please note: letter jackets are not available online. If you would like to order a letter jacket, please send an email to [info@uniquerecognition.com](mailto:info@uniquerecognition.com) stating your interest and a rep will work with you to get your order placed.

### IMPORTANT DATES AND DEADLINES:

Group Order Deadline: **December 8th, 2020**

- All prices shown online and in graduation packets reflect the discounted pricing. Prices will increase on December 8th. **Please order before this deadline!**

Senior Order Deposit Program:

- If your order for senior items (excluding class rings and letter jackets) exceeds \$85 then you have the option to only put \$85 down on your order and pay off the remaining balance **by February 1st, 2021**. If your order for senior items is less than \$85 you will be asked to pay in full at the time of ordering.
  - You may also put deposits down on a class ring order. The deposit amount will vary depending on the metal quality of the ring you select. Putting down a deposit will get the ring entered into production, but delivery cannot be made until the ring is paid in full.
  - For letter jackets, 50% of the total cost of the jacket is due when ordering. Putting down the deposit will get the jacket entered into production, but delivery cannot be made until the jacket is paid in full.

### CONTACT INFORMATION FOR QUESTIONS:

Please don't hesitate to reach out to us with questions about senior apparel, announcements, or class rings at [highschoolcs@herffjones.com](mailto:highschoolcs@herffjones.com) or call (866) 238-5336. Or for inquiries or questions pertaining specifically to letter jackets, please contact [info@uniquerecognition.com](mailto:info@uniquerecognition.com) or call (970) 663-2668.

We look forward to working with you. Gavin & Alex - AHS Herff Jones Reps



## **News from the Attendance Office**

### Important Need to Know Attendance Reminders:

1. **NEW! Attendance forms are only required for absence due to illness or EXPOSURE to COVID-19.**
2. Students are responsible for recording their own attendance in Infinite Campus on every remote learning day.
3. If there is a mistake on an attendance record, parents or guardians may call the attendance line and leave a message.

The Student Portal attendance window for each day will be open from 8:00 am through 4:00 pm. Students must take their own attendance during that time or they will be marked Unexcused - Absent.

### **Recording Attendance on Remote/Virtual Days for Students:**

1. Student logs into the Infinite Campus Student Portal:  
<https://littletonco.infinitecampus.org/campus/portal/students/littleton.jsp>
2. The students' class schedule will be on the right hand side.
3. Click on each class individually.
4. Click on the blue **YES I'M HERE** button.
5. For more detailed explanations and screenshots, [click here](#).

### **As Winter Approaches**

As always, we want our Warriors to be present in school as often and consistently as possible. When winter weather moves in, at times, we know that getting to school can be delayed. This is a reminder that when road conditions are less than ideal, we first and foremost want students and parents to arrive safely. We understand that these conditions may mean students are late to school. In these times, we will excuse them for morning absences if they are late or delayed because of the weather. Please make sure that you still call the attendance line at 303-347-6030 to excuse his/her tardy or absence because of road conditions. The option to keep children home when weather conditions are extreme is always at the parents' discretion and the school understands and respects the decision. Thank you for helping us prioritize attendance at AHS while also encouraging safe driving behavior in inclement weather.



## **News from the Activities Office**

Freshmen Student Council hosts the 2020 Food Drive! The Food Drive will run from October 26-November 13. All students and families have the opportunity to donate. There are three different places to drop off your donations at Arapahoe. The bubble/main entrance in the front of the school, west athletic entrance, and the cafeteria. There will be a community drop day on Saturday, November 7th at Arapahoe High School from 10am-12pm in the Circle Drive on the South side of school. We are looking for canned foods, breakfast

items, peanut butter, jelly, and King Soopers Gift Cards for 15-20 dollars (we are using those for families and to buy fresh fruits and veggies). Please help support our community and donate!



# Food Drive

**October 26 - November 13**

- Canned Meats/Proteins (ie chicken, tuna, spam, etc)
- Canned Fruit
- Pasta (any type of noodles, mac and cheese)
- Pasta Sauce
- Dry or Canned Beans
- Rice
- Breakfast Items (Cereal, Oatmeal Packets, Granola Bars, etc)
- Canned Vegetables
- Peanut butter
- Jelly
- King sooper gift card 15-20 dollars ( we are using those for families and to buy fresh fruits and veggies)

## 19th Annual Arapahoe Toy Drive

Every year, the Arapahoe High School Community donates holiday gifts to a highly impacted school in the Denver metro area. This year, we have chosen to support a public school in DPS - **STRIVE Prep Ruby Hill Elementary!** Strive Prep-Ruby Hill Elementary is located in Denver. There are about 500 students who come from very loving families, but many of their parents struggle to provide the basic necessities. At this time, nearly 100% of Ruby Hill students qualify for free and reduced lunch. We will also be reaching out to Denver Indian Health and Family Services. **Our toy drive will run from November 9th - December 8th.** Students and Staff will be delivering these toys on December 15th. We will be accepting toys and monetary donations in the Activities/Attendance Office during this time. Toy donations are for girls and boys ages 5-12, ranging in price from \$10-20. Should you donate to this fantastic cause, please do not donate weapons or toys that require batteries. We hope you will consider giving to this wonderful cause. It is a powerful experience that both the students at Strive Prep-Ruby Hill Elementary and Arapahoe High School will remember for years to come. If you have any questions, please call the Activities/Attendance Office at [303-347-6095](tel:303-347-6095).

## Veteran's Day Activities

As we do each year, to honor Veterans in our community and families, we have several events lined up to commemorate these brave individuals. During the week of November 9th, the Arapahoe Activities office, in coordination with the Post Grad Center and the Activities Department, have asked staff members who are Veterans or children of Veterans to address students on our daily announcements and we will be providing an opportunity in the cafeteria for students to write down the name of a family member or friend on a red, white, and blue banner. We will also display pictures of veterans on a slideshow at lunch and display our large American flag in the cafeteria. Arapahoe supports our military alumni by displaying their pictures on our AHS Wall of Honor. If your family has an AHS Alumni who has served, we would like to display his/her picture here also. Please submit photos to [akuhlmann@lps.k12.co.us](mailto:akuhlmann@lps.k12.co.us) or bring in a hard copy to the AHS main office.



## News from Student Council

**CONGRATULATIONS TO OUR AHS FALL PREMIERE 2020 OSCAR AWARD WINNERS (voted by their peers as a person who truly exemplifies Warrior character and spirit which includes kindness, a drive for excellence, leading by example, and taking care of others).**

Class of 2021 - Abigail Holbrook  
Class of 2022 - Morgan Hampton  
Class of 2023 - Matthias Servas  
Class of 2024 - Anliese Crew

Thank you to all our AHS Clubs and Sports teams who participated in our first ever "Reverse Decorating Parade". We made the best of our restrictions and watched teams collaborate and construct some great decorations in our halls and outside. **Congratulations to the AHS Wrestling Team for being awarded the top Blockbuster Busting Decor.**



## News from the Counseling and Mental Health Department

### **Appointments with Counselors**

Students are encouraged to meet with their counselor during their off hours or online on their remote days. We discourage students from missing class for appointments unless it is urgent or requested by the counselor. To schedule appointments, visit the [Arapahoe Counseling website](#) for a link to the specific



counselor and available times, or follow the links below. Parents are encouraged to call or email with any questions or concerns. Due to COVID-19 restrictions, visitors are not allowed in the building.

Arapahoe Counselors:

A-CI:	<a href="#">Mr. Ron Lewis</a>	<a href="#">Book an appointment with Mr. Lewis</a>
Co-Go:	<a href="#">Mr. Alex Spare</a>	<a href="#">Book an appointment with Mr. Spare</a>
Gr-La:	<a href="#">Ms. Katie Zimmerman</a>	<a href="#">Book an appointment with Ms. Zimmerman</a>
Le-O:	<a href="#">Mr. Cody Baker</a>	<a href="#">Book an appointment with Mr. Baker</a>
P-So:	<a href="#">Ms. Lisa Kornblith</a>	<a href="#">Book an appointment with Ms. Kornblith</a>
Sp-Z:	<a href="#">Mr. Scott Wadsworth</a>	<a href="#">Book an appointment with Mr. Wadsworth</a>

### **Start the Conversation:**

Typically, we run an “Offline October” campaign. Under the current circumstances, it was more of a challenge than ever to stay away from electronics and social media in particular. If you have not heard or seen yet, there is a new, thought provoking film called “[The Social Dilemma](#)”. It is worth the watch, and might be a good topic of conversation for your family.

### **Talking to your teen about the election season:**

As elections approach, there may be a lot of feelings centered around current issues. Here are a couple of conversation starters as the elections approach. When reviewing any article about politics, make sure it is a trusted source and that you fact check to reduce deception.

- [Common Sense Media](#)
- [Political Divide and Teens](#)

### **Spring PSAT and SAT testing**

In April 2021, Arapahoe will administer the PSAT 9, PSAT 10 and the SAT. Students in grades 9, 10, and 11 will be registered automatically for their appropriate test. If students would like to take the SAT more than once, they need to visit the following registration sites and sign up on their own:

**ACT** - <http://www.act.org/>

**SAT** - <https://collegereadiness.collegeboard.org/sat>

### **ACT/SAT Preparation**

The following websites offer free preparation resources for the ACT and SAT:

<https://www.khanacademy.org/>

<https://www.mycoloradojourney.com/journey?>

<https://www.prepfactory.com/>

<https://www.kaptest.com/act/free/act-practice>

<https://www.number2.com/>

<http://www.mhpracticeplus.com/act.php>

<https://uniontestprep.com/sat-exam>

<https://www.onlinecollegeplan.com/free-tools-resources-sat-prep/>

### **Seniors**

Please visit the [Seniors AHS Post Grad site](#). This site has a plethora of resources that will help you as you transition for your life after graduation.

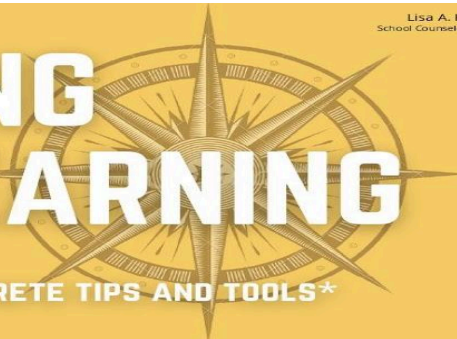
Students please remember your counselor is a perfect source for college information.

**The Post Grad site also has information for [Juniors](#), [Sophomores](#) and [Freshman](#).**

# NAVIGATING HYBRID LEARNING

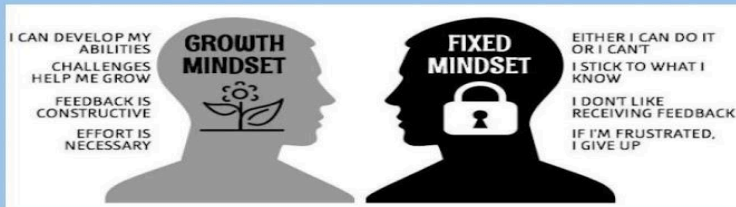
## STRATEGIES FOR SUCCESS

\*CLICK EACH LINK BELOW FOR CONCRETE TIPS AND TOOLS\*



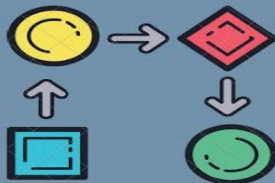
Hybrid Learning is a challenge for many students. Success starts with personal accountability, the willingness to adapt to change, and to persevere.

Learning and developing a [Growth Mindset](#) is key to success in hybrid learning.



## MINDSET

Even if it's a subject you aren't passionate about, **learning skills** to get through challenging moments and tasks is essential to success later in life. Focus on what you are gaining from the challenges, **don't fear setbacks**, and deliberately focus on **positive self talk**.



## ESTABLISH ROUTINE

What a [Good Routine](#) includes (based on research):

- [Never do your work in bed.](#)
- Have a go-to space away from distractions to complete work
- Create a [personal daily schedule](#) for the days you are home that can mirror the rhythm of your school day

## BALANCE

You are a human first, and you can't be a good student unless you are taking care of your human self:

- get [enough sleep](#)
- [learn to take breaks](#) and come back instead of quitting
- [eat healthy](#) foods
- drink plenty of water!
- connect with friends and family support



## GET ORGANIZED

### + USE YOUR RESOURCES

- Where to start?? Answer: Google Classroom (parents - you'll need your student to log in with you to view) Also/Or: Specific Teacher Websites (Infinite Campus displays info from these platforms, but can be lagging on to-the-minute updates)
- An organizational tool (e.g. planner, online tracker, google calendar, etc.)
- Use [google classroom tools](#) and tips to track assignments. e.g.: calendar view shows when all class assignments are due, or missing assignments list, etc.
- [Break assignments down](#) into more manageable pieces with your own deadlines to keep you on track without stress
- Use your **human** resources!
  - **Contact your teacher** if you need help or are confused on classes/content
    - virtual office hours, email, and class times - don't stay silent.
  - **Contact your counselor** if you need help connecting or need other resources.





# HOW TO HELP YOUR CHILD BE SUCCESSFUL

1



## THE PLANNER

As you examine your student's AHS or digital planner, consider...

- Are assignments written down with clear explanations?
- Are there due dates?
- How does what's written down align with Google Classroom or the class agenda?

2



## GOOGLE CLASSROOM

As you sit down with your student logged into their Google Classroom, consider...

- What do you see in each class's classwork tab for this week? Note assignments, due dates, and how your student will submit the assignment.
- Has your student completed previous weeks' assignments?
- Does the teacher have a weekly presentation or agenda that may help your student?

4

## INFINITE CAMPUS

As you check Infinite Campus, look for...

- Does your student have missing assignments?
- Did your student struggle on a prior assignment or assessment? What re-learning opportunities does that teacher offer?
- Are there upcoming assignments and when are they due?

3



## TEACHER WEBSITES

As you check teachers' websites, consider...

- What helpful resources exist for students and parents? Those resources might include...
  - Teacher contact information.
  - Agendas which communicate what's coming up and when work is due.
  - Intervention and extension resources.



# ADULTS PARTNERING WITH TEACHERS FOR STUDENTS' SUCCESS



1

## STUDENT COMMUNICATES WITH TEACHER

As your student reaches out to the teacher, he/ she/ they may consider...

- Beginning with a face-to-face interaction.
- Secondly, reaching out via email.
- If additional time is needed, requesting a Google Meet.

2

## ADULT COMMUNICATES WITH TEACHER

As you reach out to your student's teacher, you may consider...

- Reaching out over email/ phone.
- If additional time is necessary, request a Google Meet.

# TIPS TO MOVE FORWARD

## ACADEMICS

- Create a schedule on your remote days.
- Designate specific times to work.
- Designate a specific work area.
- Review Google classroom assignments, tasks, and classroom agendas on a consistent basis.
- Utilize scheduling apps that can help with study times.



## MENTAL HEALTH

- Encourage your child to take screen breaks.
- Create a plan to manage your student's unscheduled time.
- Eat healthily and drink plenty of water.
- Get outside.
- Contact teacher or counselor when student is struggling.
- Create a normal bedtime routine and a consistent sleep schedule for your student.

A leading school where excellence and tradition meet innovation



100% of our students will graduate prepared for meaningful post-secondary opportunities.







## News from the Post Grad Department

**Seniors!** Please read this important application related information:

### [College Application Tracking Form](#)

The form (one for each college) is due at least **10 school days** before the college application deadline. To see tracking form deadlines, click [here](#).

- The form is actually a **checklist of required items to complete in Naviance** so that supplemental materials (transcript, school report, recommendation) can be sent on your behalf. Merely submitting the form does not mean that items will be sent, if the items have not actually been completed in Naviance.
- **Check your email to see if your forms remain unprocessed!** Mrs. Arnold is emailing the student, a parent/guardian, and the student's counselor when a form is submitted, but Naviance tasks are incomplete.
- If you need assistance:
  - See the screencast tutorials in Google Classroom for step by step instructions.
  - Contact Mrs. Arnold with questions on a form that has already been submitted.

**The status of your teacher letter of recommendation** can be found on the Naviance letter of recommendation page. One of three options will appear:

1. **Requested** - the student has made an official request
2. **In-progress** - the teacher has uploaded the letter to Naviance, but it has not yet been sent to colleges. If the electronic College Application Tracking Form has been submitted, the recommendation is likely within the 10 day processing window. Alternatively, there may be an issue with the College Application Tracking Form, which is preventing the recommendation from being sent.
3. **Submitted** - the recommendation has been sent to colleges

**The status of your counselor letter of recommendation** can be determined by contacting your counselor directly.

**Applying to a University of California school?** Register for a [UC Application workshop](#), hosted by UCSB, to receive tips and recommendations on how to fill out the UC application, which will be helpful for students applying to any UC school. Workshops will be offered every Thursday at 5:00 pm until November 19th.

**Juniors and Seniors! Virtual college visits** take place each Wednesday until Thanksgiving Break. The full listing is available on the College Visit Calendar on the [Post Grad website](#). Students then log in to Naviance to sign up for the visit. (Colleges tab, colleges home, scroll down to the bottom of the page). The link to the virtual meeting will post in Naviance 15 minutes prior to the visit. High Performance Tutoring is offering **free ACT/SAT virtual tutoring sessions** each Thursday. These sessions are also found on the Post Grad Calendar on the [Post Grad website](#). Click on the event name for the meeting link.

**Sophomores!** All sophomores will be introduced to **Naviance** through a [screencast video](#) put together by the Counseling Department. After watching the screencast, go to the Sophomore ICAP Google Classroom to learn to **log in to Naviance** and to **complete the Career Cluster Finder**. After completing these two tasks, students are invited to click this [Sophomore Post Grad appointment link](#) to **sign up for an optional in-depth**

**one on one appointment with a parent volunteer** to learn more about Naviance. These appointments will be offered Monday, Tuesday, Thursday, and Friday on a first come, first served basis all month and into the beginning of December.



## **News from the Art Department**

Our Annual Fall Art Show will be happening virtually this year! This show will include work from last spring and this semester. A presentation will be linked on the Arapahoe Website, the Art Department page, and on each art teacher's website. We are incredibly proud of our artists and all of their accomplishments and we are excited for you to see their work so check it out all month!

The November "Artist of the Month" for this 2020-2021 school year is senior, Nic Highsmith. You can see their work on display outside of the main office on the Artist of the Month bulletin board and on the [Art Department Website](#). **Congratulations Nic!**



## **News from the Business Department**

### **Future Business Leaders of America**

Future Business Leaders of America (FBLA) would like to thank the local AHS community for participating in the annual FBLA Shred-A-Thon fundraiser this year. We partnered this year with Metrum Credit Union who provided our truck. This event was very successful in helping our community shred their personal documents while providing money to help support FBLA.

Competitions are just around the corner! Students can now sign up for their competitive event. The sign up is in Google Classroom. Students may participate in individual events, team events, or one of each! If you need help choosing your event please see Mr. Sawyer or Mrs. Swank.

### **FBLA DATES:**

\_\_\_\_\_ Competition Signup is now open until November 19th

- November 5-BBQ after school-Signup in Google Classroom, we have a limit of 50
- November 19-all club meeting choosing your competition help -you will have to reserve your time on the form that will be sent from Remind.com.
- December 3-Gingerbread house competition
- December 10-Toys for tots
- January 13- 19-Submit projects and presentations
- January 23-25-District Conference Testing

If you would like to mentor and/or judge students in a variety of business events we would like to hear from you. Please contact: Caroline Swank(Advisor) [cswank@lps.k12.co.us](mailto:cswank@lps.k12.co.us) or Chad Sawyer(Advisor) [csawyer@lps.k12.co.us](mailto:csawyer@lps.k12.co.us)





## News from the Performing Arts



Please join our Thespians for **A Midsummer Night's Dream** - Streaming November 6th and 7th at 7:00pm.  
Ticket information can be found at the Thespian website - [bit.ly/ahstheatre](https://bit.ly/ahstheatre)



## Swim Waiver Information for Current AHS Students

The swim waiver test is for **current** Arapahoe High School students only who wish to test out of the swim class requirement. The date for this test is Wednesday, November 18th. Two sessions will be offered with a limit of 12 students per session. The registration link will be open from November 1st to November 15th or until all slots are filled. [Sign up using this link](#). **Please arrive at the AHS Pool Entrance at your designated time for check-in & instructions.** Wear your swimsuit and bring a towel and goggles. Masks must be worn at all times when on deck and temperatures and health assessments will be done at the door. If you are unable to attend this swim waiver, or all slots are taken, we plan to offer another swim waiver opportunity in the spring of 2021. Email Mrs. Abner at [kabner@lps.k12.co.us](mailto:kabner@lps.k12.co.us) with any questions.



CALLING ALL  
11-15  
YEAR OLDS:  
**Red Cross  
Babysitter's  
Training  
Course**



"The American Red Cross is the nations' leader in babysitting classes and childcare training- and will prepare you to become one of the most capable, trusted and in-demand sitters in your neighborhood."

**What/Why?** Earning your Babysitter's Training Certification puts you on the path to establish your babysitting business.

**How?** Attend a Red Cross Babysitting Course to earn your Babysitter's Certification; learn leadership skills, Child First Aid and CPR, planning, and Child Safety.

**Where?** Rocky Mountain CPR and First Aid  
7000 S. Yosemite St. STE 250  
Centennial, CO 80112

**When?** To Register for a class, go to the "Register Tab" found on the main page of the website at:  
[www.RockyMountainCPR.com](http://www.RockyMountainCPR.com)

**Instructors?** All classes are taught by certified Red Cross babysitting instructors.

### Reviews:

"Easy to register online, great location. Instructor was professional, kind, and thorough. Great Price and great class... highly recommend!!  
- Colleen Goodman

"The material we reviewed and hands on practice were truly the highest quality review I've had in years. Dan was so easy to work with and has a sincere passion for helping the community."  
- Cara Carmine

Contact Us at: 303-768-8088

[www.RockyMountainCPR.com](http://www.RockyMountainCPR.com)





## News from the AHS Library

**Did you know**, the AHS Library has [29 different online database subscriptions](#) this school year.

**Did you know**, AHS has a remote online subscription to the [Wall Street Journal](#)?

*Due to COVID-19, hard copy magazines and newspapers are not available in the AHS Library this school year.*

A large graphic with a white brick background. The text 'AHS Database Subscriptions' is written in large, bold, brown letters. To the left and right are columns of small database icons. At the bottom are logos for DRAMA ONLINE, GALE CENGAGE Learning, OXFORD UNIVERSITY PRESS, Teen Health & Wellness, and THE WALL STREET JOURNAL. Below these are smaller icons for Oxford Art Online, Benedit, American National Biography Online, Oxford Language Dictionaries Online, Oxford Music Online, Oxford Reference, and EBSCO eBooks Subcollections.

A screenshot of a website titled 'Homework Help'. It says 'Find library resources to help with your homework.' There is a red navigation menu on the left with options: Home, General Help, Elementary School, Middle School, High School, Test Prep, and Career Online High School. On the right, under 'Library Databases', it lists: Academic Search Premier (Full-text journals, newspapers), Biography in Context (Provides biographies on the nationality, ethnicity, birth/death), and America's News (Find information covering Co...).

**Did you know**, you can access local, national, and international [magazines](#) and [newspapers](#) through the [Bemis Public Library website](#)? And [Homework Help](#) which includes databases to help with projects and papers, books that can help with SAT or ACT test prep, and tips on evaluating websites.

**Did you know**, LPS has partnered with Bemis Public Library for the use of [EBSCO digital online databases](#), ebooks, audiobooks, and magazines?

**Now you know!** Please enjoy the use of these wonderful resources.

A screenshot of the Bemis Public Library website. The header says 'BEMIS Public Library' and 'Newspapers & Magazines'. Below that, it says '(CLICK ON A TAB TO THE LEFT)'. There are three tabs: 'Littleton Independent', 'LittletonReport', and 'COLUMBINE COURIER'. Below the tabs is a box for 'THE DENVER POST Daily News' with the instruction '(log in with your name and library card #)'. The background is dark grey.



## AHS PTO NEWS

### **Thank You AHS Parents!**

We would like to thank everyone who signed up and supported our faculty and staff with Pumpkin bread for our October appreciation! Your efforts were certainly appreciated! A special thank you to **Hilary Price** and **Cyndy Holmes** for taking the lead on this event.



### **Classified Staff Appreciation:**

Our classified staff were showered with appreciation with a cute floral arrangement and a treat in October. We are so grateful for the amazing work they do at Arapahoe to keep us up and running day to day. A special thank you to **Michelle Redfearn** for her countless hours on the project.



### **Coming in November:**

We will be hosting our **third annual Turkey Bingo** for the faculty/staff and their families. This fun evening will look a little bit different this year due to our current gathering restrictions, but we are committed to keeping the tradition alive. The PTO will be accepting donations toward building "turkey dinner kits" for the lucky



BINGO winners. If you would like to donate, please [sign up HERE](#). If you would like to send in a cash donation, checks can be sent into the office, please make checks out to Arapahoe PTO and put "Turkey Bingo" in the comment section, or you can make a donation on the [Arapahoe PTO Website](#). You may also make donations for Staff Turkey Bingo using VENMO! Send donations to @lefeves7 and make sure to put Turkey Bingo in the comment section. Thank you for helping us make events like this possible for our faculty and staff!!

### **Class of 2021 Adopt-A-Senior:**

We are still happily accepting 2021 Seniors for our Adopt-A-Senior program. We are currently accepting all seniors that are from Arapahoe, Options, TOPS or Voyager. We will be matching up seniors to shower extra love and support from our Arapahoe Tribe and our amazing Arapahoe Community.

If you have a senior, please fill out the [Senior Adoption Form](#).

We do still need more adopters as well! Please let your friends, family members and communities know to come sign up - **WE CANNOT DO THIS WITHOUT YOU!** Adopters can sign up using the [Adopter Info Form](#). (Parents of Seniors - you do not have to adopt a senior for your senior to be adopted). If you have any questions, please contact Crysti at [AHSAdoptASenior@gmail.com](mailto:AHSAdoptASenior@gmail.com)

### **Next PTO Meeting:**

*All parents are invited to join us for our monthly PTO meetings. These are being done through Zoom. Our next meeting will be November 2nd at 8:40am. Please email Marina at [arapahoeseclps@gmail.com](mailto:arapahoeseclps@gmail.com) for the code to attend our virtual meeting.*



## **AHS INFORMATION**

Would you like to stay current on what is happening at Arapahoe High School? Here are some helpful resources for you:

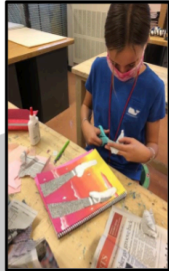
- [AHS website](#)
- [AHS Daily Announcements](#) are available on the AHS website announcements blog. If you want to subscribe to receive the daily announcements in your email click the "subscribe via email" option on the right side of the blog.
- **AHS Drumbeat** is a monthly publication with news, department updates, calendars and other important information. Click [here](#) for the latest and archived issues of the Drumbeat.
- [AHS Athletics](#)
- [AHS Activities](#)
- [AHS Post Grad](#) (for all students - not just seniors):
- [AHS Counseling](#)
- **Infinite Campus:** Please keep your email and phone information current for parents/guardians and students on your Infinite Campus account. AHS uses the Infinite Campus messenger system to send important emails and text messages.





# Littleton Public Schools

Virtual Visual Arts Show 2020-2021



The 2020 - 2021 school year has brought many challenges to the way that we educate and learn. As a community, we recognize the importance of the arts in maintaining healthy mental health and academic balance. The LPS art teachers are committed to tackling the challenges of this school year. Our students are continuing to create and express through the visual arts, both in and out of the classroom. To showcase the incredible talent and artistic skills of our students, the LPS Visual Arts Teachers have put together a virtual art exhibit.

We would like to invite you all to enjoy the show, where you will have an opportunity to leave comments to encourage our young artists to continue this important work! These comments will be posted on the slideshow as they're received.

Thank you for your continued support of the visual arts in our district! [LPS Virtual Visual Arts Show 2020-2021](#)

Sincerely, Littleton Public Schools Visual Arts Teachers



Littleton Public Schools  
Foundation

**THANK YOU!**

**The STRIDE**

Littleton Public Schools Foundation

**LITTLETON PUBLIC SCHOOLS**

HEALTH PARTNER  
Littleton Adventist Hospital  
Centura Health.

**You Invest. We Connect. Students Thrive.**



LPS NUTRITION  
SERVICES

## THANKSGIVING BREAK

# ***FREE MEALS***

**WHAT:** FREE meals for children ages 1-18 when we are not in session over the Thanksgiving break.

**WHEN:** Meals will be available for pickup on Saturday, November 21st from 10am - noon

**WHERE:** Littleton High School (south side of building off of Littleton Blvd in the bus loop).

**ADDITIONAL DETAILS:** Meal bags will include 7 days worth of breakfasts and lunches plus a few recipes for a tasty pumpkin dessert (pumpkin puree included). Make sure to sign up by November 14th so we can plan for your pick-up.

**Visit [lpsnutrition.com](https://lpsnutrition.com) to sign up today!**





LPS NUTRITION  
SERVICES

VACACIONES DEL DIA DE ACCION DE GRACIA

# *Comida Gratis*

## QUÉ:

Comidas GRATIS para niños de 1 a 18 años cuando no estamos en sesión durante las vacaciones de Acción de Gracias.

## CUANDO:

Las comidas estarán disponibles para recoger el sábado 21 de noviembre de 10 a.m. a 12:00.

## DÓNDE:

Escuela Preparatoria Littleton (lado sur del edificio a la salida de Littleton Blvd en el circuito de autobuses).

## INFORMACIÓN ADICIONAL:

Las bolsas de comida incluirán desayunos y almuerzos para 7 días, además de unas recetas para un delicioso postre de calabaza (puré de calabaza incluido). Asegúrese de registrarse antes del 14 de noviembre para que podamos planificar las cantidades que serán recogidas.

**¡Visite [www.lpsnutrition.com](http://www.lpsnutrition.com) para registrarse!**

# 2020-2021 Dates to Remember:

(Please note: All dates and events are tentative and will proceed as possible based on health and safety restrictions in place at the time.)

Friday, November 6, 2020	- End of Twelve Weeks
Monday, November 9, 2020	Virtual Academic Letter Celebration
Tuesday, November 10, 2020	- Virtual Academic Freshman Showcase Class of 2025 - Live Event 6:00p.m.
Wednesday November 11, 2020	Virtual Athletic & Activity Freshman Showcase Class of 2025 - Live Event 6:00 p.m.
Wednesday, November 18, 2020	National Merit Scholars Honored
Monday, November 23 - Friday, November 27, 2020	- Thanksgiving Break - <b>NO SCHOOL</b>
Tuesday, December 15 - Friday, December 18, 2020	- Final Examinations
Friday, December 18, 2020	- Semester Ends/Last Day for Students
Monday, December 21, 2020 - Friday, January 1, 2021	- Winter Break
Monday, January 4, 2021	- In-Service - <b>NO STUDENTS</b>
<b>Tuesday, January 5, 2021</b>	- <b>First Day Second Semester</b>
<b>Monday, January 18, 2021</b>	- <b>Martin L. King Day - NO SCHOOL</b>
Friday, February 12, 2021	- End of Six Weeks
<b>Monday, February 15, 2021</b>	- <b>Presidents' Day Holiday - NO SCHOOL</b>
<b>Thursday, March 4, 2021</b>	- <b>Parent/Teacher Conferences</b>
<b>Friday, March 5, 2021</b>	- <b>NO SCHOOL, End of Nine Weeks</b>
Monday, March 22 - Friday, March 26, 2021	- Spring Break
Monday, April 5 - Friday, April 9, 2021	- Warrior Week
Monday, April 19, 2021	- Freshman (Class of 2025) Registration
Saturday, May 8, 2021	- Prom/After Prom
Friday, May 14, 2021	- Last Day for Seniors
Monday, May 17, 2021	- Final Examinations/Senior Awards Convocation
Tuesday, May 18 -Thursday, May 21, 2021	- Final Examinations/Last Day of School
<b>Friday, May 21, 2021</b>	- <b>NO SCHOOL</b>
<b>Saturday, May 22, 2021</b>	- <b>GRADUATION for the Class of 2021 at the University of Denver Ritchie Center</b>



Littleton Public Schools does not discriminate on the basis of race, color, sex (which includes marital status), sexual orientation, religion, national origin, ancestry, creed, age, disability, or need for special education services. The following individuals have been designated to handle inquiries regarding the non-discrimination policies: Michael Jones, Assistant Superintendent of Human Resources or Melissa Cooper, Director of Special Education and Student Support Services; Littleton Public Schools; 5776 S. Crocker; Littleton, CO 80120; 303-347-3330