

How To “Break Through” “Personal B.S.” To Achieve Less Stress & Greater Life Fulfillment (*Like Bart Does* → *B.S. Free!!!*)

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INSTRUCTIONS

Print this handout so you can write down the answers in the blanks as well as other notes in the margin, on the back, etc. You can also download this Google document as a Word doc by clicking *File* → *Download* → *Microsoft Word .docx* in the header above.

FILL-IN-THE-BLANK NOTES



COMING SOON

REFERENCE SECTION

Check out all seven (7) of Bart's books on relationships, dating and sex at his website. Just go to → BartSmith.com/books

You can listen to the audiobook versions of his relationship books on his website. Just go to → BartSmith.com/audiobooks