






SOCIAL EMOTIONAL LEARNING

CHAMPION SERIES | 2021 - 2022

Children matter.
You matter.
Learn SEL! 

Session 5: Creating Your Own SEL Roadmap		May 3, 2022
Welcoming Routine	Mindfulness Activity : Mind full vs Mindful	
Engagement Strategies	Independent Work Time followed by Partner discussion Large Group Debrief	
Optimistic Closure	Who are my partners in integrating SEL? What additional supports could I use as I move forward with this work?	
Action Items:		
Create your own SEL Roadmap Share with a friend Post somewhere where you can see it and revisit it.		
Resources		
<ul style="list-style-type: none"> Preparing for SEL: Creating Your Roadmap		

Session 4: Interactive Approaches & Engagement Strategies		April 12, 2022
Welcoming Routine	Mindfulness Activity : Setting Intentions for the day	
Engagement Strategies	Video & Tools with Individual Reflection Group Discussions	
Optimistic Closure	What is one engagement strategy that I will work to use with staff or students?	
Action Items:		
1. Choose one or more of the following tools to share with staff: a. Share  SEL Integration Planning Tool.docx along with SEL Engagement Strategies resources : CASEL Signature Practices , or Slideshow		

If interested, plug into other [SEL Support Opportunities](#).

Resources

- 📁 Interactive Approaches & Engagement Strategies

Session 4: Aligning Academics & SEL

March 1, 2022

Welcoming Routine

Mindfulness Activity : Body Scan

Engagement Strategies

Video & Tools with Individual Reflection
Group Discussions

Optimistic Closure

What is one way I can integrate SEL into the work I already do?

Action Items:

2. Choose one or more of the following tools to share with staff:

- [Body Scan](#)
- [SEL in the Classroom Self Assessment](#)
- [Integrating SEL Through Academic Content](#)
- 📁 SEL~ Literacy Crosswalk || Elementary
- 📁 Math/SEL Crosswalk Extension○○○Math

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If interested, plug into other [SEL Support Opportunities](#).

Resources

- 📁 Preparing for SEL: Aligning SEL & Academic Objectives

Session 3: Community Building

January 4, 2022

Welcoming Routine

Mindfulness Activity

Engagement Strategies

Article Review
Group Discussions


Optimistic Closure

What is one thing I will do as a result of this meeting?


Action Items:

3. Choose one Community Building Strategy to try with staff or students.

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<p>4. Share the article with staff & facilitate a discussion around community building.</p> <ul style="list-style-type: none">a. How does community building support our teachers?b. How does community building support our students?c. What are some ways you feel connected at school? <p>If interested, plug into other SEL Support Opportunities.</p>	<div><input type="checkbox"/></div> <div><input type="checkbox"/></div>
<h2>Resources</h2>	
<ul style="list-style-type: none">•  Preparing for SEL: Community Building	

Session 2: Safe Connections & Routines		November 2, 2021
Welcoming Routine	Mindfulness Activity	
Engagement Strategies	Routines & Rituals Trails Log-In Practice Trails Lesson Review	
Optimistic Closure	What is one thing I will do as a result of this meeting?	
Action Items:		
5. Show video at staff meeting: How to Create Rituals in the Classroom 6. Post a routines & rituals resource in high teacher traffic areas: a. Routines & Rituals for Self-Regulation b. Virtual Routines and Rituals c. Top Ten Suggested Rituals 7. If interested, plug into other SEL Support Opportunities .		<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Resources		
<ul style="list-style-type: none"> Preparing for SEL: Safe Routines & Connections Slides TRAILS Preparation Guide 		

Session 1: Why Social Emotional Learning and Why Now?		October 5, 2021
Welcoming Routine	Trails Check-In	
Engagement Strategies	Why SEL? Why Now? The 5 CASEL Competencies [CASEL + Trails]	
Optimistic Closure	Something I learned today that I can share with someone else...	
Action Items:		
1. Show video at staff meeting a. What is Social Emotional Learning?		

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| <ul style="list-style-type: none">b. The Impact of Social Emotional Learningc. SEL 101: What Are the Core Competencies and Settings? <ol style="list-style-type: none">2. Post infographic in public locations3. Share something you learned with another adult4. If desired, check in with your building administrator about the MTSS Leadership Series | <div><div></div><div></div><div></div></div> |
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Resources

- [Why Social Emotional Learning and Why Now? Slides](#)
- Recording of Presentation: [Video 1](#) and [Video 2](#)
- [MDE Training](#)
- <https://casel.org/>
 - [What is SEL \(Casel Framework\)](#)
 - [3 Signature SEL Practices](#)
- [PBS Social-Emotional Learning](#)