Privacy Policy

This Privacy Policy describes how we handle your personal information when you use our application ("the App"). Our primary goal is to provide a helpful tool for managing tension and relieving anxiety while completely respecting your privacy.

1. Zero Data Collection

We do not collect, store, transmit, or share any personal data.

All of your data, including activity logs, tool usage, settings, and records, is stored strictly locally on your own device. We do not have any servers to receive your data, and we do not have any access to your personal information.

2. Third-Party Services and Analytics

Because your privacy is our priority, we do not integrate any third-party tracking tools, analytics SDKs, or advertising networks that collect your personal information. No data leaves your device to be processed by us or any third-party service.

3. Children's Privacy

Our App is designed to be safe for users of all ages. Because we do not collect any personal data from anyone, we inherently do not knowingly collect personal information from children under 13 (or the applicable age in your jurisdiction).

4. iCloud Sync (If applicable)

If you have enabled iCloud on your device, your App data may be synced across your devices via your personal Apple ID. This sync process is handled entirely by Apple's iCloud service and is protected by Apple's security protocols. We do not have access to your iCloud data. (Note: You can remove this section if iCloud is not used).

5. Changes to This Privacy Policy

We may update our Privacy Policy from time to time. If any material changes are made, we will update the "Last Updated" date at the top of this document. We encourage you to review this Privacy Policy periodically.

6. Contact Us

If you have any questions or concerns regarding this Privacy Policy, please contact us at:

Email: lsysun1@gmail.com