

UNDERWOOD'S FIRST IN FITNESS TEAM 2022

5TH GRADE	<i>Shuttle Run</i>	<i>Speed Rope</i>	<i>Pull Ups</i>	<i>Long Jump</i>	<i>Mile Run</i>	<i>100Yd Dash</i>	<i>Triathlon</i>
Boy	Andrew L	Braxton S	Arjun P	Will M	Jai G	Noah N	Andrew F
Girl	Hannah B	Joy Y	Emmy D	Madelyn D	Lucie R	Anna R	Lillyanne S
4TH GRADE	<i>Shuttle Run</i>	<i>Speed Rope</i>	<i>Pull Ups</i>	<i>Long Jump</i>	<i>Mile Run</i>	<i>100Yd Dash</i>	
Boy	Riley W	Sam A	Wood E	Dylan D	Cameron T	Evan B	
Girl	Kaylee C	Gwen Y	Stella M	Nora D	Janie B	Kendyl H	
3RD GRADE	<i>Shuttle Run</i>	<i>Speed Rope</i>	<i>Pull Ups</i>	<i>Long Jump</i>	<i>Mile Run</i>	<i>100Yd Dash</i>	
Boy	Brock F	Andrew T	Finnegan S	Daniel M	Jack E	Whitaker R	
Girl	Callie H	Olivia L	Brynn S	Saliha S	Ellie H	Clara M	
2ND GRADE	<i>Shuttle Run</i>	<i>Speed Rope</i>	<i>Pull Ups</i>	<i>Long Jump</i>	<i>Mile Run</i>	<i>100Yd Dash</i>	
Boy	Will G	Austin F	Hayes J	Andrew F	Erlin S-L	Ronald P	
Girl	Maddie B	Piper M	Leah N	Gabby C	Emily R	Julia M	

Coach: Ms.Robinson

[First in Fitness Team 2022](#)

[FIF Checklist & T-Shirt Size](#)

[Online Payment for FiF T-shirt](#)

[First in Fitness Information](#)

[Chaperone Volunteer Sign Up](#)

First in Fitness: Important Upcoming Dates

- Friday, Jan. 14th:** Team Meeting & Permission Slips/
Hard Copy Packets will Go Home. Meeting will take
place at 3pm in the gym. If you are absent then see Ms.
Robinson asap.
- Monday, Jan. 31st:** Permission Slips Returned to Ms.
Robinson & Online Payment for FIF Team T-Shirt Due
- Monday, Jan. 31st:** Team Practice will start in the gym

8:45 am-9:05 am. Students who need to get breakfast will leave at 9:00 am.

Chaperone Volunteer Sign Up

bjkCopy & Paste: <https://docs.google.com/document/d/1oSREEvi5mrK6K1GiZpB2isBCZA-gzf0gl1LrdLdw8GU/edit>

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