

# xello – Freshman Year

Union Grove High School  
Grade 9 Academic & Career Planning

DATES	Lessons	Students will...	Recommended Activities & Resources
September: -Computer Orientation  October: -Matchmaker & Profile Updates Due -Counselor Planning Conference  November: -Lesson #1 Due  January: -Lesson #2 Due  March: -Lesson #3 Due  April: -Lesson #4 Due	<b>1) Personality Styles</b> 30 to 40 mins <b>Know</b>  <b>2) Explore Career Factors</b> 30 to 40 mins <b>Explore</b>  <b>3) Getting Experience</b> 20 to 30 mins <b>Plan Go</b>  <b>4) Study Skills and Habits</b> 30 to 40 mins <b>Know Plan</b>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Meet with School Counselors for grade level conferences</li> <li><input type="checkbox"/> Request and enroll in appropriate classes that support their academic and career plan</li> <li><input type="checkbox"/> Investigate Personality Styles</li> <li><input type="checkbox"/> Explore how their own personality style can help them at home, school, work, and other areas of their life</li> <li><input type="checkbox"/> Further explore and investigate Important Factors: work/life balance, money, making a difference, education, interests, growth</li> <li><input type="checkbox"/> Assess which core factors are important to them when making a career decision, and why</li> <li><input type="checkbox"/> Prioritize the 6 core factors that influence their career decisions</li> <li><input type="checkbox"/> Explore different ways to get work experience now</li> <li><input type="checkbox"/> Identify several ways to get experience while still in school: community service/volunteerism, co-op programs, part-time job, internship, etc.</li> <li><input type="checkbox"/> Assess which type of experience is best suited for their career interests and goals</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Attend the College and Career Expo</li> <li><input type="checkbox"/> Attend the Financial Planning Workshop</li> <li><input type="checkbox"/> Meet with College Representatives when visiting UGHS</li> <li><input type="checkbox"/> Meet with Military recruiters when visiting UGHS</li> <li><input type="checkbox"/> Attend field trips, company tours, guest speakers, etc.</li> <li><input type="checkbox"/> Participate in CTSOs (Career &amp; Technical Student Organizations), and school clubs</li> <li><input type="checkbox"/> Volunteer</li> </ul>

