

Carleton Ravens Swim Team Responsibilities / Expectations

Overview

This document outlines the expectations of each swimmer on the Carleton Ravens Swim Team. In addition to the Carleton Code of Conduct, it is expected that the following team expectations will be followed. Failure to follow may result in dismissal from the team.

Expectations for Each Team Member

1. Attend an average of at least five workouts per week, unless there are extenuating circumstances (see #4). Being student athletes, it is understandable that being a student comes first. However, swimmers must be committed to training in order to create a competitive environment.
2. Pay the required fees on time.
3. Attend the major competitions (Divs, OUAs, and USport for qualifiers).
4. Maintain a positive attitude during practices and at competition.
5. Communicate promptly to coaches and/or leadership team regarding health, academics, family, etc.
6. Uplift fellow teammates throughout practice to promote improvement and cohesion. Be there for each other.
7. As outlined in the Code of Conduct, respect that all members of the team come from different backgrounds and may share different experiences in the world. This will allow us to learn within and from one other. Be respectful to all members of the team regardless of gender identity, sexual orientation, physical abilities, etc.
8. Create the team you want! A team to be proud of and a team that other groups can look up to. The team with the best GPA of all Varsity and Competitive Club teams.