



Rock Valley Conference Cross Country Meet

Thursday, October 12, 2023



Location

The course is located adjacent to the Kachel Fieldhouse where you will find the start/finish lines in the intramural fields.

[Campus map](#)

Parking

*Spectators are to park in Lot 11 (Williams Center) and Lot 24 (Stadium) ONLY. They cannot park in Lot 22 (Baseball) or in Lots 8 or 9 near the Tennis Courts as these are designated Campus parking areas for residence hall students or commuters and parking permits are required. Lots 11 & 24 will not be ticketed after 2:00 pm on Thursday, Oct. 13 due to teams/spectators arriving for this Conference Meet. [Campus map](#)

*Buses will need to park in the Perkins Stadium lot only (Lot 24).

Registration

Registration is already open and closes at 5 p.m. on Tuesday, October 11th. Teams will submit their entries through [MileSplit.com](#). The meet should already appear on your calendar, and [general entry instructions can be found here](#). If it isn't, do a search for "Rock Valley Conference Championships 2023".

If you are a first time user of MileSplit, please see these [additional instructions to claim your team](#) and note that this may take a day for MileSplit to verify your role as a coach.

Changes, corrections, or substitutions can be done at the finish line on race day. Please be prepared to provide the correct spelling of first and last name, gender, grade, and team. The subs will take the bib of the runner they replace.

Please contact Eddie Goodman of In Focus Timing with any questions about entries at eddie@infocustiming.com

Teams and Box Assignments:

BOX		BOX	
1	Big Foot	7	Brodhead/Juda
2	Jefferson	8	Whitewater
3	Clinton	9	Evansville
4	Delavan/Darien	10	Monroe
5	Turner	11	East Troy
6	Edgerton		

Middle Schools - Same as your HS program.

Race Schedule

3:00 p.m. Coaches meeting for HS coaches only

3:30 p.m. Middle School Girls 3K (grades 6-8 only)

3:32 p.m. Middle School Boys 3K (grades 6-8 only)

4:10 p.m. Varsity Boys 5K

4:50 p.m. Varsity Girls 5K

5:25 p.m. JV Girls and Boys 5K

6:15 p.m. Awards

Awards

High school awards - *Awards ceremony will take place outside on the hill behind the starting line.* Awards are given to the top 24 boys and the top 24 girls in the varsity races. Places 1-8 are First Team all-conference, 9-16 are Second Team all-conference and 17-24 are Honorable Mention all-conference. Overall team championship trophy to each winning team. There will not be any live results for this event to allow for a true championship feel as team scores will be announced at the awards ceremony.

****The individual winner's coach from the varsity races will hand out the medals in the ceremony.**

Course Information

[5K Course Video](#) [5K Map](#)

[3K Course Video](#) [3K Map](#)

Rock Valley Conference Meet and Overall Course Records

GIRLS: RVC Meet Record: Mariah Linse, Jefferson 19:24.5 – 2018

Overall: Paige Peschel, Westfield 19:19.4 – 2011

BOYS: RVC and Overall Record: Spencer Alf, McFarland 16:23.1 - 2022

Bathrooms

There will be a few portable bathrooms near the start line. Bathroom access is also available inside the DLK Fieldhouse on either the upper or lower levels. Coaches, you are responsible for your athletes.

Concessions and Apparel

Concessions will be available as well as various shirts from a vendor making them on-site.

Jury of Appeals

Meet Starter Jon Hegge

Curt Gratz (Brodhead/Juda)

Alle Knop (Edgerton)

If one of the selected coaches has an athlete involved, then Chad Carstens from Whitewater will sub.

Doug Anderson will be the Meet Referee

For questions please contact Whitewater Athletic Director Justin Crandall at jcrandall@wwusd.org or meet manager Coach Chad Carstens at ccarstens@wwusd.org