CONTINUING PROFESSIONAL COMPETENCY
ASSESSMENT FORM

Title of Activity/Program: General Session: MdQI Updates, AI Insights, and Closing Announcements

Date(s) Taken: February 5, 2026 PDH(s): 1.5

Category A X or Category B _____ (select one)

Provider: Maryland Quality Initiative (MdQI) Annual Conference

Location (City & State) Baltimore, Maryland

Presenter/Instructor(s) (if known) James Spellos

Format of Course (i.e. workshop, seminar, internet, etc.) Professional Workshop or Technical Presentation

Self Directed _____ Yes X No

Start Date: February 5, 2026 Completion Date: February 5, 2026

Start Time: 9:00 AM Completion Time: 10:30 AM

Provide a general synopsis of what the course/activity covered/contained.

This general session includes:

- 9:00 - 9:15 am: Welcome Remarks — MdQI Co-Chair
- 9:15 - 10:15 am: "Everything You Need to Know About Artificial Intelligence…But Didn't Know to Ask", James Spellos, CEO & Founder, Nowist, President, Meeting U.

Over the past 3 years, as Generative AI has ascended into our everyday lives, there is still an abundance of reticence and hesitation for many people and businesses to embrace these tools for work. While the reasons for that are multi-factorial, there is no doubt about the unique abilities of Generative AI to expedite and enhance work.

This keynote session is created as a foundational session for everyone to better understand the impact of using Generative AI in their workplace, as well as an up-to-date review of the most important tools available.

While the content of this session continually changes, the session has two core components:

- *Foundational Info – Providing a context as to how Generative AI works (prediction engines), as well as providing an overview of the best practices of prompting and prompt engineering*
- *Tools Overview – From research, review of established industry documentation, creation of presentations and spreadsheet manipulation, the session highlights 5-10 of the most useful tools and applications currently available*

Throughout the session, a third piece of the conversation is ensuring that all users understand the potential issues when using Generative AI (hallucinations) and how best practices in interacting with Large Language Models can enhance accuracy and minimize hallucinations.

- 10:15 - 10:30 am: Closing Remarks (Derby, Engineering Challenge and Vendor Exhibit Winners Announcement)

Attach any documentation of participation: i.e. Certificate of Attendance/Completion, transcripts, handouts, tests, programs, outline, reports and other demonstrative evidence of attendance.

Signature _____ License No.: _____ Date _____

Keep this form for your records.