



# Fall Sports Tryouts



**Full Athletic Clearance is Necessary**

<http://olh.sweetwaterschools.org/athletics/>

**Fall Clearance: Wed, July 23 – Fri, Aug 8 ☐ @ASB Clearance Windows**

**Nutrition Break – Lunch – Afterschool**

## Girls Field Hockey – Coach Bromley

[nbromley06@gmail.com](mailto:nbromley06@gmail.com)

**Mon, Aug 4 ☐ 4:00PM - 6:00PM**

**Tues, Aug 5 ☐ 4:00PM - 5:30PM**

Stadium Field

## Girls Volleyball – Coach Macias

[coachyvetteMV9@gmail.com](mailto:coachyvetteMV9@gmail.com)

**Thurs, July 31 ☐**

**9th & 10th - 4:30PM - 6:30PM**

**11th & 12th - 7:00PM - 9:00PM**

Gym

**Fri, Aug 1 ☐ 4:30PM - 6:30PM**

All Levels (Grass Fields)

## Girls Tennis – Coach Lainez

[daniel.lainezlaguia@sweetwaterschools.org](mailto:daniel.lainezlaguia@sweetwaterschools.org)

**Mon, Aug 4 ☐ Thur, Aug 7**

**4:00PM - 5:50PM**

Tennis Courts

## Boys Water Polo – Coach Dixon

[michaelcdixon@me.com](mailto:michaelcdixon@me.com)

**Thurs, July 31 ☐ 5:00PM - 7:00PM**

Loma Verde Pool

## Girls Golf – Coach Davis

[nathaniel.davis@sweetwaterschools.org](mailto:nathaniel.davis@sweetwaterschools.org)

**Thurs, July 31 ☐ 4:00PM**

**Fri, Aug 1 ☐ 4:00PM**

Room 804

**Sat, Aug 2 ☐ 5:00PM - 7:00PM**

Chula Vista Golf Course

## Cross Country – Coach Velasquez

[brandon.velasquez@sweetwaterschools.org](mailto:brandon.velasquez@sweetwaterschools.org)

**Thurs, July 31 ☐ 4:00PM**

**Fri, Aug 1 ☐ 4:00PM**

Stadium Track

## Girls' Flag Football – Coach Christensen

[michael.christensen@sweetwaterschools.org](mailto:michael.christensen@sweetwaterschools.org)

**Thurs, July 31 ☐ 4:00PM**

**Fri, Aug 1 ☐ 4:00PM**

Stadium

## Football - Coach Barnes

[coachlebarnes@gmail.com](mailto:coachlebarnes@gmail.com)

**Novice/JV: Thurs, July 31, ☐ 4:00PM**

Grass Field - South

**Varsity: Thurs, July 31, ☐ 5:30PM**

Stadium