STEAM Based Curriculum for Early Childhood Care and Development
For UKG Class (Age Group: 4 - 5 years)
Year 2025 - Month : January - Week : 3rd Week
Theme: Colours

Selected Activities for the week

Selected Activities for the week and objectives		
Activities in Sinhala	**Activities in English**	**Objectives according to National Standards**
Monday - Blue Color	Monday - Blue Colour	
	Discussion on places where water collects (Discussing locations like the sea, pond, lake, river, marsh, etc.)	Language comprehension
	Creating a blue-colored water pond	Construction and Craft
	Using blue paint to create a boat	Relationship with adults and Peers
	Filling bottles with water colored with blue-colored water lilies	Measurements
	Using various materials to create blue-colored fish and aquatic animals	Fine Motor Skills Development
	Singing and dancing to a colorful fish song	Music and Dancing
	Tuesday - Red Colour	

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	Preparing a Drink Using Hibiscus Flowers, and Beetroot" ● Beetroot drink preparation and consumption.	Healthy living Practices
	Who came? Let's identify the red color through the game.	Gross Motor Skills Development
	We will use a method to understand how red blood travels through the body, using a saline solution and a drink.	Logical Thinking & Pre mathematical Skills
	The story of the red riding hood shared.	Receptive language
	It will provide an opportunity to observe the red color and its relationship in the school environment.	Exploration of Natural Environment
	Create a picture using red flowers, beetroot, and coconuts.	Drawing, Painting and Molding (Visual Aids)
	Wednesday - Yellow Colour	
	Preparing and Tasting Fruits using Ripe Yellow Bananas and Other Fruits ● Peel and clean the fruits and prepare them for tasting.	Personal Safety & Protection

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	Among the leaves in the garden, remove the yellow leaves.	Inquiring Mind
	Plant yellow-flowered plant and banana plants.	Positive Self Concept
	Create a decorative arrangement using gourd leaves and coconut leaves.	Counting and Number Concepts
	Observe the interaction between the sun and the Sunflowers.	Expressive language Skills Development
	Roleplay and naming activities with yellow vegetables and fruits, including those with face-like features.	Drama and Role Play
	Thursday - Green Colour	
	Friendly Discussion with Children About the Variety of Leaf Colors in Trees	Language comprehension
	Taking children to the preschool's natural environment and giving them the opportunity to identify green-colored objects.	Exploration of Natural Environment
	Create a road safety sign and teach children to cross the street and stop vehicles	Personal Safety & Protection
	Use leaves from various green	Pre - writing Skills

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	plants to create butterflies and other creatures	
	Create a leaf crown from kos (jackfruit) leaves.	Construction and Craft
	Give children the opportunity to sing songs about tree and vine environments.	Self - Expression
	Friday - Rainbow Colours	
	Making Colored Milk Rice Using Beetroot, and Moringa	Healthy living Practices
	Collect and distribute the prepared colored Milk Rice to elders and guests.	Relationship with adults and Peers
	Gather various colored flowers and arrange them in a flower basket to offer with the Milk rice in a ritual.	Moral, Religious, and Cultural Values
	Use clay to create flowers in various colors.	Drawing, Painting and Molding (Visual Aids)

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	Select blue, yellow, green, and red colored flag from among different colored cords and place them in containers that match those colors.	Gross Motor Skills Development
	Use colorful balloons and different colored costumes for children and have them perform dances and other cultural presentations.	Music and Dancing