

Curriculum Vitae

Dionne Elizabeth

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Site: dionne.space

a space to land substack: dionne.substack.com

A transdisciplinary, transcultural and transnational artist, producer, writer, researcher, teacher, director, meditation, somatic movement + embodiment spacemaker, community facilitator, dj, sound designer and human Being, based in the UK via the Caribbean (St Vincent and the Grenadines 🇧🇩)

ARTISTIC PRACTICE

My work explores Other ways of Being, spacemaking, storytelling, joy + hope + pleasure as a practice, belonging to ourselves + each other, nourishment of the personal + collective, creating spaces to feel more free, accessible public art, archives, ancestral lines / naval strings, and imagining infinite possibilities, beyond the binaries. It is rooted in practices of socially engaged art, care, interdependence, liberation and disability justice.

My practice takes a bottom-up, inclusive and multidimensional approach, spanning boundaries, place + space, with crossover projects and include site-specific interactive installations, worldbuilding generative 'environments' for public engagement and community building. I entwine a range of disciplines, mediums and modalities including text, installation, sound design, mixed media, photography, film, immersive tech: VR, AR, embodiment, radio and performance.

EXPERIENCE

Over 20+ years of experience spaceholding, storytelling, custom-designing and curating interactive and inclusive transdisciplinary events, exploring a range of themes spanning creative curiosities, embodiment explorations and care (self + community). During my career I have also studied and worked in creative areas such as TV, film, photography, theatre, PR, radio, the music industry and publishing, as well as initiated multiple networks and spaces for communities which centre care as equally as creative curiosities.

Since 2002 I have worked with concept development, production and development of VR/AR, film, sound installations, immersive psychogeographic concepts, theatre and performance art, as well as several crossover projects in Norway, UK, France, the US and the Caribbean. I'm also a director, creative producer, writer, DJ, sound designer and speaker.

In 2012 I performed in the production 'Ethnoporn' as sound designer, dj and actress at Den Nasjonale Scene (The National Theatre) for Bergen International Festival, Norway.

COLLABORATORS

Norwegian collaborators include: NFI (Norwegian Film Institute), NRK (Norwegian Broadcasting Corporation), Sørnorsk Filmfond (Norwegian Film South), Mediefondet Zefyr (Zefyr Media Fund), Norwegian Arts Council, KODE (Art Museums of Bergen), Kunsthall Bergen (Bergen Art Hall), FETT magazine, Studentersamfunnet i Trondheim (Student Society Trondheim), Chateau Neuf (Student Society Oslo), Garborgsenteret/Jærmuséet (Garborg Museum), Sunnhordland Museum, DNS (The National Theatre), Griegakademiet (The Grieg Academy), BAS - Bergen Arkitekthøyskole (Bergen School of Architecture), Kulturhuset Bergen Kjøtt (Bergen Kjøtt Culture House), Studio Bergen and Knipsu gallery.

Other international collaborators include: NTS (UK), totallyradio (UK) Brighton Museum and Royal Pavilion Gardens (UK), White Nights/Nuits Blanches (UK/France), Om Yoga Show (UK), Spice Harmony (Grenada), Island Girls Rock (London/Nevis), Global (UK) and Rainchq (London).

APPROACH

I'm *invested* in co-creating more inclusive, accessible, sustainable ways of being which are trauma responsive, compassionate and non-snooty. I'm *interested* in equity, agency, infinite possibilities and freedom for us all. Holding space for kindness and compassion and spaciousness in our healing processes of learning-unlearning-untangling + all the glorious moments in-between is important to me as creatures of this earth, ever-in-process.

EDUCATION

2023 - MA Fine Art
Central Saint Martins, University of the Arts London *currently on 2 years out to build BLACCC @ Central Saint Martins, University of the Arts London
2001 - 04 BA (Hons) Information and Media Studies
Majors in photography, video production and development studies
University of Brighton. Work placement at Beatwax, Soho, London
1992 - 98 Denbigh School and Sixth Form, Milton Keynes, UK
1992 Girls High School, Kingstown, St Vincent & The Grenadines

CURRENT & UPCOMING PRODUCTIONS, INSTALLATIONS, EXHIBITIONS, DISPLAYS, PERFORMANCE, EXPERIENCES

2026 Sketchbooks as Sanctuary, an art + embodiment participatory workshop for the University of the Arts London Workshop Festival at UAL Chelsea College of Arts, London
2026 [Water Memory maps](#) // a commission by Downs to the Sea
2025- [BLACCC](#) alt art crits @ Central Saint Martins, London
2025 [Covert](#) Talent Development Programme 2025-26 cohort
2025 Spacemaking as Sanctuary, an art + embodiment participatory workshop for the University of the Arts London Workshop Festival at Peckham Levels, London
2025 Spacemaking as Sanctuary, an art + embodiment participatory workshop as part of Poetics of Care: a festival of Creative Health at Central Saint Martins, London

- 2025 Zine as a Portal workshops, Phoenix Arts Space, Brighton
- 2025 Phoenix Arts Space Open Studios, Brighton
- 2025 Group show @ Gerald Moore Gallery, London
- 2025 [Spacemaking as Sanctuary // Water Memory](#) a commission by Healing Justice Ldn
- 2025 Installation, 360 film + sound, *Sounds of the Soil*, Nordic Film Days, Lübeck, Germany.
- 2025 Installation, sound + social practice via 360 dome audio-visual immersive experience, *For Rest*, Nordic Film Days, Lübeck, Germany.
- 2025 Black History 'Month' Black Creatives Hub at the University of the Arts, London
- 2024- BLK ART COLLECTIVE CSM
- 2024 *Protection* @ Arts Students' Union Black History Month Exhibition *The Art of Reclamation* 2024, Central Saint Martins, galleries 3+4, London.

SELECTION OF AUDIO: DOCS, PODCASTS & RADIO PROJECTS, SHOWS + SOUND INSTALLATIONS

- 2026 [Water Memory maps](#) // a commission by Downs to the Sea
- 2025 [Spacemaking as Sanctuary // Water Memory](#) a commission by Healing Justice Ldn
- 2024 Restorative workshops, embodiment explorations + sonic plant meditation *Earthing for Earthlings* 🌱 production part of Earth Day events at University of the Arts, London in collaboration with the Climate Emergency Network and the UAL Post-Grad Community (online)
- 2024 CSM Changemaker project - [Portals of Pizzazz](#), inclusive community arts experiments. Hybrid installation, along with a radio station and site, offering a range of experimental participatory programming.
- 2024 Socially engaged practice + Immersive interactive sound + radio experiment + embodiment explorations for Jane's Walk London
- 2024- *FEELINGS RADIO* part of hybrid Installation, *Portal of Pizzazz - with u in spirit*, MA interim show, Central Saint Martins + online, London, UK.
- 2024 Installation, sound + social practice, *Det Syngende Treet / The Singing Tree*, MiniPride, Oslo, Norway.
- 2023 Installation, sound + social practice, *Det Syngende Treet / The Singing Tree*, Paris, France + Miniøya festival, Oslo, Norway.
- 2020- Podcast, experimental nature walks *Nature Walkabout*, a live immersive, interactive sound exploration and radio show (online), Space is the Place
- 2020- Sound installation, *Haugtussa*, Bryne, Norway.
- 2019 Radio Show, 'Transmissions' *The Spacemaker's Journey* a collaboration with King Britt for NTS, London (UK) and San Diego (US).
- 2017- Podcast, *i Feel For You* (96 episodes), Space is the Place.
- 2017 Lick Mixxtape, cassette compilation to coincide with the Lick Yoga project.
- 2016- Radio Show, *FEELINGS*, Totallyradio.com.
- 2017 Radio show, *Wander as i Wonder* (weekly episodes), Space is the Place.
- 2008 - 10 Radio show, *Totallywired* (weekly episodes), Brighton's Juice 107.2 FM + totallyradio.com.
Podcast, *The Independent Music Podcast*, The Independent, London.
Podcast, *Music Week* podcast, London.
Rough Guide to World Music, Festival Productions, Rough Guide books & World Music Network, London.
Podcast, *Time Out Podcast*, Time Out London, Festival Productions.
- 2008 - 10 Radio production, management, podcast production and presenter, Brighton's Juice 107.2 FM + totallyradio.com

- 2009 Consulting with Ofcom and project development, UK Radioplayer in collaboration with BBC, Global, Guardian Media Group and Radiocentre.
- 2009 Sound installation and radio sound trail, *White Night Radio / Nuit Blanche*, Brighton (UK) and Amiens (FR). Featuring Gazelle Twin, Norman Cook, Roger Daltry, Bonobo +++

INSTALLATIONS, EXHIBITIONS, FACILITATION, WORKSHOPS, PERFORMANCE, EXPERIENCES (A SELECTION)

- 2025 Spacemaking as Sanctuary, an art + embodiment participatory workshop for the University of the Arts London Workshop Festival at Peckham Levels, London
- 2025 Spacemaking as Sanctuary, an art + embodiment participatory workshop as part of Poetics of Care: a festival of Creative Health at Central Saint Martins, London
- 2025 Zine as a Portal workshops, Phoenix Arts Space, Brighton
- 2025 Phoenix Arts Space Open Studios, Brighton
- 2025 Group show @ Gerald Moore Gallery, London
- 2025 [Spacemaking as Sanctuary // Water Memory](#) a commission by Healing Justice Ldn
- 2025 Black History 'Month' Black Creatives Hub 2025 at the University of the Arts, London
- 2024 BLK ART COLLECTIVE CSM an alternative 'safer-crit-space' co-founder, developer and producer for Central Saint Martins
- 2024 Restorative workshops, embodiment explorations + sonic plant meditation *Earthing for Earthlings* 🌱 production part of Earth Day events at University of the Arts, London in collaboration with the Climate Emergency Network and the UAL Post-Grad Community (online)
- 2024 Photography + film, *Homelands*, MK Calling (curated by community groups), MK Gallery, UK.
- 2024 Workshop, sound, radio + social practice, *SENSORY SPACEMAKING for Apparition: Ecstatic Visions of a Future Art School*, Central Saint Martins, University of the Arts, London
- 2024- Socially engaged practice + workshops, *STUDIO SPACE, Changemakers project in collaboration with Technical*, Central Saint Martins, University of the Arts, London.
- 2024 Hybrid Installation, sound + social practice, *Immersive interactive nature walk* for Jane's Walk, various locations.
- 2024- Hybrid Installation, sound, text + social practice, *Portal of Pizzazz ✨ with u in spirit (on memory, loss, embodiment + spacemaking as sanctuary)* MA interim show, Central Saint Martins, London, UK.
- 2024 Installation, sound + social practice, *Det Syngende Treet / The Singing Tree*, MiniPride, Oslo, Norway.
- 2024 Changemaker, Central Saint Martins, London, UK.
- 2024- Group show, *No Place, Safe Place*, Peckham, London, UK.
- 2023- INNERVISIONS Hybrid installation + socially engaged practice, Group show, Bill of Health, Special Collection and exhibition, Central Saint Martins, University of the Arts, London. Post exhibition, [INNERVISIONS](#) became part of the Bill of Health Special Collection in Central Saint Martins Libraries and is also available in the library Sensory Area - a new permanent feature created as part of Disability History Month
- 2023 Installation, sound + social practice, *Det Syngende Treet / The Singing Tree*, Paris, France + Miniøya festival, Oslo, Norway.
- 2021 - VR experience, *Haugtussa VR*, Norway.
- 2020 Installation, *Haugtussa: eit skogsbad (For Rest)*, Jærmuséet, Bryne, Norway.

- 2022 Workshops, *Virtual co-working-co-creating - i'll be your mirror 🌈 a 3rd place portal* (online)
- 2022- Workshops, *Virtual Freewrites 🧠 writing in community* (online)
- 2021-22 Host, *Writers Hour*, London Writers' Salon (online)
 Artist Workshops, *embodiment for writers*, London Writers' Salon (online)
 Artist Workshops, *Feelings Cafe*, London Writers' Salon (online)
- 2021 - *SOFT-SOFT PRACTICES FOR PEOPLE LIVING WITH LIMITATIONS* - workshops, videos, podcast and interactive multimedia zine (online)
- 2014-19 9 x Retreats, *Yoga and Creativity Seasonal Retreats*, Vine Street Studios, Brighton, UK.
- 2019 Performance, creative exploration and mindfulness/movement/embodiment workshop, *Reclaiming Pleasure and Getting Free*, Rainchq, Second Home and Libreria, London, UK.
- 2018 - Workshops, *Wellness + Self Care workshops*, Island Girls Rock + Tramperry Republic, London, UK.
- 2014-19 Creative producer, concept development, performance artist, creative exploration and mindfulness/movement/embodiment for *Yoga + Movement* at Griegakademiet, Bergen, Norway.
- 2011-19 Creative producer, concept development, performance artist, creative exploration and mindfulness/movement/embodiment for *Yoga + Movement*, Herosalen, Bergen Barneasyl, Bergen, Norway.
- 2018 Music production, composition and music for *H&M - Tommy Rivers Puzey*, for Bleck Film, Ohlogy and H&M, Oslo, LA, Stockholm.
- 2018 Concept development, performance artist, creative exploration and mindfulness/movement/embodiment for *Rise and Shine*, Brighton Dome, Brighton Museum and Royal Pavilion Gardens, UK
- 2016-18 Concept development, speaker, creative exploration, mindfulness/movement/embodiment for *One Girl Band*, Brighton, UK
- 2010-18 Concept development, performance artist, creative exploration and mindfulness/movement/embodiment for *Yoga Disco* at Oslo Yoga Festival, OM Yoga Show London og OM Yoga Show Manchester, UK.
- 2017- Creative producer, writer, editor and presenter, *I Feel For You Podcast* (online).
- 2017-18 Creative producer, concept development, performance artist, creative exploration and mindfulness/movement/embodiment for *Yoga + Writing* at Litteraturhuset, Bergen, Norway.
- 2014-17 Creative producer, consultancy, concept development, performance artist, DJ, creative exploration and mindfulness/movement/embodiment, potion making, weaving, therapeutic colouring for *Lick Yogurt*, *Innocent Drinks*, *Millie Marotta*, Brighton, UK.
 Concepts include *Lick Yoga*, *Lick Social* and *Women of Colour Wellness*.
- 2012-16 Concept development, consultancy, performance artist, creative exploration and mindfulness/movement/embodiment for *Art + Yoga*, KODE Kunstmuséene i Bergen (the art museums of Bergen, Norway).
- 2015 Concept development, performance artist, creative exploration and potion making mindfulness/ movement/ embodiment, visionboard zinemaking, for *Music + Movement*, *Cult Milk*, Brighton, UK
- 2015 Concept development, performance artist, sound design, creative exploration and mindfulness/movement/embodiment for *Music + Movement*, *Movement Arts Festival*, Oslo, Norway.
- 2014 - Creative producer, concept development, performance artist, sound design, creative exploration and mindfulness/movement/embodiment for *Online Creative Programmes + Multimedia Zines 'Bloom' and 'Take Care of You: Autumn'*.

- 2014 - Creative producer, concept development, performance artist, sound design, creative exploration and mindfulness/movement/embodiment for *Dionne Elizabeth Youtube Channel*.
- 2014 Concept development, performance artist, sound design, creative exploration and mindfulness/movement/embodiment for *Yoga in the Library*, BAS - Bergen Arkitektthøyskole (Bergen School of Architecture), Norway.
- 2014 Creative producer, consultancy, concept development, performance artist, sound design, creative exploration and mindfulness/movement/embodiment for *Winter Day Retreat*, KODE - Kunstmuséene i Bergen (Art Museums of Bergen), Norway.
- 2014 Concept development, performance artist, sound design, creative exploration and mindfulness/movement/embodiment for *Composers Retreats*, Siljustøl, Trolldhaugen, Lysøen for KODE - Kunstmuséene i Bergen (Art Museums of Bergen). Supported by Bergen Kommune (Bergen City Council) and Hordaland Fylkeskommune (Hordaland County Council), Norway.
- 2014 - Creative producer, consultancy, concept development, performance artist, sound design, creative exploration and mindfulness/movement/embodiment for *Silent Art Disco*, KODE - Kunstmuséene i Bergen (Art Museums of Bergen). Supported by Bergen Kommune (Bergen City Council) and Norsk Kulturråd (Norwegian Arts Council), Norway.
- 2013-14 Creative producer, consultancy, concept development, performance artist, installation artist, sound design, creative exploration and mindfulness/movement/embodiment for *Kvelds på KODE; 1920s (KODE 4), Nordic Summer Nights (KODE 4), Fra Munch til Slettemark (KODE 2) Høstkveld (Rasmus Meyers Samlinger), Kom som en bohem (KODE 4), Kunst + Yoga + DJ (KODE 4)*, KODE - Art Museums of Bergen. Supported by Hordaland County Council, Norway.
- 2013-14 Concept development, consultancy, performance artist, installation artist, sound design, creative exploration and mindfulness/movement/embodiment for *Kulturnatt*, KODE - Art Museums of Bergen, Norway.
- 2011-14 Concept development, performance artist, installation artist, sound design, creative exploration and mindfulness/movement/embodiment for 'Playtime' and 'We Outside!' Byparken (City Park) and Botanisk hage (Bergen Botanical Gardens), Bergen, Norway.
- 2012 Concept development, performance artist, installation artist, sound design, creative exploration and mindfulness/movement/embodiment for *Yoga and Creativity Retreat*, Skjerjehamn, Gulen, Norway.
- 2012 Concept development, performance artist, installation artist, sound design, creative exploration and mindfulness/movement/embodiment for *Yoga and Creativity workshops* for Sunnhordland Museum, Stord, Norway.
- 2012 Sound design and performance art, *Ethnoporno*, Den Nasjonale Scene (The National Theatre), Festspillene (Bergen International Festival), Norway.
- 2012 DJ, Bergen Assembly, Bergen Kunsthall (Bergen Art Hall), Norway
- 2012 DJ and installation artist, *Shake Your Pants*, Chagall, Bergen, Norway.
- 2011-12 DJ, *Bunads Boogie*, Logen, Bergen, Norway.
- 2011 - Concept development, performance artist, installation artist, sound design, creative exploration and mindfulness/movement/embodiment *Silent Disco + Silent Art Disco Margate* (UK), Oslo, Trondheim, Bergen. Sogndal, Førde, Norway.
- 2012 Concept development, performance artist, installation artist, sound design, creative exploration and mindfulness/movement/embodiment, *TRY Yoga*

- Unleashed, Bergen Kunsthall, Bergen Museum Kunst - og Kulturhistoriske samlinger (Bergen Museum of Art and Cultural History), Norway.
- 2010-12 Guest coordinator, Bergen International Film Festival.
- 2010-11 Consultant and digital support, Never or Now Performance art festival, Bergen, Norway
- 2010-15 Contributor, consultancy, writer and movement coach for actors as part of *Positive Hair Day - intercultural multimedia arts empowerment project and [Snakes and Ladders](#) theatre production for people of mixed heritage and their families*, shown at The Brighton Dome, Brighton, UK.
- 2004-7 Tour Manager, booking agent, PR, music management, consultancy, graphic design, DJ, writer, photographer, London, UK.
- 2007 Internship at Lighthouse, film pathway, Guiding Lights programme, events, Brighton, UK
- 2002 Volunteer facilitator for movement and music events for disabled people, Brighton, UK

ARTIST RESIDENCIES

- 2023 Cité internationale des arts, Paris.
- 2022 NOPA Vence, France
- 2019 NOPA Vence, France
- 2019 NOPA London, uk
- 2018 NOPA Berlin, Germany

PUBLICATIONS (A SELECTION)

- 2025 [Colouring Critique Publication](#), University of the Arts, London
- 2024 [‘CSM Changemaker publication’ 2024](#) Central Saint Martins, University of the Arts, London.
- 2024 [MK Gallery, ‘MK Calling Third Culture Creatives’](#)
- 2024 [ual stories Earthing for Earthlings](#), University of the Arts, London
- 2024 [STREST Podcast, ‘about climate’](#)
- 2024 [In Body and Mind](#) @ Central Saint Martins, a creative health microfestival
- 2022 Body Dialogues with Dionne Elizabeth: The social body & creating accessible play, Shado Magazine, UK. [Shado Magazine](#).
- 2021-22 Homelands’ for London Writers’ Salon Anthology - Writing in Community.
- 2020 VOKS Magazine Norway, Å finne ro i uro (‘Rest in unrest’)

TRAINING

E-RYT® 500, YACEP®

🧘800+ hours of “official” trainings of different styles and modalities

- 2020 - 26 **Neuroscience, psychology and embodiment studies**
Masterclasses with Bo Forbes (PsyD) - (100+ hours of training since 2020 - present)
including:
- Interoception, Physical Health & Emotional Balance
 - Gut Wisdom, 2023: Awakening the Intelligence of the Enteric Nervous System.
 - Immunity, Mood, and Collective Well-Being

- The Science of Well-Being: the psychology and therapeutic power of proprioception, Emotional Balance, & Social Health
 - Fascia, Interoception, & Emotional Health
 - COVID-19 and We: Mind, Brain, Embodiment, & Social Body
 - Masterclass on neurodiversity
 - Balancing Anxiety: Resilience in the Mind, Brain, Body, and Collective
 - The Science, Art, and Practice of Getting Good Sleep
 - The Science of Well-Being Series: Seasonal Affective Disorder
 - Transforming Grief, Loss, & Depression in a Rapidly Changing World
 - Emerging findings in the science, psychology, & social context of depression
 - Body Clocks + their impact on depression, sleep, SAD, jetlag, and immunity
 - The Science of Well-Being: How your body helps you build resilience, boost immunity, and bolster social connection
 - Social justice, belonging, and radical self-love with Sebene Selassie + Bo Forbes
- 2021 Art of Sequencing Training, Clara Roberts-Oss, Lila School of Vinyasa Yoga (20 hours)
- 2015-21 Jason Crandell power + precision + mindfulness Yoga Method 500 hour advanced yoga teacher training
- 2020 Sensory Awareness Training for Yoga Attunement - Tias Little (50 hrs) online.
- 2020 Spreading the canopy of the lungs + nourishing the throat chakra, Tias Little + Yogacampus (2.5hrs) London, UK
- 2017 Opening The Pathway Of The Nadis, Tias Little (6.5hrs)
- 2016 Pathway to the Nadis, subtle body training, London, UK
- 2016 Advanced Yoga Teacher Training, Jason Crandell, London, UK
- 2015 Trauma Sensitive Yoga Training, Brighton, UK
- 2014 The art of yoga sequencing, Jason Crandell (18hrs)
- 2013 The Art of Attention Workshops, Elena Brower, Berlin, Germany
- 2012 Life Exquisite! Yoga + breathwork + meditation, Meghan Currie, London, UK
- 2012 Iyengar Yoga Workshops (asana, philosophy + pranayama), Claus Bendson Wittig, Bergen, Norway
- 2012 Iyengar Yoga Workshops, Monica Haar, Bergen, Norway
- 2010 Find Your Teaching Voice training, Jason Crandell, London UK
- 2010 Yoga 200hrs RYT, Yoga Haven, Morocco + Brighton, UK
- 2008 Academy of Creative Training (ACT) drama course, Brighton, UK
- 2007 Radio Production and Web Design Course, BBC, Brighton, UK
- 2007 STCW training, Öckerö Maritime Center (ÖMC), Sweden

TEACHING + WORKSHOPS

 over 10,000 hours of teaching since 2010
 events internationally irl and online

- 2026 Spacemaking as Sanctuary // mapping belonging @ Two Temple Place, London
- 2026 New Year art + embodiment community workshop
- 2025 Spacemaking as Sanctuary // water memory
- 2025 a Space to Land (online)
- 2025 Reflect + Reset (online)
- 2025 Art Club // Alt Crits (online)
- 2024 Restorative workshop, embodiment explorations + sonic plant meditation *Earthing for Earthlings* 🌱 part of Earth Day events at ual, London (online)

- 2023- Workshops, *Art Club*, a 3rd place portal (online)
- 2022 Workshops, *Virtual co-working-co-creating - i'll be your mirror 🌈 a 3rd place portal* (online)
- 2022- Workshops, *Virtual Freewrites 🧠 writing in community* (online)
- 2022 Writers Hour host + workshop (embodiment for writers and hosting spaces for creative explorations) for London Writers' Salon (online)
- 2021 - SOFT-SOFT PRACTICES FOR PEOPLE LIVING WITH LIMITATIONS - workshops, videos, podcast and interactive multimedia zine (online)
- 2020- BLOOM ✨ yoga, movement, somatics, embodiment, creativity, self care, music, mindfulness, ritual. ✨ workshops and classes
- 2020- Haugtussa - somatic and embodiment exploration in the art installation, Bryne, Norway
- 2019 Performance, creative exploration and mindfulness/movement/embodiment workshop, *Reclaiming Pleasure and Getting Free*, Rainchq, Second Home and Libreria, London, UK.
- 2010 - Workshop Concepts
Some art + movement + sound + embodiment workshop concepts include: Encyclopaedia of Pleasure, Strong Roots, Pleasure Principle, Infinite Possibilities, Power Flower, Get Free, Condition of the Heart, PAUSE, Space is the Place, BLOOM, Float, Emerging // Breaking the Waves, Moving from the Heart, exploring the Tender Meadow, All things must Pass, Open, All Change, The Forbidden City, Regulate, Leave the Light On, Teetering on the Cusp of Transition, The Truth will Out, Earthing for Earthlings, Women of Colour Wellness, Slow Down Sunday +++

FUNDING AND GRANTS (A SELECTION) 2010 - 2026

Phoenix Arts Space studio award 2025-2026
a-n The Artists Information Company
Arts Council England
Norwegian Arts Council
Bergesenstiftelsen
NFI (Norwegian Film Institute)
Zefyr Media Fund
Norwegian Film South
NOPA (Norwegian Society of Composers and Lyricists)
Norwegian Composers Fund
Norwegian Sound Institute
Time Municipality
Bergen City Council
Vestland County Council