

OTES Family Update May 13, 2022



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Vigilance Around Illness

You have likely seen in the news that COVID-19 rates are on the rise in our region. We are also seeing here the spread of a number of other respiratory and gastrointestinal illnesses. Please help us keep students and staff in school by doing these things:

- Please remember to do at-home screening for symptoms each and every day. (link below)
- Please order and use your no-cost at-home COVID tests from <https://www.covid.gov/tests> or <https://www.accesscovidtests.org/>
- Please keep students home when they're sick!
- Please consider using masks to reduce transmission of lots of illnesses at school.

https://www.maine.gov/doe/sites/maine.gov.doe/files/inline-files/Maine%20DOE%20Pre-Screening%20Tool%20for%20School%20Attendance%2010.19.2021_1.pdf?fbclid=IwAR0gzAI2FVZ14x6YB4nFhdTAEciozcj0GIGbAaA_4Bf9B1646RgPI83Txuc



RSU #34 Resource Center Open This Thursday, May 19th 2:30-4:00pm

The RSU #34 Resource Center is open to all district families in need of food or basic household supplies. The Center is located at OTES and is open on the first and third Thursday of each month from 2:30-4:00pm. If you have questions or an emergency food insecurity outside these dates, please contact our School Community Coordinator Jenn Goodwin at 207-370-8564 or jennifer.goodwin@rsu34.org.



Plant Sale Sunday, May 22, 2022 9:00am-2:00pm

Join us for the OTES Plant Sale on Sunday, May 22nd from 9:00am to 2:00pm at Old Town Elementary School. We will have a fun selection of flowers and vegetables. Sales benefit the OTES Learning Garden. Cash and checks made out to Old Town Elementary will be accepted. Public welcome! RSVP to this event on our Facebook page for automatic reminders. Information is also available on our website.



Bug Run Costume 1K Fun Run Sunday, May 22nd 11:00am

Get outside and have some fun! Children are welcome to join us for the Bug Run 1K costume fun run during our plant sale on Sunday, May 22nd with a starting line time of 11:00am. Children are encouraged to participate in the 1K run in bug costumes! There is a suggested donation of \$7. Registration includes wings and a bracelet with basic decorations, but extra embellishments from home are encouraged! Each registration also comes with a coupon for a free cone from the Spencer's Ice Cream truck that will be there. Cash and checks made out to Old Town Elementary will be accepted. Registration and costume decorating sessions will be held on Friday, May 20th from 2:30-4:00pm and Saturday, May 21st from 10:00am-12:00pm. RSVP to

this event on our Facebook page for automatic reminders. Information is also available on our website.

Resources For Parents/Guardians on Body Image and Intermittent Fasting

These topics have recently come up as parent concerns, especially at the upper elementary level. Here are some resources from Mrs. Wilcox:

<https://www.rightstep.com/rehab-blog/how-parents-can-help-kids-develop-a-positive-body-image/>

<https://health.choc.org/intermittent-fasting/>

4 4th Grade Band and Chorus Concert Tuesday, May 17th at 6:30pm

Band members, please remember your instrument for rehearsal Tuesday during school. Students in Band as well as Band and Chorus should meet in the music room at 6pm. Chorus only students should meet in the book room at 6pm. There is no specific dress code, just wear something nice. Please see specific 4th grade email for details.

5 5th Grade After School Band Has Concluded, Musical Rehearsals Have Changed

Amazing concert, 5th grade! There will be no more after school band for the remainder of the school year. All Jungle Book musical participants, from both the Red and Yellow Communities, will have rehearsals on Monday 5/16, Wednesday 5/18, Monday 5/23, and Wednesday, 5/25 from 2:15-3:15pm. Evening performances are Tuesday, May 24th (Red on stage, Yellow singing on the risers) and Tuesday, May 31st (Yellow on stage, Red singing on the risers). Both performances are at 6:30pm. Please see specific 5th grade email for details.

Upcoming Events

Monday 5/16: kindergarten farm field trip, 5th grade combined Red and Yellow Community musical practice 2:15-3:15pm

Tuesday 5/17: Bikes for Books assemblies, 4th grade band rehearsal during school- bring your instruments!, 4th grade band and chorus concert 6:30pm

Wednesday 5/18: 5th grade combined Red and Yellow Community musical practice 2:15-3:15pm

Thursday 5/19: K-2 author visit with Sara Levine, LMS Ambassadors visit to 5th grade, 4th grade biking club, 4th grade Girls Who Code, and 5th grade cooking club 2:15-3:15pm, Resource Center open 2:30-4:00pm

Friday 5/20: 3-5 author visit with Sara Levine, registration and costume decorating for 1K Bug Run (option 1) 2:30-4pm

Saturday 5/21: registration and costume decorating for 1K Bug Run (option 2) 10am-12pm

Sunday 5/22: OTES Plant Sale 9am-2pm, Bug Run 11am