

 GRADES 1 to 12 DAILY LESSON LOG	School:		Grade Level:	VI
	Teacher:		Learning Area:	MAPEH
	Teaching Dates and Time:	OCTOBER 10 – 14, 2022 (WEEK 8)	Quarter:	1ST QUARTER

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
I. OBJECTIVE/S	HEALTH	HEALTH	HEALTH	HEALTH	HEALTH
A. Content Standard	Demonstrates understanding of personal health issues and concerns and the importance of health appraisal procedures and community resources in preventing or managing them.	Demonstrates understanding of personal health issues and concerns and the importance of health appraisal procedures and community resources in preventing or managing them.	Demonstrates understanding of personal health issues and concerns and the importance of health appraisal procedures and community resources in preventing or managing them.	Demonstrates understanding of personal health issues and concerns and the importance of health appraisal procedures and community resources in preventing or managing them.	WEEKLY TEST IN MAPEH
B. Performance Standard	The learner practices self-management skills to prevent and control personal health issues and concerns.	The learner practices self-management skills to prevent and control personal health issues and concerns.	The learner practices self-management skills to prevent and control personal health issues and concerns.	The learner practices self-management skills to prevent and control personal health issues and concerns.	
C. Learning Competencies (write the LC Code)	Describes personal health issues and concerns. H6PH-lab-18	Demonstrates self-management skills H6PH-lab-19	Discusses health appraisal procedures during puberty H6PH-lc-20	Explains the importance of undergoing health appraisal procedures H6PH-ld-f-21	
II. CONTENT	A. Personal Health-Issues and concerns 1.height and weight 2.hearing 3. vision 4. skin, hair and nail 5. sunburn, dandruff, corns, blisters and calluses, ingrown toenails 6. eyes 7. posture and spine disorders 8. oral/dental problems	A. Personal Health- Issues and concerns 1.height and weight 2.hearing 3. vision 4. skin, hair and nail 5. sunburn, dandruff, corns, blisters and calluses, ingrown toenails 6. eyes 7. posture and spine disorders 8. oral/dental problems	1. Undergoing health appraisal procedures 2. Utilizing school and community health resources 2.1 Medical Professionals 2.2 Health facilities 2.3 School clinic 2.4 Barangay health/station/rural unit	1. Undergoing health appraisal procedures 2. Utilizing school and community health resources 2.1 Medical Professionals 2.2 Health facilities 2.3 School clinic 2.4 Barangay health/station/rural unit	1. Administering test questions correctly. 2. Administering of Weekly test in Health 6. 3. Setting of standards 4. test proper 5. checking of test results
III. LEARNING RESOURCES					
A. References	21 st Century Mapeh In Action 6				

1. TG/CG pages	pp. 54-55	pp. 54-55	pp. 54-55	pp. 54-55	
2. Learner’s Materials pages					
3. Textbook pages	251-259	251-259	251-259	251-259	
4. Materials downloaded from LRMDs					
A. Reviewing previous lesson and presenting new lesson	Review on the previous lesson	Review on the previous lesson	Review on the previous lesson	Review on the previous lesson	
B. Establishing a purpose for the lesson	Show pictures of different kinds of personal health issues and concerns.	Study the different pictures about health issues and concerns that the teacher will show.	Show pictures of different medical professionals, health facilities and barangay health stations be able to identify each.	Match the name of the health/medical professionals to its picture.	
C. Presenting examples/instances of the lesson	Discuss about different health issues and concerns.	Picture Prompt: - The teacher will show pictures depicting changes in the body of a child. The teacher should be able to emphasize that puberty is the stage where many physical changes take place. - Ask the learners to describe or say something about the pictures. - The teacher will write all possible answers given by the students or the teacher may prepare description in metacards and let the students choose the appropriate description in the picture shown. - The teacher will explain that if the student fails to cope with the different changes during the puberty stage, different health-issues and concerns may arise. Original File Submitted and Formatted by DepEd Club Member - visit depedclub.com for more	Let the students identify some health care professionals (individuals who provide preventive, curative, promotional or rehabilitative health care services in a systematic way to people, families or communities) by showing pictures.   	Enumerate the different health appraisals done if you are having your medical checkup. - Health history - Family history - Educational level of parents - History of family disease - physical - Current status - Dental - Family medical problems - Childs health problems/allergies - behavior - Screening procedures - Vision - Hearing - Blood pressure - Height and weight - Urine specimen	

			 Discuss each of the following.		
D. Discussing new concepts and practicing new skills #1	Groupings Form 5 groups Each will explain about health and issues and concerns Choose a leader and a reporter. Group 1 skin Group 2 hair Group 3 teeth Group 4 eyes Group 5 vision	Groupings - The teacher will group the class into four (4) - Each group must have a leader and a reporter - The reporter will explain to the class the output of the group - Distribute the worksheets - Role card may be used if appropriate (Annex 2) Group 1 – Issues and Concerns - height and weight Group 2 – Issues and Concerns - eyes, ears and skin Group 3 – Issues and Concerns - body posture and spine disorders Group 4 – Issues and Concerns - oral and dental The teacher must ensure that all possible answers are clarified.	Group activity Form 5 groups. Each shall assign a leader and a reporter. - Medical Professionals - Health facilities - School clinic - Barangay health/station/rural unit - Health appraisal Reporting by group. The teacher must ensure that all possible questions are clarified.	- The teacher will group the class into six (6) - Each group must have a leader and a reporter - The reporter will explain to the class the output of the group - Distribute the worksheets - Role card may be used if appropriate (Annex 2) Activity: (Annex 1) Health Appraisal Procedure Group 1 - Height and Weight Group 2 - Hearing Test Group 3 - Vision Screening Group 4 - Scoliosis Test Group 5 - Physical Examination Group 6 - Dental Examination The teacher will explicitly discuss the concepts on the following DO: - Entertain questions for clarification. - Processes the output of each group.	
E. Discussing new concepts and practicing new skills #2					
F. Developing mastery (lead to formative assessment 3)					
G. Finding practical application of concepts and skills in daily living					
H. Making generalization and abstractions about the lesson	Questions will be raised to the class.	Questions will be raised to the class:	Questions will raised to the class:	Questions will raised to the class:	

	- What are the factors that may affect the growth of an individual? - problem with pituitary gland - abnormal growth rate of the fetus inside the womb - ailments during pregnancy - tendency to inherit the height of parents - What is the three common children's growth body measurement?	- What are the different personal health issues and concerns? - What should we do in order to be always healthy?	- What are the different health appraisals? - Who are the different medical professionals? - What is the role of barangay health center to the community? - Where is your school clinic? - Give examples of health facilities found in the hospital.	- What is the standard health appraisal procedure? - What are included in a school health appraisal?	
I. Evaluating learning	Identify the medical or health professional and/or volunteer described. - A _____ is a health professional who diagnoses, treats, and prevents diseases and conditions of the oral cavity. - The _____ develops a health care plan and works collaboratively with doctors and patients. - A _____ is a health professional who practices medicine with the goal of promoting, maintaining, and restoring human health. - A _____ helps the health professionals in providing health care services. - A _____ is a healthcare provider	Identify the issues and concerns in each number choose your Answer inside the box. Stunted growth Hearing-related problems Vision Skin, hair and nail Posture and spine Oral/ dental problems - ingrown toenail - sunburn - Otitis media - scoliosis - cavities	Write/answer what is asked for. - The school has its_____ that provides medical and dental services to school children and school personnel. - The health care facility in every community is the _____ - A _____ is any location, center or place where health care is given in school. - Barangay health centers provide health care services to new born babies and _____ women. - The health services of the barangay health centers are regulated by the_____, a government agency.	True or False. - Screening test includes vision, hearing, blood pressure, height and weight and urine specimen. (T) - Current status includes health history of the family. (F) - A record of the family history includes the age and general health of parents and siblings. (T) - Health history includes dental, family problems, child allergies and behavior. (T) - Eating a balanced diet can help a growing child to be healthy. (T)	

	who sees tp it that children, as well as adults , eat the right kinds of food for good health.				
V. REMARKS					
VI. REFLECTION					
A. No. of learners who earned 80% in the evaluation					
B. No. of learners who require additional activities for remediation					
C. Did the remedial lessons work? No. of learners who have caught up with the lesson					
D. No. of learners who continue to require remediation					
E. Which of my teaching strategies worked well? Why did these work?					
F. What difficulties did I encounter which my principal or supervisor can help me solve?					
G. What innovation or localized materials did I use/discover which I wish to share with other teachers?					