

Syllabus for CHI St. Francis CNA class 2024

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Jan - May 2024
 Monday - Thursday
 1012 – 1129

COURSE CALENDER		
<i>These dates are subject to change at the discretion of the instructor.</i>		
Day	Date	Agenda/Topic
Tue	1/23	Introductions, program outline, policies/rules, paperwork, Q&A
Wed	1/24	Knowledge quiz “Let’s find out how much you already know!” Workbook pages 217-221
Thurs	1/25	The Nursing Assistant in Long-Term Care – Chapter 1 Text pgs. 1-17; Workbook pgs. 1-7
Mon	1/29	**Chapter 1 Test** Start Ethical and Legal Issues – Chapter 2 Text pgs. 18-34; Workbook pgs. 9-16 20
Tue	1/30	**Chapter 2 Test** • Handout Abbreviations List Start Communication Skills – Chapter 3 Text pgs. 35-55; Workbook pgs. 17-26 20
Wed	1/31	Finish Chapter 3 – Communication Skills **Start studying Abbreviations A-B** Quiz on 2/5
Thurs	2/1	**Chapter 3 Test** Start Communication Challenges – Chapter 4 Text pgs. 56-66; Workbook pgs. 27-31 20
Mon	2/5	**Quiz on Abbreviations A-B** Finish Chapter 4 – Communication Challenges Text pgs. 56-66; Workbook pgs. 27-31 30
Tue	2/6	**Chapter 4 Test** Start Diversity and Human Needs and Development - Chapter 5 Text pgs. 67-83; Workbook pgs. 33-38 20
Wed	2/7	EARLY OUT! Finish Chapter 5 Catch-up, make-up homework/tests.
Thurs	2/8	**Chapter 5 Test** Start Infection Prevention and Control – Chapter 6 19

		Text pgs. 84-114; Workbook pgs. 39-44	
Mon	2/12	Finish Chapter 6 – Infection Prevention and Control Text pgs. 84-114; Workbook. 39-44	
Tue	2/13	**Chapter 6 Test** Start Safety and Body Mechanics – Chapter 7 Text pgs. 115-130; Workbook pgs. 45-48 **Start studying Abbreviations C-D** Quiz on 2/20	23
Wed	2/14	HAPPY VALENTINE'S DAY!!! Finish Chapter 7 – Safety and Body Mechanics Text pgs. 115-130; Workbook pgs. 45-48	
Thurs	2/15	**Chapter 7 Test** Start Emergency Care, First Aid, and Disasters – Chapter 8 Text pgs. 131-145; Workbook pgs. 49-52	16
Mon	2/19	NO SCHOOL	
Tue	2/20	**Quiz on Abbreviations C-D** Finish Chapter 8 – Emergency Care, First Aid, and Disaster Text pgs. 131-145; Workbook pgs. 49-52	30
Wed	2/21	**Chapter 8 Test** Start Admission, Transfer, Discharge, and Physical Exams – Ch. 9 Text pgs. 146-160; Workbook pgs. 53-56	14
Thurs	2/22	**Chapter 9 Test** Start The Gastrointestinal System – Chapter 15 Text pgs. 281-309; Workbook pgs. 87-91	14
Mon	2/26	Finish Chapter 15 – The Gastrointestinal System Text pgs. 281-309; Workbook pgs. 87-91 **Start studying Abbreviations E-H** Quiz on 2/28	
Tue	2/27	**Chapter 15 Test** Start The Urinary System – Chapter 16 Text pgs. 310-329; Workbook pgs. 93-96	17
Wed	2/28	**Quiz on Abbreviations E-H** Finish Chapter 16 – The Urinary System Text pgs. 310-329; Workbook pgs. 93-96	30
Thurs	2/29	EARLY OUT! Catch-up, make-up homework/tests.	
Mon	3/4	**Chapter 16 Test** Start The Reproductive System – Chapter 17 Text pgs. 330-337; Workbook pgs. 97-98	15
Tue	3/5	Finish Chapter 17 - The Reproductive System Text pgs. 330-337; Workbook pgs. 97-98 **Chapter 17 Test**	15
Wed	3/6	Start The Integumentary System – Chapter 18 Text pgs. 338-356; Workbook pgs. 99-102	15

		Chapter 18 Test	
Thurs	3/7	Start The Circulatory or Cardiovascular System – Chapter 19 Text pgs. 357-370; Workbook pgs. 103-104 **Chapter 19 Test** **Start studying Abbreviations I-M** Quiz on 3/13	14
Mon	3/11	Start The Respiratory System – Chapter 20 Text pgs. 371-384; Workbook pgs. 105-108 **Chapter 20 Test**	15
Tue	3/12	EARLY OUT! Catch-up, make-up homework/tests.	
Wed	3/13	**Quiz on Abbreviations I-M** Start The Musculoskeletal System – Chapter 21 Text pgs. 385-400; Workbook pgs. 109-112 **Chapter 21 Test** (if there's time)	30 15
Thurs	3/14	Start The Nervous System – Chapter 22 Text pgs. 401-438; Workbook pgs. 113-121	
Mon	3/18	Finish Chapter 22 – The Nervous System Text pgs. 401-438; Workbook pgs. 113-121 **Chapter Test 22**	18
Tue	3/19	Start The Endocrine System – Chapter 23 Text pgs. 439-448; Workbook pgs. 123-124 **Chapter Test 23**	15
Wed	3/20	Start The Immune and Lymphatic Systems and Cancer – Chapter 24 Text pgs. 449-462; Workbook pgs. 125-128 **Chapter Test 24**	17
Thurs	3/21	Start Subacute Care – Chapter 26 Text pgs. 478-492; Workbook pgs. 133-136 **Chapter Test 26**	13
Mon	3/25	NO SCHOOL	
Tue	3/26	Start End-of-Life-Care – Chapter 27 Text pgs. 493-504; Workbook pgs. 137-141 **Chapter Test 27** **Start studying Abbreviations N-P** Quiz on 3/27	16
Wed	3/27	**Quiz on Abbreviations N-P** Catch-up, make-up homework/tests.	30
Thurs	3/28	Informational class period explaining what to expect when on-site at St. Francis for skills. Question & Answer session.	
Mon	4/1	NO SCHOOL	
Tue	4/2	***First day on campus at St. Francis for SKILLS – DRIVE SAFE!!! (We will meet you in the main entrance of the building.)	

Wed	4/3	Start Bed-Making and Unit Care – Chapter 10 Text pgs. 161-176; Workbook pgs. 57-60 **Chapter Test 10** / 15
Thurs	4/4	Start Positioning, Moving, and Lifting – Chapter 11 Text pgs. 177-198; Workbook pgs. 61-63 **Chapter Test 11** / 10
Mon	4/8	Perform Skill #13 - Position Resident in Bed on Side Text pg. 179
Tue	4/9	Perform Skill #16 - Transfer Resident from Bed to Wheelchair using a Gait Belt Text pg. 189 (Demonstration of FBL/SUL transfers)
Wed	4/10	Start Rehabilitation and Restorative Care – Chapter 25 Text pgs. 463-477; Workbook pgs. 129-132 **Chapter Test 25** / 18 **Start studying Abbreviations Q-Y** Quiz on 4/16
Thurs	4/11	Perform Skill #2 - Assist Resident to Ambulate using a Gait Belt Text pg. 196 (Kory – COTA with actual resident)
Mon	4/15	Perform Skill #14 - Range of Motion for One Knee and One Ankle Text pg. 476 Perform Skill #15 - Range of Motion for Shoulder Text pg. 473 (Kory – COTA to demonstrate ROM)
Tue	4/16	**Quiz on Abbreviations Q-Y** / 30 Start Nutrition and Fluid Balance – Chapter 14 Text pgs. 252-280; Workbook pgs. 77-84
Wed	4/17	EARLY OUT! Catch-up, make-up homework/tests.
Thurs	4/18	Finish Chapter 14 – Nutrition and Fluid Balance Text pgs. 252-280; Workbook pgs. 77-84 **Chapter Test 14** / 19
Mon	4/22	Perform Skill #8 - Feeding a Dependent Resident Text pg. 268 Perform Skill #11 - Mouth Care – Brushing Resident's Teeth Text pg. 214
Tue	4/23	Start Vital Signs – Chapter 13 Text pgs. 230-251; Workbook pgs. 71-76 **Chapter Test 13** / 19
Wed	4/24	Perform Skill #17 - Count and Record Resident's Radial Pulse and Respirations. Learn to take a Manual Blood Pressure. Text pg. 243

Thurs	4/25	Start Personal Care – Chapter 12 Text pgs. 199-229; Workbook pgs. 65-70 **Vocabulary Handouts – Quiz on 5/6	
Mon	4/29	Finish Chapter 12 – Personal Care Text pgs. 199-229; Workbook pgs. 65-70 **Chapter Test 12**	13
Tue	4/30	Perform Skill #1 - Applying an Anti-Emboloc Stocking to One Leg. Text pg. 365 Perform Skill #9 - Foot Care One Foot. Text pg. 446 Perform Skill #5 - Denture Care – Cleaning Upper or Lower Denture. Text pg. 217	
Wed	5/1	Perform Skill #6 - Donning PPE (Gown & Gloves), Emptying a Urinary Drainage Bag, Measure and Record Urine Output and Remove PPE with Hand Washing. (Hand washing = Text pg. 95) (Don/doff = Text pg. 97) (Emptying catheter bag = Text pg. 320)	
Thurs	5/2	Perform Skill #12 - Perineal Care for a Female Resident with Hand Washing. Text pg. 207	
Mon	5/6	**Vocabulary Quiz** Make-up skills, tests, practice previous skills.	50
Tue	5/7	Perform Skill #4 - Catheter Care for a Female Resident with Hand Washing. Text pg. 319	
Wed	5/8	Perform Skill #3 - Assisting Resident with the use of a Bedpan, Measure and Record Urine Output with Hand Washing. (Bedpan = Text pg. 288) (Output = Text pg. 275) (Hand washing = Text pg. 95)	
Thurs	5/9	Make-up skills, tests, practice previous skills.	
Mon	5/13	Perform Skill #10 - Modified Bed Bath – Face and One Arm, Hand, and Underarm. (Text pg. 203) *Wash in the proper order!!	
Tue	5/14	Perform Skill #7 - Dressing a Resident with an Affected (weak) Side (Dressing = Text pg. 225)	
Wed	5/15	Make-up skills, tests, practice previous skills.	
Thurs	5/16	Make-up skills, tests, practice previous skills.	
Fri	5/17	Clinicals at St. Francis Nursing Home 6:00am – 2:30pm (subject to change)	
Fri	5/24	Clinicals at St. Francis Nursing Home 6:00am – 2:30pm (subject to change)	

SKILL TASKS LISTING:

- #1 Applying an Anti-Embolic Stocking to One Leg
- #2 Assist Resident to Ambulate using a Gait Belt
- #3 Assisting Resident with the use of a Bedpan, Measure and Record Urine Output with Hand Washing
- #4 Catheter Care for a Female Resident with Hand Washing
- #5 Denture Care – Cleaning Upper or Lower Denture
- #6 Donning PPE (Gown & Gloves), Emptying a Urinary Drainage Bag, Measure and Record Urine Output and Remove PPE with Hand Washing
- #7 Dressing a Resident with an Affected (weak) Side
- #8 Feeding a Dependent Resident
- #9 Foot Care One Foot
- #10 Modified Bed Bath – Face and One Arm, Hand, and Underarm
- #11 Mouth Care – Brushing Resident's Teeth
- #12 Perineal Care for a Female Resident with Hand Washing
- #13 Position Resident in Bed on Side
- #14 Range of Motion for One Knee and One Ankle
- #15 Range of Motion for Shoulder
- #16 Transfer Resident from Bed to Wheelchair using a Gait Belt
- #17 Vital Signs – Count and Record Resident's Radial Pulse and Respirations