

Chisago Lakes Cross Country

Girls 4K Records

(Up through the 2014 Season. In 2015 girls varsity competition distance switched to the 5k)



14 Minute Club

Ariel Perkins	14:49	1999
Abbi Forsman	14:51	2012

15 Minute Club

Sarah Greene	15:05	2013
Kaylee Ryan	15:11	2010
Chelsea Johnson	15:15	2009
Danielle Vitali	15:45	2006
Caesare Stimson	15:46	1997
Stacey Anderson	15:47	1995
Rebekah Olinger	15:54	2013
Mary Cross	15:58	2009
Tresa Rongitsch	15:58	1997

16 Minute Club

Nicole Magnuson	16:05	1997
Jacquie Kiekhafer	16:13	1997
Taylor LaReau	16:14	2000
Clare McElrath	16:15	1994
Katie Christy	16:19	2012
Elizabeth Zemlin	16:25	2014
Kathryn Sistrunk	16:30	2014
Heather McElrath	16:36	1996
Amanda Rammer	16:37	2000
Emmy Wold	16:40	2009
Natalie Sandstrom	16:41	2014
Becky Pierce	16:43	1993
Kristina Westberg	16:52	2001
Leia Spicer	16:54	2013
Kelsey Sorensen	16:58	2010

17 Minute Club

Chrissy Vetter	17:02	1995
Liz Coulter	17:05	2012
Diana Sauerby	17:07	1996
Ali Fuller	17:23	2010
Madi Vukich	17:24	2012
Olivia Schweitzer	17:27	2014
Annika Dubbs	17:27	2014
Makayla Grote	17:43	2007
Becca Schmidt	17:43	2006
Kaite Johnson	17:49	2014
Erin Johnsen	17:56	1997
Courtney Cove	17:56	1993



18 Minute Club



Diana Williams	18:03	1993
Cheri Meizo	18:04	1994
Hannah Sapp	18:12	2010
Kalie French	18:13	1998
Brenna Hogan	18:20	1997
Laura Eastman	18:22	2006
Abby Collins	18:26	2011
Mariah Sistrunk	18:27	2014
Cathy Kedrowski	18:35	1994
Kendra Wilson	18:36	1994
Kayla Gibson	18:37	2011
Laura Peterson	18:43	1995
Cathy Hall	18:44	1993
Krya Danielowski	18:47	2010
Annette Pietruszewski	18:51	1995
Grace Sapp	18:51	2011
Julie Arnold	18:53	2004
Ashley Wilke	18:57	2002

