

# 11th Grade Parent Checklist

If you are a parent of a high school junior, please review this checklist on how to support them this year!

#### **SUMMER (BEFORE)**

• Encourage your student to take challenging courses for the upcoming year. Advanced courses show that students can handle high level coursework and workloads.

# **FALL**

- Encourage your student to meet with our office. We can help them to begin creating a postsecondary plan that aligns with their goals.
- Help them stay organized. They will need to have strong organizational and time management skills as they prepare for postsecondary life!
- Assist in preparing them for the <u>PSAT/NMSQT</u>. They may be taking the SAT in the spring if they
  are college bound!
- Have students take assessments that explore their values and interests. They can help students engage in self exploration and figure out what comes next after graduation!
- Ensure that your student sets goals for the year and monitor their progress. For those interested
  in college, the grades they receive junior year will be the ones that colleges and universities see
  first!
- Register them with the <u>NCAA Eligibility Center</u> if they are a student athlete.

### **WINTER**

 Continue to monitor your student's academic progress and help them stay organized. You can also help your student prepare for the SAT and other upcoming standardized tests (SAT subject tests, ACT, etc.).

#### **SPRING**

- Encourage your student to meet with our office. We can help them to begin creating a postsecondary plan that aligns with their goals.
- Help them search for colleges to create a preliminary list of colleges that they plan on attending.
- Get them ready for the <u>SAT</u> if they are planning on attending college.
- Work with them to create a brag sheet or resume that lists their academic accomplishments, extracurricular activities, and any work or volunteer experiences they have had in high school.



- Begin visiting colleges and college fairs with your student to get general information from colleges and start building a list of potential colleges.
- Assist your student to begin drafting their personal statement and college essays. They should have a draft ready so that they can make final edits over the summer and into the fall of their senior year!