

# Physical Activity

Date and time	Wednesday 7th of June, 13:30 - 15:00
Room	Room 101 (building 12)
Online joining link (if available)	<a href="https://cesnet.zoom.us/j/99385263661">https://cesnet.zoom.us/j/99385263661</a>
Chair	Zdenek Hamrik (Kwok Ng, co-leader of the FG had to cancel participation at the HBSC meeting at short notice)
Participants	<a href="#">Registered delegates</a> <i>Please update your list on the day with actual participants 17 participants, in the first half hour both from the Physical Activity FG and the Eating &amp; Dieting FG</i>

## Meeting goals

- To discuss future steps and working plan in relation to IR, planned trend publications, validation work, joint projects etc.

## Agenda

1. Welcome
2. Review past minutes and actions ([Autumn 2022](#))
3. PAFG International Report plans ([microsite](#), log in to your HBSC account to view); International Data Analysis - checking international dataset; Mini Report - workplan discussion, timeline, key findings.

The two FGs, “Physical Activity” and “Eating & Dieting”, will produce together two Mini Reports for Wave 2 to be published in November 2023. The two reports have to be finished by mid of August 2023. The format of the reports will be discussed; there is an example of a Mini Report available on the microsite.

Regarding the working title “Health-promoting behaviours” of the first mini-report, we suggest changing it, e.g. to “Physical Activity and Eating Behaviours”.

Regarding authorship, we suggest Zdenek and Kwok and somebody from the Eating & Dieting FG lead the mini-report production. Rosemarie from Austria and Leila from Estland volunteered to write some texts and review the reports. Anne-Siri from Norway volunteered to work in favour of the Eating & Dieting FG.

Regarding results to be shown in the Mini Reports, the focus will be on displaying descriptive results. Correlation analyses are probably not necessary.

It is suggested to have an online meeting to talk about the concept of the two mini-reports still in June and then present the drafts to Jo Inchley before starting the final production of the two reports.

4. International publications - trends supplement and papers; WHO PA estimates - Zdenek and Jo to lead; other planned publications - to discuss

Zdenek and Jo are in touch with WHO, who asked to support a publication with PA estimates. Maybe it is also possible to place some open-access articles in a journal supplement (e.g. "Adolescent Health" or "European Journal of Public Health") showing trends in physical activity. We could produce manuscripts with trend results using different cut-offs than usual (e.g. one day, 2-3 days) or with country comparisons.

Leila from Estonia informs participants about the Special Issue "Exercise and Physical Activity in Health Promotion" of the IJERPH (see HBSC members' site --> "Scientific papers" --> "Calls for papers"). The submission deadline is the 30th of September, 2023. It is an open-access journal, but you can ask for a discount.

5. Online meetings and seminars evaluation and feedback; discussion about next topic for online meetings/seminars

If there is a need or important questions to be discussed, we could also have FG online meetings in-between the two yearly HBSC network meetings. The webinars Kwok invited to were most welcome. If FG members have suggestions for specific topics (e.g. outdoor activities), they should contact FG leaders.

We still need to decide how to capture screen time as a mandatory variable in the future, so suggestions are most welcome.

The next ISPAH conference will take place in Paris in about 1.5 years. The network was asked to organise an HBSC symposium on physical activity. The deadline for abstract submission is in December 2023. The symposium is supposed to include 4 to 6 presentations.

6. Validation work - validation of new PA instrument for the next survey round; AHKGA collaboration, Czech-German-Austria project proposal for validation work (information about project proposal)

Zdenek informs about the new PA instrument of the "Active Healthy Kids Global Alliance" (AHKGA). This alliance includes 60 countries, where validation work of the new instrument is supposed to be done by examining the associations between the results of 500 questionnaires and 500 accelerometers in each country. A Czech-German-Austrian collaboration of HBSC teams has resulted in a project proposal asking for funding for this validation work; the decision is expected in Nov./Dec. 2023.

This new AHKGA instrument will be shared within the FG as soon as it is available. The long version of the instrument comprises four pages.

#### 7. AHKGA collaboration; memorandum of understanding

It may be helpful to have an AHKGA collaboration with regular meetings. “Active play” and “Time spent outdoors” have been under-researched so far and should get more consideration in the future and also in the HBSC-study.

## Actions

List action items from this meeting in the table below to monitor progress.

Actions	Responsible person	Due date
Arranging an online meeting to discuss the outline of the two mini reports	Leaders of the two FG	Week 24
Production of a draft of the two mini reports to present it to Jo Inchley	First authors of the two FG	Week 25

## Minutes

Minutes taken by Rosemarie Felder-Puig

## Quick links:

1. [Spring meeting microsite](#)
2. [Surveys microsite](#)
3. [International report microsite](#) (sign into your HBSC account to view)
4. [HBSC members' microsite](#)