

Multiracial Resources

[The Mixed Heritage Center](#)

- [Books for Mixed Heritage Children](#)

[Project Race](#)

[Two Mrs. Gibsons](#) by Toyomi Igus and Daryl Wells

Picture book

Age Range: 5-8

Grade Level: K-3rd

[Half & Half](#) by Lensey Namioka

Age Range: 7 - 13 years

Grade Level: 3 - 7

[Maria P.P. Root's "Bill of Rights"](#)

- [Original article](#)
- MS Multi-ethnic students can rewrite it to make it a more personal endeavor

[Kip Fulbeck's The Hapa Project](#)

[Part Asian, 100% Hapa](#), by Kip Fulbeck

[Mixed: Portraits of Multiracial Kids](#) by Kip Fulbeck

[Mixed Remixed Festival](#)

Videos (for MS/HS):

- ["I'm A Biracial Person Who..." | A Snapchat Story | chescaleigh](#)
- [The Struggle Of Being Mixed Race | BuzzFeed](#)
- [What It's Like To Be Ambiguously Ethnic | BuzzFeed](#)

[The Biracial and Multiracial Student Experience: A Journey to Racial Literacy](#)

Book for teachers

[The Beiging of America: Personal Narratives about Being Mixed Race in the 21st Century](#) by Cathy J.

Schlund-Vials (Editor), Sean Frederick Forbes (Editor), Tara Betts (Editor)

About belonging to more than one culture, language or ethnicity

[Strength of Soul](#) by Naomi Raquel Enright, out in April

On Facebook, narrative by a biracial teen:

[Uncover A/PIA by Colin Lucero-Dixon](#)

[Does Anybody Else Look Like Me? A Parent's Guide to Raising Multiracial Children](#) by Donna

Jackson Nakazawa

[Raising Mixed Race](#) by Sharon Chang

[When Half Is Whole: Multiethnic Asian American Identities](#) by Stephen Murphy-Shigematsu

Chapter 12: Racial, Ethnic and Cultural Groups -- Biracial/Multiracial Americans

1. Books

Canino, I.A. (1988). The transcultural child. In C. Kestenbaum & D. Williams (Eds.), *Clinical assessments on children and adolescents* (pp. 1024-1042). New York, New York University Press.

Gibbs, J.T. (1989). Biracial adolescents. In J.T. Gibbs, L.N. Huang, & Associates (Eds.), *Children of color: Psychological interventions with minority youth* (pp. 322-350). San Francisco: Jossey- Bass.

Johnson, R. (1992). Offspring of cross-race and cross-ethnic marriages in Hawaii. In M. Root (Ed.), *Racially mixed people in America* (pp. 239-249). Newbury Park, CA: Sage.

Kerwin, C., & Ponterotto, J.C. (1995). Biracial identity development. In J.G. Ponterotto, J.M. Casas, L.A. Suzuki, & C.M. Alexander (Eds.), *Handbook of multicultural counseling* (pp. 199-217). Thousand Oaks, CA: Sage.

Root, M.P. (Ed.). (1992). *Racially Mixed People in America*. Newbury Park, CA: Sage Publications.

Spickard, P.R. (1992). The illogic of American racial categories. In M.P.P. Root (Ed.), *Racially mixed people in America* (pp. 12-23). Newbury Park, CA: Sage.

Stephan, C.W. (1992). Mixed heritage individuals: Ethnic identity and trait characteristics. In M.P.P. Root (Ed.), *Racially mixed people in America* (pp. 50-63). Newbury Park, CA: Sage.

Thornton, M.C. (1992). The quiet immigration: Foreign spouses of U.S. citizens, 1945-1985. In M.P.P. Root (Ed.), *Racially mixed people in America* (pp. 64-76). Newbury Park, CA: Sage.

2. Journals

Brandell, J.R. (1988). Treatment of the biracial child: Theoretical and clinical issues. *Journal of Multicultural Counseling and Development*, 16, 176-187.

Kerwin, C., Ponterotto, J.G., Jackson, B.L. & Harris, A. (1993). Racial identity in biracial children: A qualitative investigation. *Journal of Counseling Psychology*, 40, 221-231.

LaFromboise, T., Coleman, H., & Gerton, J. (1993). Psychological impact of biculturalism: Evidence and theory. *Psychological Bulletin*, 114, 395-412.

Marrero, R. (1983). Bilingualism and biculturalism: Issues in psychotherapy with Hispanics. *Psychotherapy in Private Practice*, 1, 57-64.

Phinney, J., & Alipuria, L. (1996). At the interface of culture: Multiethnic/multiracial high school and college students. *Journal of Social Psychology*, 136, 139-158.

Poston, W.C. (1990). The biracial identity development model: A needed addition. *Journal of Counseling and Development*, 69 (2), 152-155.

Sung, B.L. (1985). Bicultural conflicts in Chinese immigrant children. *Journal of Comparative Family Studies*, 16(2), 255-270.

Vroegh, K.S. (1997). Transracial adoptees: Developmental status after 17 years. *American Journal of Orthopsychiatry*, 67, 568-575.