

Four-Out One-In Motion Offense "41"

Radius Athletics Four Out Spacing



High Elbows

Thirds (poping 1 & 4 (the screeners) line up just outside the laine time entended (high ebows)

NBA 3-point time spacing

"Squaring the top" - (Ring the high ebows



Real easies below the motion fine belongs to the posit.

Don't "tail chase" (one flash per possession, maybe).

Bel pin screens and back screens.

Learn what aids of the floor your posit is best on and leave them there!



Wins Spacing
Whips set up at or above the motion line -allows for a "technery go"
In transition they bounce off the bearing to the motion line
NBA 3-point line spacing.
Op below the motion line to:
set up and of Set the pair.



Spacing

Slots - 2'-3' wider than the lane line extended off the NBA three

Wings - At or slightly above the motion line

Post - The real estate below the motion line belongs to the post

Screening Rules

- 1. Screeners screen for cutters
- 2. Cutters can screen for one another
- 3. Only a cutter can screen for a post
- 1's, 4's & 5's are screeners
- 2's & 3's are cutters

Types Of Screens & Screening Angles

- 1. Diagonal Down Screen
- 2. Flare Screen
- 3. Pin Screen
- 4. Back Screen
- 5. Cross Screen
- Down Screen back to the top of the circle (ball)
- Flare Screen back to the near corner
- Pin Screen back to the near sideline
- Back Screen back to the rim
- Cross Screen back to sideline (ball)

Basic Cuts Off Screens

Inside Cuts

- 1. Curl Cut When defender trails
- 2. Back Cut When defender goes "too high, too soon"

Outside Cuts

- Out Cut When defender goes "ball side of the screen/shoots the gap"
- 2. Straight Cut When defender is taken out by the screen

Fill Cuts

- 1. Blast Cut
- 2. V-Cut

Exchanges

- 1. DHO
- 2. Shallow Cut
- 3. Loop

Vital Offensive Concepts

- Always SQUARE THE TOP
- "Change" the ball
- One count = shot, Two count = drive it/feed it, Three count = action
- Take the ball to the action via the dribble or the pass
- Time all screener/cutter action with the ball
- Ball on top > Ball on wing
- All screener/cutter action is an opportunity for BOTH the cutter AND the screener to score. Must get a cut and a second cut!
- Take lanes = always take the lane the defense gives you. Never fight the defense
- Read opposite = make the cut the defender "tells" you to make
- NATO = Not Attached To Outcome.... The proper read is what we value more than anything. Missing a shot off the correct cut/read > than making a shot off the incorrect cut/read
- Space and balance out of screener/cutter action
- Middle drives > Baseline drives

Screeners

- Screeners screen for cutters
- Square The Top with proper fill cuts
- Communicate your intention to screen verbally and nonverbally
- Follow "yardstick rule" when diagonal down screening
- Screener second cuts opposite the cutter. Slip and "Bust the Arc"
- Time screens with arrival of the ball in the "hot zone"
- Flare screen on airtime
- Recognize misalignment and imbalance and get it fixed
- Reverse the ball Change It!
- Basket cut to set up the down screen

- Screen first and THEN look for shot.
- Separate from the screen
- Rescreen
- Count Method on the catch!
- Achieve the correct screening angle
- Options after you pass: basket cut, replace yourself or screen

Cutters

- Must be able to make all four cuts to score
- Fill to the wings at or above the motion line
- Receive screens from screeners
- Call your cut
- Man-watch, not ball-watch
- Cutters can screen for one another
- Play at different speeds, "Have an act"
- Walk the arc to set up your cut, get "on plane"
- Run noseholes to noseholes with the screener
- Set up, wait, cut hard and late
- Get "into" your man before beginning the cut
- Square the top with blast cut or v-cut
- Commit to crispness
- Count Method on the catch!
- Use dribble fills to square the top (aka, take the ball to the action)
- At times, screen for the post
- Use dribble only to attack or improve passing angle
- "Read Opposite"
- Get the ball off the side of the floor quickly

- NATO Read the screen and make the play, do what defense tells you to do
- Fill appropriately on rip series
- At times, baseline cross

Posts

- RUN the Lifeline as hard as you can in every single transition offense opportunity
- "Hit & Spin" or "Chop Down & Seal" if you do not catch on the dead run in transition
- RULE ONE Always Face the Ball (18"-24" off the lane line)
- RULE TWO Hunt "Sweet Catches"
- RULE THREE Follow the ball to the second side, but after that you get one ball flash per possession.
- RULE FOUR Set up every flash and flash to a seal not a spot
- Get involved in the screening game with back screens & pin screens
- "Collect Trash"
- Look to seal your helping defender in the paint for sweet catches! Get more of your man.

For more on the step-by-step process of implementing this offense, check out RAMP. Drill progressions, sample practice plans, one-on-one and group teaching clinics (100% online!) and all drills and resources. Contact me for more details!