

Summer/Fall Athletics–Hayes to Beagle; Beagle to GLHS

Note: Registration for all middle school sports is NOT available until practices officially begin. Also, for all athletes, please be sure to review the last section of this document regarding sports physicals being up-to-date. Families in need should work with the athletic office regarding registration.

Athletics Contact Information: <https://grandledgecomets.org/AthleticDepartment>

Middle School Football:

1. 7-8th grade football camp: June 15-17th from 12-2 pm at the football stadium. Signup information is on the community rec website.
2. MS strength and speed training starts June 8th and runs through July 29th, Monday-Wednesday from 10-11 AM at the high school weight room and stadium (no class the week of June 29-July 3rd). This program is open to all incoming 7th and 8th grade boys and girls athletes. Signup information is on the community rec website.
3. Sign up for incoming 7th and 8th graders interested in playing football for the 2026 season will take place on July 29th at 7 p.m. in the HIGH SCHOOL Cafeteria.
Note: Equipment pick-up *may* happen during this initial sign-up meeting, or it may happen at a later date in August before the first day of practice.
4. First practice: August 17th

Middle School Cross Country:

1. Voluntary middle school strength and speed training starts August 3rd, 3x/week, 6:30-7:30pm, until school starts *tentatively*. This program is open to all incoming 7th and 8th grade boys and girl athletes. No registration for this is required; these are voluntary drop-ins.
2. Cross country start date/practice: August 17th, 2:45-4:15 pm, daily
3. Please reach out to Coach Matt Szydowski with any questions at szydowskim@glcomets.net or
4. Coach Darden (dardenj1@glcomets.net)
5. Team Reach Info: Message us through the TeamReach App using the Group Name: **Grand Ledge MS XC 2026 and Group Code: GLMSXC2026**

Middle School Volleyball:

1. Tryouts: August 17th, 2-3 days of tryouts. 8th Grade 3-5PM, 7th Grade 5-7PM Beagle Main Gym
2. MS Volleyball Camp July 13 - 15, 2026 HS Main Gym. See the link at the end of the document for more info on the camp this summer!

Golf GLHS (rising 9th)

The Girls Program will be holding open tryouts beginning Monday, August 10th for the 2026 fall season for both Varsity as well as JV Teams. We have always been a no cut sport at Grand Ledge HS for the past 10 years with the Varsity comprising of 7-8 and the JV the remaining eligible student athletes, so if your daughter has any interest in playing or learning golf, meeting new people and having some fun in the process come join the program and enjoy learning a lifelong sport while earning Athletic experiences, work ethic and being part of a team. If you are at all interested, we will have a few voluntary practice sessions over the summer to gauge your interest in the game of golf and see if this is a sport for your daughter. Our sessions are listed below and there is no cost to you or your daughter just show up with your own equipment (club or clubs) and a little hydration in case it is hot and we will help get you started;

June: Thursday 18th, Tuesday 23rd, Thursday 25th

July: Thursday 16th, Tuesday 21st, Thursday 23rd, Tuesday 27th, Thursday 30th

All sessions are strictly voluntary and you can come to as many as you like or as few as you like that is 100% up to you, your daughter and your summer schedules. All we ask is to bring your own equipment, some hydration, a willingness to learn and we will do the rest, again there is no cost to you for this training.

The training will take place at Grand Ledge Country Club driving range (left hand side) from 4:30 to 5:45 ish each day we have posted above.

The Varsity Head Coach and program contact person is Jeff Miller. If you have any questions regarding any aspect of the program, please feel free to reach out via email (jmilller20@faremrsagent.com) or by calling him directly at 517-449-7674 anytime and he will be happy to discuss the program.

Thank you, we look forward to seeing your daughters on the course this summer and GO COMETS!!!!

Girls' Swimming GLHS (rising 9th)

First Day of practice is August 10th

Please reach out to coach Marcie Flood for any questions

floodm@glcomets.net

Boys' Soccer GLHS (rising 9th)

Soccer summer workouts Monday-Friday 8-9:30am at the Track Complex

June 15th–June 28th, July 6th- July 31st.

Tryouts

August 10th - August 14th at the GL Community Stadium 3-5pm

Please bring extra water, running shoes, shin guards cleats

Do not need to bring in any soccer balls

Please reach out to coach Ben Adamson for any questions

benadamson05@gmail.com

Sideline Cheers GLHS (rising 9th)

Tryouts:

June 1: 5:30 PM – 7:30 PM

June 2: 5:30 PM – 8:00 PM

June 3: 3:30 PM – 8:30 PM (assigned 30-minute time slots)

[GLHS Sideline Cheer Tryout Form](#)

Please reach out to coach Faith Kulang for any questions

coachfaithk@gmail.com

Boys' Tennis GLHS (rising 9th)

No cut program

Join TeamReach to stay updated on communication and calendar of events.

Group Name - Grand Ledge HS Boys Tennis

Code - GLHSBoysTennis1

Player/Parent meeting - Friday May 29 @6pm in HS Cafeteria

Summer workouts - Hit & Lift M/Th/F 10:30-12pm (some variations depending on the week)

High School Camps

Session 1 - 6/15-6/19, 7-9pm

Session 2 - 7/13-7/17, 7-9pm

\$50 for one session, \$80 for both.

Season Practice Times

8/10-14

6-7am - Conditioning

3:30-6pm - Hitting Practice

8/17 until end of season

3:30-6pm practice

Please reach out to coach Mark Vandlen for any questions

vandlenm@glcomets.net

Girls' Volleyball GLHS (rising 9th)

Open gyms are Tuesday and Wednesday 5:30-7:30 starting June 9th.

There will be a NEW parent and player meeting on Wednesday, June 10th at 7:30pm at GLHS.

Summer program, camp and tryout information will be discussed.

Incoming freshmen camp is July 13-15th @ Ferris State University

First Day of tryouts are August 10th

Sign up for Tryouts: This is for coaches to be aware of who will be trying out for 2026 Volleyball.

[Volleyball Tryout link](#)

When: 08/10/2026 - 08/12/2026 (times TBD) Teams will be announced on August 12th.

Practices Begin: 08/13/2026

Fall Parent Meeting: After first practice on August 13th in the Grand Ledge High School cafeteria likely 7:30pm.

Please reach out to coach Matthew Cox for any questions

coxmatthew41@gmail.co

Boys' Cross Country GLHS (rising 9th)

Beagle 8th Grade Meeting May 29th - CNC

Summer Workouts - Beginning June 16th

Tuesday-Thursday 8-9:30 (Island Park - Downtown GL)

Camp July 27-30 - Camp Nissokone - Oscoda

TeamReach: GLXC2026

First Day of practice is August 10th

Please reach out to coach Mark Buckland for any questions

BucklandM@glcomets.net

Girls' Cross Country GLHS (rising 9th)

1. Summer Team Runs will be Tue, Wed and Thur Weekly from 8:00am-9:30am at the GL Track Complex.

2. These runs will begin Tue June 9th and continue through the end of July (21-23).

3. There will be no team runs on June 30-July 2 as this is MHSAA dead period.

4. Our Cross Country Team Camp will be July 27-30 in Oscoda, MI at Camp Nissokone. We encourage all team members to attend this camp for a great week of training and team culture building.

5. There will be a sign up and informational meeting at Beagle MS on Wed May 27th during CNC at approx 2:10PM, likely in Mr. Buckland's room. This meeting is for any girl interested in running High School Cross Country in the fall of 26.

First Day of practice is August 10th

8am Kent St door #26

Please reach out to coach Fred Hutchinson for any questions

hutchinsonF@glcomets.net

Team Reach: GLXC21

Boys' Football GLHS (rising 9th)

Strength and Speed Training start on June 8th, Monday-Thursday 8:15-9:15 AM

Sign up meeting is July 29th at 6 pm in the HS cafeteria

First Day of practice is August 10th

Please reach out to coach Joe Brya for any questions

bryaj@glcomets.net

Physicals

- MHSSA Physical Form
 - <https://www.mhsaa.com/sites/default/files/Administrators/physical2page.pdf?time=1747319315248>
 - Sports physicals can be uploaded here:
<https://docs.google.com/forms/d/e/1FAIpQLSc225C4DrijHq-vdZDmyXtKhgRkIF5hGvDsDkQ0Tdyfl49CnA/viewform?vc=0&c=0&w=1&flr=0>
 - All athletes must have a valid sports physical on or after April 15th, 2026 for fall and winter sports.
- Grand Ledge Health Center, located in GLHS, offers sports physicals throughout the summer.
 - <https://grandledgecomets.org/Article/131283>

Comet Athletics Summer Camps/Summer Track:

<https://www.glcomets.net/athletics/community-recreation/summer-sports-camps/>