

About Misty:

Misty Mattingly, RDH - Bio for SmileSip Podcast

Professional Bio

Misty Mattingly, RDH, is a visionary leader in dental hygiene with over 25 years of clinical experience, having started her career in dental care at just 14 years old. Currently serving as Chief Dental Hygiene Officer (CDHO) at Sage Dental, she oversees hygiene operations across 154 locations spanning Georgia, Florida, South Carolina, Tennessee, and Alabama.

Misty's exceptional leadership and innovation in the dental industry have earned her prestigious recognition, including the Women in DSO Award (2023), the OnDiem Change Maker Award, and placement on the Denobi Short List for both 2024 and 2025.

Professional Expertise & Roles

Chief Dental Hygiene Officer - Sage Dental (Jan 2023-present)

Podcaster & Host - Hygiene Happy Hour

Professional Speaker & Consultant - Specializing in operational efficiency and clinician skill enhancement

Product Developer and Researcher- Creating innovative solutions for the dental industry

Writer - Contributing to dental publications and industry content

Education & Certifications

Misty is a DISC trainer, a Dale Carnegie graduate, and holds certifications in Blue Point leadership, laser therapy, and anesthesia training. She serves as a board member of dentistry and as an examiner for CRDTS and ADEX. Committed to lifelong learning, she completes approximately 100 hours of continuing education annually.

SmileSip Leadership

As the leader of SmileSip USA, Misty is pioneering the introduction of the world's first oral health drink mix to the American market. Developed by Dr. Angie Lang in Australia, SmileSip represents a revolutionary approach to oral health - a science-backed, fluoride-free, prebiotic-powered drink mix that makes oral care both effective and enjoyable.

Under Misty's leadership, SmileSip is building a community of "Sipsters" - dental professionals and health-conscious individuals who are passionate about innovative oral health solutions. Her vision extends beyond just a product; she's

creating a movement that empowers people to take control of their oral health in a fun, accessible way.

Community Impact

Beyond her corporate responsibilities, Misty is deeply committed to community service, providing volunteer dental care in schools and nursing homes, and serving communities in need. Her dedication to expanding access to quality dental care reflects her core belief that everyone deserves excellent oral health.

Professional Networks & Recognition

Misty is an active member of professional organizations including Women in DSO and the American Dental Hygiene Association. Her expertise in legislative advocacy has led to opportunities such as developing proposals for expanded dental hygienist authority, including presentations to state leadership.

Misty Mattingly represents the future of dental hygiene - where clinical excellence meets innovation, and where passion for patient care drives industry transformation. Her work with SmileSip exemplifies her commitment to making oral health accessible, enjoyable, and effective for people of all ages.