

KRISTAL KENT'S BIO:

Kristal Kent is a disabled Army Veteran living with Fibromyalgia and served with the 256th Combat Support Hospital. After being medically discharged due to injuries, Kristal stayed on with her unit and volunteered for 2/12 years as the Family Readiness Group Leader, re-invigorating the program to become a supportive extension of the unit for the soldiers and their families. Kristal also worked in Social Services for 20 years in a variety of roles, from Adult Advocacy Coordinator, Patient Care Coordinator, Assertive Community Treatment Specialist, Benefits Coordinator and Supported Employment Services, assisting individuals with Intellectual Disabilities, Mental Health Conditions and Veterans alike.

As a Veteran living with Fibromyalgia, Kristal identified the lack of supports, healthcare options and education for those living with Fibromyalgia, especially Veterans. To address the gap in healthcare and community supports, Kristal founded the initiatives, "*The Fibromyalgia Pain Chronicles*" and "*Veteran Voices For Fibromyalgia*," to address the inequities in healthcare along with engage in VA Policy Advocacy, Legislative Advocacy and Systems Advocacy to emote positive change for those living with Fibromyalgia.

Kristal currently serves as a Board of Trustee for the Fibromyalgia Care Society of America, she previously served as a Board Member on the WEGO Health Patient Advisory Board and Cleveland Clinic's Patient Panel. Kristal is also a member of the Society For Participatory Medicine, WEGO Health's Patient Leader Network, a Co-op member of Savvy Cooperative and a member of the American Legion.

WEBSITE: [Home | My Site \(veteranvoicesforfibromyalgia.com\)](http://www.veteranvoicesforfibromyalgia.com)

SOCIAL MEDIA LINKS:

FACEBOOK:

The Fibromyalgia Pain Chronicles:

<https://www.facebook.com/FibroPainChronicles>

Veteran Voices For Fibromyalgia:

<https://www.facebook.com/VeteranVoices4Fibro>

INSTAGRAM:

Kristal @ The Fibromyalgia Pain Chronicles:

<http://www.instagram.com/thefibropainchronicles>

YOUTUBE:

The Fibromyalgia Pain Chronicles:

https://www.youtube.com/feed/my_videos

Veteran Voices For Fibromyalgia:

https://www.youtube.com/feed/my_videos

WEGO HEALTH: <https://app.wegohealth.com/Kristal>