

**KRI****ATA**AQUARIAN  
TRAINER  
ACADEMY

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## ATA – Trainer Role Descriptions

### Role Title: Professional

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#### Nature and Scope of Professional Role:

- Have a solid grasp of the training content, are proficient in Trainer Competencies, and are able to take charge of whole segments of the program.
- Qualified to teach, unsupervised, up to 80% of the program content in areas they are qualified to deliver and have been signed off by their mentor/team.
  - May continue to qualify for further Content Credits and Bench Hours (e.g. remaining 20% of the Units of Study).
- Participates in the planning and organization of the program per agreement with the Lead Trainer.
  - May be responsible for managing all classroom and logistical aspects for up to 80% of any single Level One training program, as part of a Training Team under direction of Lead Trainer.
- Professionals stay in relationship with a Mentor in order to continue their own development as trainers.
  - Yearly, complete a written [Individual Development Plan \(IDP\)](#) with a Mentor to show the competencies to be developed, how to develop them, and eventually document proficiency.
- A Trainer that has been in the Professional role for a minimum of three years and has met the other eligibility requirements, can choose to be part of a Peer Reflection Group in substitution for a Mentor. [Check all prerequisites and procedures here.](#)
- Continues to strengthen their technical training skills and develop Trainer Competencies required to manage larger aspects of the course, being able to handle more subtle and difficult aspects of the program and student development. (See the details on the required competencies in the document [“Professional Competency Evaluation Form”](#))
  - Need to develop the full range of Trainer Competencies if they intend to take on responsibilities and qualify as a Lead Trainer.
- Can [Sponsor](#) Interns and – when qualified through the [Mentoring Development Program](#) – can Mentor Interns, Associates, and Professionals.
- The Professional works as a full member of a Trainer Team to deliver a Level One program, reporting directly to the program’s Lead Trainer:
  - A Mentor may enlist Professionals to participate in developing and coaching Interns and Associates.
  - Operates with a true sense of teamwork to enhance the effective presence of the team as a whole and to lead and inspire Associates, Interns, and Students.
  - Supports and manages the course structures established to reinforce learning.
  - Holds students accountable to their commitments and responsibilities, including course requirements and/or financial obligations (in a compassionate manner).
  - Provides support and guidance with program advertising and promotion.
  - Understands all Level One Program Requirements outlined in the KRI program Contract, including student requirements for program completion. [L1 Program Admin checklist.](#)
  - Conducts effective pre-interview with prospective students and filters with discernment.

- KRI Requirements:
  - Level Two certified – [Request L2 certificate.](#)
  - Abides by the [KRI Code of Ethics and Professional Standards and Teacher policies](#) and represents the Golden Chain.
  - Recommended participating in the **EPS Anti Harassment training**, as available in trainer's language.
    - [CLICK HERE](#) for more details and to receive free access to this course.
  - Attends at least one major KRI, IKYTA or 3HO Event every year.
    - Attends a Trainer Forum, a Regional meeting or an ATA Global Summit at least once every two years.
  - Continues to teach Kundalini Yoga classes.
  - Maintains a current KRI Trainer License, renewed yearly.