



# DOGEN SEMINAR: Inspiration for Everyday Life (In Person and Online 2026) July 31–August 2, 2026

With Roshi Joan Halifax, Sensei Kazuaki Tanahashi, Steven Heine, Roshi Norman Fischer, Sensei Sokaku Kathie Fischer, Roshi Konjin Gaelyn Godwin and others.

**Bolded entries are in person and on Zoom. Blue entries (Sessions)** are in person and on Zoom; they are recorded and will be posted to the Online Resource Page. *Italicized entries* are in person sessions only.

All times are in U.S. **Mountain Daylight Time (MDT)**. Use this **Time converter** to determine your local start time for each session.

## This schedule is subject to change

### Friday, July 31

| 2:00-4:00 | Arrive/Check in for Dogen Seminar |
|-----------|-----------------------------------|
| 5:30      | Zazen                             |
| 6:30      | Dinner                            |
| 7:45      | Opening session                   |
|           |                                   |

Zazen & Liturgy

#### Saturday, August 1

7:00 a.m.

| 8:00      | Breakfast              |
|-----------|------------------------|
| 9:00      | Break                  |
| 10:30     | <b>Morning Session</b> |
| 1:00 p.m. | Lunch                  |
| 3:00      | Afternoon Session      |
| 5:30      | Zazen                  |
| 6:30      | Dinner                 |
| 7:45      | Night Session          |
|           |                        |

### Sunday, August 2

| Zazen & Liturgy                 |
|---------------------------------|
| Breakfast                       |
| Session                         |
| Dogen In Person Closing Council |
| Dogen Online Closing Council    |
| Samu & Room cleaning            |
| Lunch and departure             |
|                                 |