



Do you have a desire to teach and use the DRIPP name and branding? Below are all the requirements and information you will need. If you have questions and/or want to schedule a call about this process, please email Jen at info@dripppractice.com.

This document is intended to be informative and does not guarantee any outcome.

2025 DRIPP Instructor Requirements

1. Complete the DRIPP Deep Dive Course and any DRIPP Labs for the formats you desire.
 - May 14-19, 2026 (somewhere in UT or NorCal) will be the DRIPP Retreat and in-person DRIPP Lab that will cover DRIPP and DRIPP Primal formats. This 5 day experience is required for instructors to attend and complete.
2. Nurture a consistent DRIPPpractice for 1 year.
 - If you are new to DRIPP, it is suggested that you complete the Training, and take 6-12 months to get rooted into your personal practice before taking the DRIPP Labs
 - This can be a personal practice of your own doing, attending other instructor classes, following along to some free classes on the [DRIPP Patreon](#) to access more recorded DRIPP classes.
 - If you are already a seasoned DRIPP practitioner, feel free to take all the Training and the Labs back to back.
3. Be actively teaching Yoga, Pilates, or other group fitness/wellness classes
 - This assumes you are actively certified to teach, and at the time of your yearly assessment, a current certificate will be requested.
4. Have at least 2 years of general teaching and facilitation experience.

5. For each format you desire to teach (DRIPP - original feminine/sensual format, DRIPP Primal, Transitions & Functional Floorwork, Roll & Recover, Tricks, Whips, Flairs, & Booty Bouncing) you must teach a test-out class and send a link to the recording.
6. Apply for, schedule, and complete your Video Call Interview with Momma J to complete the certification process.
7. Execute the [DRIPPIN License Agreement](#)
8. Pay your yearly dues within a week of executing the agreement: \$111
 - o Optional Addon: \$55/year for a yourname@dripppractice.com email

How to remain in good standing throughout the year

(these are outlined in the DRIPPIN License Agreement as well):

1. Must maintain an active personal practice
2. Must teach DRIPP 6x/year to stay active
3. Must teach other formats 6x/year to stay active
4. Must abide by the parameters of a DRIPP Instructor

Benefits of being a Certified DRIPP Instructor:

1. Use of all trademarks, names, and logos
2. Gatherings every 3 months (four times per year)
3. Marketing via the DRIPP Mailing list
 - o Email your info and images to info@dripppractice.com by the 1st of each month to get included in the email that will be sent by the 15th of each month (some months an email may not be sent if there's nothing to update people on)
4. Co-marketing on DRIPP Instagram
5. Autonomy to run and market your classes as you wish
6. A listing on the DRIPP homepage that links to where people can find you/your classes.