

Telluride Lizard Heads Hockey Handbook

Last updated: September 1, 2023

THIS HANDBOOK

This handbook is designed to clarify what Telluride Lizard Head Hockey Club (TLHHC) expects from its athletes, coaches, volunteers and parents and what these participants can expect from TLHHC. While every possible issue cannot be addressed, TLHHC hopes this handbook will cover the basic principles. The TLHHC website at www.telluridehockey.com provides contacts and resources for further information.

TLHHC Mission

TLHHC was founded in 1998. Telluride Lizard Heads, dba Telluride Lizard Head Hockey Club, is a Colorado nonprofit corporation and a 501(c) (3) nonprofit organization. TLHHC's mission is the support and development of a regional amateur youth hockey program. TLHHC adopts the USA Hockey core values of sportsmanship, respect, integrity, pursuit of excellence, enjoyment, loyalty and teamwork.

Our goal: Create the Environment for kids to enjoy the sport of hockey.

TLHHC CODES & POLICIES

To advance the mission, vision, values and the ethical and legal integrity of TLHHC and ensure good governance practices, the TLHHC Board of Directors, from time to time, adopts or amends policies and codes of conduct. TLHHC abides by all USA Hockey and Colorado Amateur Hockey Association (CAHA) policies and procedures and bylaws. TLHHC Codes of Conduct and Policies ("Codes & Policies") are established to promote a healthy and respectful environment for TLHHC staff, athletes and volunteers. These Codes & Policies are not designed to be a basis for any civil or criminal liability. Only TLHHC, through its Board of Directors, has the right to enforce these Codes & Policies. Failure to enforce TLHHC Codes & Policies shall not create any liability on behalf of TLHHC or its representatives. TLHHC Codes & Policies are posted on the TLHHC website under Club Resources and consist of the following:

ThisHandbook
Concussion
Info SafeSport
Why Half Ice for Mites
USA Hockey ADM (American Development Model)
Play up Policy
Tryout Policy
Goaltender Policy and Procedure
Progressive Penalty Policy
Player/Coach/Parent Contract

USA HOCKEY

TLHHC is an affiliate of USA Hockey; all teams, players, coaches, officials, team managers, volunteers and Board of Directors must register with USA Hockey and CAHA annually. USA Hockey is a national organization with a primary emphasis on supporting grassroots hockey programs such as TLHHC. Additional resources are available on the USA Hockey website at www.usahockey.com.

Colorado Amateur Hockey Association (CAHA)

TLHHC is a member of CAHA as such all teams, coaches, players and board members must register with CAHA. Members, coaches, Board Members, Directors, certain players, volunteers and Officials shall complete SafeSport training annually and background screening every two seasons. CAHA has jurisdiction over all amateur hockey in the State of Colorado as defined in the most recent USA Hockey affiliate agreement. Additional resources and information including policy and procedures and bylaws are available on the CAHA website at www.caha.com.

TLHHC USA 1-T TEAM ROSTERS

All TLHHC members are required to have a USA Hockey number to be eligible to participate in TLHHC events (practices, games, tournaments, etc.)

Player Registration

All CAHA members are required to abide by the following player policies/procedures. Additionally, members with 8U, 10U, and/or 12U players must abide by the ADM policies/procedures contained in Sections 7, 8, and/or 9.

1. All players must be properly registered with USA Hockey before participating in any established member's events including tryouts, games, and camps held under the USA Hockey umbrella.

2. All players must be placed on a 1-T roster before the start of any game to include League, non-league, or tournament/jamboree games, against an opponent from another association.

3. Players participating in internal play only must be claimed by the association, but do not need to be placed on a 1-T roster.

TLHHC WHISTLE BLOWER POLICY PER CAHA POLICIES

A. A whistleblower as defined by this policy is a CAHA member, volunteer, executive committee member, or board member of CAHA who reports an activity that he or she considers to be illegal or dishonest to one or more other parties specified in this policy. The whistleblower is not responsible for investigating the activity or for determining fault or corrective measures; appropriate management officials are charged with these responsibilities.

B. Examples of illegal or dishonest activities are violations of federal, state, or local laws; billing for services not performed or for goods not delivered; and other fraudulent financial reporting.

C. If a member or volunteer has knowledge of or a concern of illegal or dishonest fraudulent activity, the member or volunteer is to contact the CAHA Treasurer and President who are responsible for investigation and coordinating corrective action. The member or volunteer must exercise sound judgment to avoid baseline allegations. A member or volunteer who intentionally files a false report of wrongdoing will be subject to discipline up to and including suspension.

D. Whistleblower protections are to cover two important areas: confidentiality and retaliation. Insofar as possible, the confidentiality of the whistleblower will be maintained. However, identity may have to be disclosed to conduct a thorough investigation, to comply with the law, and to provide accused individuals with their legal rights of defense. There shall be no retaliation against a whistleblower. This includes but is not limited to, protection from retaliation in the form of an adverse action such as suspension, fines, or threats of physical harm. Any whistleblower who believes he or she is being retaliated against must contact the CAHA Treasurer and President immediately. The right of the whistleblower for protection against retaliation does not include immunity for any personal wrongdoing that is alleged and investigated.

E. Members or volunteers with any questions regarding this policy should contact the CAHA President.

TLHHC DISPUTE RESOLUTION POLICY

In the event, any member of TLHHC has claims, demands, or disputes that impact ice hockey, members of TLHHC, or members of USA Hockey the following procedures shall be set forth. For disciplinary procedures, through on-ice penalties, suspensions, etc. shall follow CAHA bylaws (Section 10 – Disciplinary Actions, Hearings & Appeals).

1. Members who have disputes will refer to the 24-hour policy (non-Safesport related) on page 15 of the TLHHC handbook, code of conduct. If the dispute is outside of the on-ice hockey, members shall refer to step 5.

2. Members will contact the team managers with their claims, demands, or disputes

3. Managers will notify the coaches

4. Coaches will begin the process of rectifying the dispute between said parties

5. If the claim, or dispute, is a direct interaction between TLHHC /USA Hockey members not of on-ice, it will be brought directly to the Executive Director and governing TLHHC disciplinary committee

6. The Executive Director, along with the disciplinary committee will review the claims, demands, and disputes. If a resolution cannot be resolved in a timely matter, the committee will notify the TLHHC Board President to set a meeting convenient for all parties

7. If a further process is needed, TLHHC will seek an outside council to bring all claims, demands, and disputes to a conclusion

TLHHC/WCHL/CAHA RELEASE & TRANSFER POLICY (Per WCHL & CAHA)

WCHL PLAYER TRANSFER FORM

Per Western Colorado Hockey League (WCHL) Policies and Procedures, any player transferring from one Association to another Association or Team is required to obtain a Financial Release letter signed by the Association or Director from which the player was a member the previous season or from which the player is currently a member. The Financial Release letter must be presented to the Association Registrar, where the player is requesting the transfer. The letter must reflect that the player is in good

financial standing with the Association or Team from where the player is requesting the transfer. All player transfers from one Association or Team to another Association or Team must additionally comply with individual League rules. The request must also state why this player is seeking the transfer and be signed off by both (current and new) Association directors. All submissions are subject to approval. This form may be used instead of a letter to meet the Financial Release requirement before transferring a player from one Association or Independent Team to another.

Player Name: _____
Address: _____
Phone Number: (___) _____
Old Association/Team_____
Player/Parent Guardian Signature _____ Date: _____
Current Association Director Signature: _____ Date:_____ New Association Director Signature: _____ Date:_____

Please check one or the other: Does your current association have your player's specific age-appropriate team? Yes (___) or No (___) Reason for leaving the team?

_____
_____
_____
New Association/Team_____

This Financial Release identifies the subject player as in good financial standing with the Old Association/Team and authorizes the subject player to transfer to the New Association/Team. This Financial release is issued under the Bylaws, Rules, Regulations, and Guidelines of the Western Colorado Hockey League (WCHL).
Authorized Representative:_____(Printed Name) Authorized Signature: _____
Title/Position: _____

CAHA PLAYER TRANSFER FORM

Per Colorado Amateur Hockey Association (CAHA) Policies and Procedures, any player transferring from one Association to another Association or Team is required to obtain a Financial Release letter signed by the Association or Team President from which the player was a member the previous season or from which the player is currently a member. The Financial Release letter must be presented to the Association Registrar where the player is requesting the transfer. The letter must reflect that the player is in good financial standing with the Association or Team from where the player is requesting the transfer. All player transfers from one Association or Team to another Association or Team must

additionally be in compliance with individual League rules. This form may be used in place of a letter to meet the Financial Release requirement prior to transferring a player from one Association or Independent Team to another.

Players Name: _____(Last, First, MI)
Address:_____
Phone number:_____(Include Area Code)
Old Association/Team_____
New Association/Team _____

This Financial Release identifies the subject player as being in good financial standing with the Old Association/Team and authorizes the subject player to transfer to the New Association/Team. This Financial Release is issued pursuant to the Bylaws, Rules and Regulations, and Guidelines of the Colorado Amateur Hockey Association (CAHA).

Authorized Representative:_____(Printed Name)
Authorized Signature: _____
Title/Position: _____
Date: _____

CONFLICT OF INTEREST POLICY

All board members/directors to sign acknowledgement of this policy.

TLHHC Conflict of Interest Policy. It is in the best interest of the Telluride LIzard Head Hockey Club (TLHHC) to be aware of and properly manage all conflicts of interest. This Conflict of Interest Policy is designed to help board members, staff and volunteers of the TLHHC identify situations that present possible conflicts of interest and to provide the TLHHC with a procedure whereby such potential conflicts may be reviewed by an appropriate party when necessary. This policy is intended to supplement but not replace any applicable state and federal laws governing conflict of interest applicable to nonprofit and charitable organizations. 1. Conflicts of Interest Defined. In this Policy, a person with a conflict of interest is referred to as an “Interested Person.” For purposes of this Policy, the following circumstances shall be deemed to create a Conflict of Interest: a. A director, officer, employee or volunteer, including a board member (or family member of any of the foregoing) is a party to a contract, or involved in a transaction with the TLHHC for goods or services. b. A director, officer, employee or volunteer, (or a family member of any of the foregoing) has a material financial interest in a transaction between the TLHHC and an entity in which the director, officer, staff or volunteer, or a family member of the foregoing, is a director, officer, agent, partner, associate, employee, trustee, personal representative, receiver, guardian, custodian, or other legal representative. c. A director, officer, employee or volunteer, (or a family member of the foregoing) is engaged in some capacity or has a material financial interest in a business or enterprise that competes with the TLHHC. d. A director, officer, employee or volunteer, (or a family member of any of the foregoing) has an interest in the outcome of a disciplinary matter or investigation with the TLHHC. Other situations may create the

appearance of a conflict, or present a duality of interests in connection with a person who has influence over the activities or finances of the TLHHC. All such circumstances should be disclosed to the board or staff, as appropriate, and a decision made as to what course of action the organization or individuals should take so that the best interests of the TLHHC are not compromised by the personal interests of stakeholders in the organization. Gifts, Gratuities and Entertainment. Accepting gifts, entertainment or other favors from individuals or entities can also result in a conflict or duality of interest when the party providing the gift/entertainment/favor does so under circumstances where it might be inferred that such action was intended to influence or possibly would influence the interested person in the performance of his or her duties. This does not preclude the acceptance of items of nominal or insignificant value or entertainment of nominal or insignificant value which are not related to any particular transaction or activity of the TLHHC.

Definitions. a. A "Conflict of Interest" is any circumstance described in Part 1 of this Policy. B. An "interested person" is any person serving as an officer, member of the board of directors, staff or volunteer of the TLHHC or a major donor to the TLHHC or anyone else who is in a position of control over the TLHHC who has a personal interest that is in conflict with the interests of the TLHHC. C. A "family member" is a spouse, parent, child or spouse of a child, brother, sister, or spouse of a brother or sister, of an interested person. D. A "material financial interest" in an entity is a financial interest of any kind, which, in view of all the circumstances, is substantial enough that it would, or reasonably could, affect an interested person’s or family member's judgment with respect to transactions to which the entity is a party. e. A "Contract or Transaction" is any agreement or relationship involving the sale or purchase of goods or services, the providing or receipt of a loan or grant, the establishment of any other type of financial relationship, or the exercise of control over another organization. The making of a gift to the TLHHC is not a Contract or Transaction. 3. Procedures. a. Prior to board or committee action on a Contract or Transaction involving a Conflict of Interest, a director or committee member having a Conflict of Interest and who is in attendance at the meeting shall disclose all facts material to the Conflict of Interest. Such disclosure shall be reflected in the minutes of the meeting. If board members are aware that staff or other volunteers have a conflict of interest, relevant facts should be disclosed by the board member or by the interested person him/herself if invited to the board meeting as a guest for purposes of disclosure. b. A director or committee member who plans not to attend a meeting at which he or she has reason to believe that the board or committee will act on a matter in which the person has a Conflict of Interest shall disclose to the chair of the meeting all facts material to the Conflict of Interest. The chair shall report the disclosure at the meeting and the disclosure shall be reflected in the minutes of the meeting. c. A person who has a Conflict of Interest shall not participate in or be permitted to hear the board's or committee's discussion of the matter except to disclose material facts and to respond to questions. Such person shall not attempt to exert his or her personal influence with respect to the matter, either at or outside the meeting. d. A person who has a Conflict of Interest with respect to a Contract or Transaction that will be voted on at a meeting shall not be counted in determining the presence of a quorum for purposes of the vote. e. The person having a conflict of interest may not vote on the Contract or Transaction and shall not be present in the meeting room when the vote is taken, unless the vote is by secret ballot. Such person's ineligibility to vote shall be reflected in the minutes of the meeting. For purposes Page 3 of 3 TLHHC Conflict of Interest Policy of this paragraph, a member of the Board of Directors of the TLHHC has a Conflict of Interest when he or she stands for election as an officer or for re-election as a member of the Board of Directors. f. Interested

Persons who are not members of the Board of Directors of the TLHHC, or who have a Conflict of Interest with respect to a Contract or Transaction that is not the subject of Board or committee action, shall disclose to the Chair, or the Chair's designee, any Conflict of Interest that such Interested Person has with respect to a Contract or Transaction. Such disclosure shall be made as soon as the Conflict of Interest is known to the Interested Person. The Interested Person shall refrain from any action that may affect the TLHHC participation in such Contract or Transaction. In the event it is not entirely clear that a Conflict of Interest exists, the individual with the potential conflict shall disclose the circumstances to the Chair or the Chair's designee, who shall determine whether full board discussion is warranted or whether there exists a Conflict of Interest that is subject to this policy. 4. Confidentiality. Each director, officer, employee and volunteer shall exercise care not to disclose confidential information acquired in connection with disclosures of conflicts of interest or potential conflicts, which might be adverse to the interests of TLHHC Furthermore, directors, officers, employees and volunteers shall not disclose or use information relating to the business of TLHHC for their personal profit or advantage or the personal profit or advantage of their Family Member(s). 5. Administration of Policy. Each board member, staff and volunteer shall be provided with and asked to review a copy of this Policy and to acknowledge in writing that he or she has done so. a. Annually each director, officer, employee and volunteer shall complete a disclosure form identifying any relationships, positions or circumstances in which he or she is involved that he or she believes could contribute to a Conflict of Interest. b. This policy shall be reviewed annually by each member of the Board of Directors. Any changes to the policy shall be communicated to all staff and volunteers 6. Acknowledgement of Conflict of Interest Policy. The undersigned hereby acknowledges that he or she has read the TLHHC Conflict of Interest Policy, has had an opportunity to ask any questions that he or she may have about the policy, and understands and agrees to comply with the policy. Signature: _____ Date:_____ Print Name: _____ Position: _____

Additional resources and information including policy and procedures and bylaws are available on the CAHA website at www.caha.com

RELATIONSHIP WITH THE TOWN OF TELLURIDE

One of the biggest reasons for our success as an organization is the support we receive from the Town of Telluride, specifically, the Parks & Recreation Department. Thanks to the Town, TLHHC has access to a well constructed and maintained hockey arena. In return TLHHC provides a constructive youth hockey programs. TLHHC asks that all TLHHC parents, coaches and participants act as responsible guests, abide by Parks and Recs code of conduct, follow all Town rules concerning the Hanley Rink and make every effort to maintain and strengthen this vital relationship.

ATHLETE, STAFF & VOLUNTEER CODE OF CONDUCT

TLHHC athletes, staff and volunteers are required to follow the TLHHC Codes of Conduct and policies as well as the USA Hockey Codes of Conduct. In addition to these codes of conduct, TLHHC coaches are expected to adhere to the Coach's Code of Ethics and core values of USA Hockey. Breaches in any of these codes or policies may lead to disciplinary action.

USA Hockey Coaches' Code of Conduct

- Winning is a consideration, but not the only one, nor the most important one. Care more about the child than winning the game. Remember, players are involved in hockey for fun and enjoyment.

- Be a positive role model to your players. Display emotional maturity and be alert to the physical safety of players.

- Be generous with your praise when it is deserved; be consistent and honest; be fair and just; do not criticize players publicly; learn to be a more effective communicator and coach; don't yell at players.

- Adjust to personal needs and problems of players; be a good listener; never verbally or physically abuse a player or official; give all players the opportunity to improve their skills, gain confidence and develop self-esteem; teach players the basics.

- Organize practices that are fun and challenging for your players. Familiarize yourself with the rules, techniques and strategies of hockey; encourage all your players to be team players.

- Maintain an open line of communication with your players' parents. Explain the goals and objectives of your association.

- Be concerned with the overall development of your players. Stress good health habits and clean living.

- To play the game is great, to love the game is greater

USA Hockey and TLHHC Parent's Code of Conduct

TLHHC athletes' success depends on the positive involvement of family as well as TLHHC staff. TLHHC needs parents to help us create the best possible environment for its young athletes. All TLHHC parents must abide by the following:

- Do not force your children to participate in sports, but support their desires to play their chosen sports.
  Children are involved in organized sports for their enjoyment. Make it fun.

- Encourage your child to play by the rules. Remember, children learn best by example, so applaud the good plays of both teams.

- Do not embarrass your child by yelling at players, coaches or officials. By showing a positive attitude toward the game and all of its participants, your child will benefit. Respect the officials and their authority during competitions and to never question, discuss, or confront coaches at the rink or at an event. Take time to speak with coaches at an agreed upon time and place.

- Emphasize skill development and practices and how they benefit your young athlete. De-emphasize games and competition in the lower age groups.

- Know and study the rules of the game and support the officials on and off the ice. This approach will help in the development and support of the game. Any criticism of the officials only hurts the game.

- Applaud a good effort in both victory and defeat, and enforce the positive points of the game. Never yell or physically abuse your child after a game or practice – it is destructive. Work toward removing the physical and verbal abuse in youth sports. Never ridicule or yell at your child or other participants for making a mistake or losing a competition.

- Recognize the importance of volunteer coaches. They are important to the development of your child and the sport. Communicate with them and support them.

- If you enjoy the game, learn all you can about hockey – and volunteer.

- Be a positive role model and encourage sportsmanship by showing respect and courtesy, and by demonstrating positive support for all athletes, coaches, officials, and spectators at every practice or competition.

- Promote the emotional and physical wellbeing of the athletes ahead of any personal desire the parent may have for the parent's own child to win.

- Demand an environment at TLHHC activities that is free from drugs, marijuana, tobacco, and alcohol and to will refrain from their use at all TLHHC events.

- Demand that your child treat other athletes, coaches, officials and spectators with respect regardless of race, creed, color, sex or ability.

- Refrain from coaching your child or other athletes during competitions and practices, unless you are one of the official coaches of the team.

- Remind your child that school comes first and respect the recommendations of the child's teachers and coaches in academic and athletic planning.

- Inform TLHHC of all existing medical conditions which could affect your child's safety or participation.

USA Hockey Player's Code of Conduct

- Play for fun.
- Work hard to improve your skills.
- Be a team player – get along with your teammates.
- Learn teamwork, sportsmanship and discipline.
- Be on time.
- Learn the rules and play by them. Always be a good sport.
- Respect your coach, your teammates, your parents, opponents and officials.
- Never argue with an official's decision.

USA Hockey Spectator's Code of Conduct

- Display good sportsmanship. Always respect players, coaches and officials.
- Act appropriately; do not taunt or disturb other fans; enjoy the game together.
- Cheer good plays of all participants; avoid booing opponents.
- Cheer in a positive manner and encourage fair play; profanity and objectionable cheers or gestures are offensive.
- Help provide a safe and fun environment; throwing any items on the ice surface can cause injury to players and officials.
- Do not lean over or pound on the glass; the glass surrounding the ice surface is part of the playing area.
- Support the referees and coaches by trusting their judgment and integrity.
- Be responsible for your own safety – be alert to prevent accidents from flying pucks and other avoidable situations.
- Respect locker rooms as private areas for players, coaches and officials.
- Be supportive after the game – win or lose. Recognize good effort, teamwork and sportsmanship.

TLHHC Code of Conduct:
Participation in TLHHC is a privilege that can be revoked. Each member is an ambassador of TLHHC both on and off the ice rink. Each member shall engage in conduct at all times in a manner as to bring credit and dignity to TLHHC. Specific rules of conduct include, but are not limited to the following:

1. Athletes, staff and volunteers shall conduct themselves in a manner that will not bring disrespect, discredit or dishonor to themselves, their teammates, TLHHC, CAHA, and USA Hockey, the Town of Telluride or any organizer of events in which they participate.

2. Athletes, staff and volunteers shall abstain from the use of illegal drugs, consumption of alcohol and any form of marijuana or tobacco while involved in any TLHHC-related activity (i.e. training or competition). Use of these substances by athletes in non-club related activities may also be considered a breach of the TLHHC Code of Conduct.

3. Athletes, staff and volunteers shall abstain from the use of profane or abusive language.

4. Athletes, staff and volunteers shall show self-control and have consideration for others.

5. Athletes, staff and volunteers shall respect the property of others whether personal or private.

6. Athletes, staff and volunteers shall respect members of their team, other teams, spectators and officials and engage in no form of verbal, physical or sexual harassment or abuse.

7. No athlete, staff member or volunteer will engage in any form of hazing or bullying.

8. Athletes, staff and volunteers shall abide by all regulations of the Town of Telluride and act responsibly while on Town property.

9. Athletes and staff shall adhere to all other TLHHC safety and training policies.

DRUG, ALCOHOL & NICOTINE POLICY
TLHHC will not tolerate the use of drugs, marijuana, alcohol or nicotine (this includes smoking or vaping) while participating in TLHHC activities. TLHHC will strive to provide an environment free of drugs, marijuana alcohol and nicotine for athletes and staff.

RISKS & NEED FOR POLICY
Underage drinking and drug use (including marijuana) is against the law. It is against the law to sell

tobacco to individuals under the age of 18. Substance use negatively impacts athletic and academic performance, and research indicates that early onset of alcohol use increases the occurrence of addiction in adulthood by four

times. Additionally, there is a growing body of research that indicates that the use of tobacco products increases the likelihood of using/abusing alcohol. Alcohol and drug use interferes in learning processes, brain development and increases the chance of physical injury while participating in athletic competition. As a result of the risks associated with youth substance use, the National Standards for Youth Sports adopted by the National Youth Sports Coaches Association states: "Parents must encourage a drug, tobacco and alcohol-free environment for their children" and youth sports organizations must "establish policy and implementation procedures for immediately dealing with substance use by coaches and players and communicate these policies to coaches, players, and parents."

ATHLETES & STAFF -- ABSTAIN FROM DRUGS, ALCOHOL & TOBACCO
All TLHHC athletes and staff (including coaches) shall abstain from the use of illegal drugs, marijuana, consumption of alcohol and any form of nicotine while involved in any club related activity; this includes all aspects of team practices and competition activities.

DRUG, MARIJUANA, ALCOHOL & TOBACCO FREE FACILITIES
The Hanley Rink is a "Drug, Marijuana, Alcohol and Tobacco/Nicotine Free Zone" during youth hockey activities.

VIOLATION
Violation of this policy will result in disciplinary action, and law enforcement may be notified. Being under the influence of the above substances while involved in club related activities, or being in possession of paraphernalia for the use of the same, is also deemed a violation of these rules.

TESTING
TLHHC reserves the right, for cause, to require any athlete or staff member to submit to a drug test and/or counseling to determine the use of drugs or alcohol. The cost of the test shall be paid for by TLHHC. Failure to submit to a test shall result in the loss of all membership privileges. These services are provided to protect the athlete's rights. The coaches, staff and Board of TLHHC are dedicated to providing a positive and rewarding experience for all its members. It is only with the help of the members themselves that this can be achieved.

TRAVEL
TLHHC and TLHHC coaches do not and will not offer travel, food or lodging services. Parents are expected to bring TLHHC athletes to TLHHC competitions, or to arrange for travel with other parents.

CONCUSSIONS
In order to help protect TLHHC athletes and to comply with the laws of Colorado and the recommendations from USA Hockey, TLHHC adopts the USA Hockey policies and guidelines for concussions. These can be found at www.usahockey.com/safety-concussion See also the article entitled "Prevent Concussions" located on the USA Hockey website at http://www.usahockey.com/news_article/show/275912?referrer_id=908034

COLORADO LAW
Colorado's new concussion legislation, took effect on January 1,

2012. The new law requires:

- If a concussion is suspected, young athletes (between the ages of 11-18) must be removed from athletic practice and/or competition;
- The removed athlete will need written medical clearance to return to practice; and
- After medical clearance is obtained, athletic trainers can supervise the athlete's return to practice/competition. ABOUT CONCUSSIONS

Concussions are brain injuries, and all brain injuries are serious. They may be caused by a bump, blow, or jolt to the head, or by a blow to another part of the body with the force transmitted to the head. They can range from mild to severe and can disrupt the way the brain normally works. Even though most concussions are mild, all concussions are potentially serious and may result in complications including prolonged brain damage and death if not recognized and managed properly. In other words, even a "ding" or a bump on the head can be serious. One cannot see a concussion, and most sports concussions occur without loss of consciousness. Signs and symptoms of concussion may show up right after the injury or can take hours or days to fully appear.

RISK OF CONTINUED PARTICIPATION

A repeat concussion that occurs before the brain recovers from the first—usually within a short period of time (hours, days, or weeks)—can slow recovery or increase the likelihood of having long-term problems. In rare cases, repeat concussions can result in edema (brain swelling), permanent brain damage, and even death.

TLHHC recommends that parents, coaches and athletes review the Center for Disease Control's resources on concussion awareness at the following link:

http://www.cdc.gov/concussion/HeadsUp/online_training.html

CONCUSSION POLICY

Any TLHHC athlete or other participant suspected of having sustained a concussion or traumatic brain injury must be removed immediately from participation in training, practice, camps, competitions or tryouts by the coach overseeing such event. The participant will be prohibited from further participation until evaluated and cleared in writing to resume participation by a qualified health care provider trained in the evaluation and management of concussive head injuries. The health care professional must certify to TLHHC in the clearance letter that the evaluator has successfully completed a continuing education course in the evaluation and management of concussive head injuries within three years of the day on which the written statement is made. Upon removal of a participant from participation for a suspected concussion or traumatic brain injury, the coach making the removal must inform the TLHHC Board. Participants who have subsequently been medically cleared to resume participation must provide such medical clearance (as described above) to TLHHC in order to be permitted to participate in future TLHHC activities. This policy is in compliance with USA Hockey's concussion management and Return to play guidelines (see USA Hockey website)

HELMETS

The safety and welfare of TLHHC athletes and employees is of the utmost concern to TLHHC. To help staff and athletes, TLHHC requires the use of helmets as follows:

PROTECTIVE GEAR and UNIFORM -- ATHLETES

Appropriate full hockey protective gear is mandatory for all athletes for practice sessions and games.

Full hockey protective gear is defined as an appropriate hockey helmet, as well as elbow and shin pads, gloves, chest protector and breezers. Goalies shall wear full goalie gear including additional padding and protective gear. No

athlete will be allowed on the ice without full hockey protective gear. No exceptions. TLHHC mandates the use of full hockey protective gear for all program participants regardless of age ability and accomplishments.

TLHHC uniform requirements for league play:

All skaters participating in league play are expected to have home and away jerseys and socks Home and away jeresy numbers should match
All breezers are to be
black All helmets are to be
black

HELMETS -- COACHES
All TLHHC coaches are required to wear helmets when on duty with TLHHC and coaching on the ice.

HEADPHONES
TLHHC prohibits the use of headphones or ear buds during training and competitions for the safety of all participants.

DISCIPLINARY POLICY

DISCIPLINE PROCEDURES TOWARDS ATHLETES
TLHHC's primary objective in all discipline procedures will focus on respect for coaches, parents, teachers, personal and club equipment/facilities as well as each other. Respect is the foundation from which TLHHC can develop athletes both on and off the ice. This overall personal development is critical to the success of TLHHC athletes and the club in general.

TLHHC coaches will always make every effort to set up teams for successful

experiences. Some factors TLHHC considers when striving to create such an

environment are:

1. USA Hockey mandated age groups.

2. TLHHC will consider allowing certain individuals to "play up" (participate with an older age group) as outlined in TLHHC's "play-up policy".

3. TLHHC will consider allowing certain individuals to "play down" (participate with a younger age group) depending upon ability. However, such individuals will be permitted to practice only. Such individuals will not be permitted to play in games.

4. If there is more than one team per age group, TLHHC will implement the clubs "Tryout Policy"

"Don't go through life without goals"
Hockey saying

One of the most important aspects of discipline is to be sure that the individual being disciplined clearly understands what behavior was unacceptable. The consequences of the individual's actions will be clear and consistent throughout the club and in line with the TLHHC mission statement.

Two things TLHHC strives to remember are:

1. Criticize the act, not the person.

2. The purpose of discipline is to change the behavior.

The objective of discipline and follow up of unacceptable behavior is to teach acceptable alternative behavior. Each athlete must learn from disciplinary experiences in a positive manner, which will result in the athlete's continued growth within TLHHC. TLHHC's task is to work with the athletes to build character and sportsmanship, and to become strong individuals. This goal will always be kept in mind when suspension of privileges or disciplinary action is enforced.

While TLHHC cannot name every specific situation, TLHHC can provide some guidelines for situations that require immediate intervention. TLHHC has adopted both the Safesport Program and these policy and procedures to provide guidance for our coaches and the hockey director both on and off the ice. Each situation will be evaluated on a case to case basis.

<u>Category I Offenses</u>:

An athlete is late
Foul language; Is disruptive to the group
Shows lack of respect for coaches, athletes, teachers, parents, or assignments

<u>Category II Offenses</u>:
Abuses teammate or another
verbally Leaves ice without
permission
Violates locker room privacy rules including cell phone/electronic device
use. Uses another athletes or coach's equipment without permission

<u>Category III Offenses</u>:
Abuses teammate or another physically
Posting social media private photos of another person involved with
TLHHC Destroys or attempts to destroy club or another's property
Violated TLHHC Substance Policy

This Handbook outlines TLHHC's expectations for its athletes, coaches and parents. If a participant does not meet the appropriate obligations and expectations, then TLHHC is obligated to invoke disciplinary action. In all cases it is TLHHC policy to notify parents of any discipline actions taken.

Required actions are outlined below:

Category I Offense:

First Time Offense:
The athlete may be required to sit on the bench, as determined appropriate by the coach. This punishment may be for the entire practice/game, or for a portion of the practice/game.

Second Time Offense:
Sit out the entire practice/game on the bench. One additional game

suspension. Third Time Offense:

One (1) week suspension of practice privileges. Notify parents and recommend one (1) weekend of games also be revoked. Meet with parents to discuss recommendations to correct the behavior.

Any further infractions shall result in additional weekly suspensions and meetings with parents and coach until an acceptable action plan can be agreed upon in an attempt to correct the behavior.

Category II Offense:

First Time Offense:
No practice or game that day, on bench for the entire practice and game. Notify parents.

Second Time Offense:
One (1) week suspension of practice privileges. Notify parents and recommend one (1) weekend of games also be revoked. Meet with parents to discuss recommendations to correct the behavior.

Third Time Offense:
Two (2) week suspension of club privileges. Notify parents and recommend two (2) weekends of games also be revoked. . Meet with parents to discuss recommendations to correct the behavior.

Any further infractions shall result in suspension of club privileges for the season and more if deemed necessary by the parents and the coach. Additional corrective action shall be agreed upon by all parties involved.

Category III Offense:
These offenses are much more serious.

Physical abuse is illegal. The coach and parents will be notified. Corrective action plan and the decision of whether the authorities will be notified will be made by all parties involved.

Destruction of property is considered vandalism. Suspension of club privileges is required. The coach and parents will be notified. Corrective action plan and the decision of whether the authorities will be notified will be made by all parties involved.

Use of drugs or alcohol is illegal. Suspension of club privileges is required. The coach and parents will be notified. Corrective action plan and the decision of whether the authorities will be notified will be made by all parties involved.

First Time Offense:
Two (2) week suspension of club privileges. The coach and parents will be notified. Meet with parents to discuss recommendations to correct the behavior.

Second Time Offense:
One (1) month suspension of club privileges. The coach and parents will be notified. Meet with parents to discuss recommendations to correct the behavior.

Third Time Offense:
One season suspension of club privileges. Extreme cases of drug or alcohol abuse may include, but are not limited to, excessive use, selling, distributing, etc. and may merit notification of the proper authorities and permanent expulsion from club activities. The coach and parents will be notified.

Any further infractions shall result in suspension from club privileges for the season and more if deemed necessary by the parents and coach. Additional corrective action shall be agreed upon by all parties involved.

COACHES' CODE OF ETHICS

INTRODUCTION This USA Coaching Ethics Code ("Code") intends to provide standards of ethical conduct for coaches involved with USA Hockey and its member organizations. It provides General Principles and Ethical Standards which cover many situations encountered by coaches, with its principle goals the welfare and protection of participants with whom coaches work. Coaches will respect and protect human and civil rights and not knowingly participate in or condone unfair discriminatory practices.

GENERAL PRINCIPLES COMPETENCE Coaches will maintain a standard of excellence with regard to education and information related to coaching and make an on-going effort to maintain competence in the skills they use.

INTEGRITY Coaches will exercise integrity in the practice of coaching and be honest, fair and respectful of others.

PROFESSIONAL RESPONSIBILITY Coaches will uphold professional standards, clarify professional roles and obligations, accept appropriate responsibility for behavior and adapt methods to the needs of participants.

RESPECT FOR PARTICIPANTS Coaches will respect the fundamental rights, welfare, dignity, values, opinions and worth of all participants and will be aware of cultural and individual differences including those due to age, gender, race, ethnicity, national origin, religion, sexual orientation,

disability, language and socio- economic status.

CONCERN FOR PARTICIPANTS Coaches will be sensitive to different roles and responsibilities of all participants and not exploit or mislead them. RESPONSIBLE COACHING Coaches will be aware of ethical responsibilities to society and the community in which they work and live as well as comply with the law and encourage the development of policies which serve the interest of the sport and USA Hockey.

ETHICAL STANDARDS APPLICABILITY OF THE ETHICS CODE although many aspects of personal behavior and private activities may seem far removed from the official duties of coaching, Coaches will be sensitive to their positions as role models for participants and will consistently obey the standards of the Code.

DISCRIMINATION Coaches will not engage in or condone discrimination based upon age, gender, race, ethnicity, national origin, religion, sexual orientation, disability, language, socioeconomic status or any other basis prescribed by law.

SEXUAL HARASSMENT Coaches will not engage in sexual harassment which includes but is not necessarily limited to sexual solicitation, unwelcome physical advances and verbal or non-verbal conduct. Coaches will not deny any participants the right to participate in any activity based upon their having made or their being the subject of a sexual harassment claim.

HAZING/BULLYING Coaches will not engage in or condone behavior which is harassing, harmful or demeaning to participants.

PERSONAL PROBLEMS AND CONFLICTS Coaches will recognize a personal problem may harm participants. Coaches have an obligation to take reasonable steps to prevent impaired performance by recognizing a personal problem and seeking assistance for it.

AVOIDING HARM Coaches will take reasonable steps to avoid harm being caused to participants whether it be physical, verbal or through electronic/social media.

MISUSE OF INFLUENCE Coaches will guard against the misuse of influence and understand any action or judgment may have an effect on participants.

OUTSIDE RELATIONSHIPS Coaches will refrain from entering into personal, professional, financial or other relationships with anyone if such a relationship may impair objectivity, interfere with properly performing coaching functions or directly or indirectly exploit or harm participants. Coaches will refrain from taking on obligations if a pre-existing relationship may create a conflict of interest.

EXPLOITATION Coaches will not exploit or have a sexual or intimate relationship with participants.

STATEMENTS Coaches will not make a statement which is deceptive, false, fraudulent or misleading.

COMMUNICATION WITH PARTICIPANTS To avoid any misunderstanding with participants, coaches will discuss the nature and course of training with them and answer any questions they may have.

RELATIONSHIP INVOLVING COACHES, PARTICIPANTS AND PARENTS Coaches will clarify the

role of each party and any service provided relative to a relationship with participants and parents.

ALCOHOL, DRUGS AND TOBACCO Coaches will refrain from using and discourage the availability or use of alcohol, tobacco, vaping or performance enhancing or recrea?onal drugs in conjunc?on with, including traveling to or from, any USA Hockey compe??on, training or prac?ce session and prohibit the use of alcohol, tobacco or performance enhancing or recrea?onal drugs by par?cipants.

GAMBLING Coaches will refrain from and prohibit gambling of any kind in conjunction with, including traveling to or from, any USA Hockey competition, training or practice session.

PORNOGRAPHY Coaches will refrain from and prohibit the use of pornographic or sexually explicit material in conjunction with any USA Hockey competition, including travel to or from any USA Hockey competition, training or practice session.

RECRUITING Coaches will not recruit a participant who is already a member of another USA Hockey team. Direct contact by a coach or his/her staff or indirect contact through an agent or parent during the playing season with a participant who is a member of another USA Hockey team is considered tampering and is prohibited.

EVALUATING PARTICIPANTS Coaches will evaluate participants on actual ability, attitude and performance and in a manner consistent with the Code.

RESOLVING ISSUES:

TLHHC DISPUTE RESOLUTION POLICY

In the event, any member of TLHHC has claims, demands, or disputes that impact ice hockey, members of TLHHC, or members of USA Hockey the following procedures shall be set forth. For disciplinary procedures, through on-ice penalties, suspensions, etc. shall follow CAHA bylaws (Section 10 – Disciplinary Actions, Hearings & Appeals).

1. Members who have disputes will refer to the 24-hour policy (non-Safesport related) on page 15 of the TLHHC handbook, code of conduct. If the dispute is outside of the on-ice hockey, members shall refer to step 5.

2. Members will contact the team managers with their claims, demands, or disputes

3. Managers will notify the coaches

4. Coaches will begin the process of rectifying the dispute between said parties

5. If the claim, or dispute, is a direct interaction between TLHHC /USA Hockey members not of on-ice, it will be brought directly to the Executive Director and governing TLHHC disciplinary committee

6. The Executive Director, along with the disciplinary committee will review the claims, demands, and disputes. If a resolution cannot be resolved in a timely matter, the committee will notify the TLHHC Board President to set a meeting convenient for all parties

7. If a further process is needed, TLHHC will seek an outside council to bring all claims, demands, and disputes to a conclusion

FAMILIARITY WITH CODE Coaches will be familiar with the Code. Lack of awareness or misunderstanding of general principles or ethical standards included in the Code will not excuse violations of the Code.

CONFRONTING ISSUES Coaches will consult with other coaches and hockey coordinator (s) when they are uncertain if a particular situation or course of action violates the Code.

ORGANIZATIONAL CONFLICTS Coaches will clarify the nature of any conflict between the demands of an organization and the Code, make known their commitment to the Code and seek to resolve the conflict in a way which adheres to the Code.

REPORTING VIOLATIONS Coaches will inform participants of any perceived violation of the Code and their right to report any violation to the president or other appropriate designee of their association and complete an Ethical Violation Form provided by the association. Any violation of the Code shall be addressed via the process explained in USA Hockey Bylaw 10 and referred to the appropriate law enforcement agency as required.

COOPERATION WITH INVESTIGATIONS, PROCEEDINGS AND RESOLUTIONS Coaches will cooperate
with any investigation, proceeding or resolution related to a perceived violation of the Code as mandated by USA Hockey or any of its member organizations. Failure to cooperate in itself is a violation of the Code.

ACKNOWLEDGEMENT Coaches acknowledge the USA Hockey Coaching Ethics Code is administered under the authority of USA Hockey and its member organizations. Any violation of the Code subjects the violating coach (es) to the disciplinary processes of USA Hockey and its members affiliates.

TLHHC CONFLICT of INTEREST POLICY It is in the best interest of the Telluride Lizard Head Hockey CLub (TLHHC) to be aware of and properly manage all conflicts of interest. This Conflict of Interest Policy is designed to help board members, staff and volunteers of the GSYHA identify situations that present possible conflicts of interest and to provide the GSYHA with a procedure whereby such potential conflicts may be reviewed by an appropriate party when necessary. This policy is intended to supplement but not replace any applicable state and federal laws governing conflict of interest applicable to nonprofit and charitable organizations. 1. Conflicts of Interest Defined. In this Policy, a person with a conflict of interest is referred to as an “Interested Person.” For purposes of this Policy, the following circumstances shall be deemed to create a Conflict of Interest: a. A director, officer, employee or volunteer, including a board member (or family member of any of the foregoing) is a party to a contract, or involved in a transaction with the GSYHA for goods or services. b. A director, officer, employee or volunteer, (or a family member of any of the foregoing) has a material financial interest in a transaction between the GSYHA and an entity in which the director, officer, staff or volunteer, or a family member of the foregoing, is a director, officer, agent, partner, associate, employee, trustee, personal representative, receiver, guardian, custodian, or other legal representative. c. A director, officer, employee or volunteer, (or a family member of the foregoing) is engaged in some capacity or has a material financial interest in a business or enterprise that competes with the GSYHA. d. A

director, officer, employee or volunteer, (or a family member of any of the foregoing) has an interest in the outcome of a disciplinary matter or investigation with the GSYHA. Other situations may create the appearance of a conflict, or present a duality of interests in connection with a person who has influence over the activities or finances of the GSYHA. All such circumstances should be disclosed to the board or staff, as appropriate, and a decision made as to what course of action the organization or individuals should take so that the best interests of the GSYHA are not compromised by the personal interests of stakeholders in the organization. Gifts, Gratuities and Entertainment. Accepting gifts, entertainment or other favors from individuals or entities can also result in a conflict or duality of interest when the party providing the gift/entertainment/favor does so under circumstances where it might be inferred that such action was intended to influence or possibly would influence the interested person in the performance of his or her duties. This does not preclude the acceptance of items of nominal or insignificant value or entertainment of nominal or insignificant value which are not related to any particular transaction or activity of the GSYHA. Page 2 of 3 GSYHA Conflict of Interest Policy 2. Definitions. a. A "Conflict of Interest" is any circumstance described in Part 1 of this Policy. B. An "interested person" is any person serving as an officer, member of the board of directors, staff or volunteer of the gsyha or a major donor to the gsyha or anyone else who is in a position of control over the gsyha who has a personal interest that is in conflict with the interests of the gsyha. C. A "family member" is a spouse, parent, child or spouse of a child, brother, sister, or spouse of a brother or sister, of an interested person. D. A "material financial interest" in an entity is a financial interest of any kind, which, in view of all the circumstances, is substantial enough that it would, or reasonably could, affect an interested person’s or family member's judgment with respect to transactions to which the entity is a party. e. A "Contract or Transaction" is any agreement or relationship involving the sale or purchase of goods or services, the providing or receipt of a loan or grant, the establishment of any other type of financial relationship, or the exercise of control over another organization. The making of a gift to the GSYHA is not a Contract or Transaction. 3. Procedures. a. Prior to board or committee action on a Contract or Transaction involving a Conflict of Interest, a director or committee member having a Conflict of Interest and who is in attendance at the meeting shall disclose all facts material to the Conflict of Interest. Such disclosure shall be reflected in the minutes of the meeting. If board members are aware that staff or other volunteers have a conflict of interest, relevant facts should be disclosed by the board member or by the interested person him/herself if invited to the board meeting as a guest for purposes of disclosure. b. A director or committee member who plans not to attend a meeting at which he or she has reason to believe that the board or committee will act on a matter in which the person has a Conflict of Interest shall disclose to the chair of the meeting all facts material to the Conflict of Interest. The chair shall report the disclosure at the meeting and the disclosure shall be reflected in the minutes of the meeting. c. A person who has a Conflict of Interest shall not participate in or be permitted to hear the board's or committee's discussion of the matter except to disclose material facts and to respond to questions. Such person shall not attempt to exert his or her personal influence with respect to the matter, either at or outside the meeting. d. A person who has a Conflict of Interest with respect to a Contract or Transaction that will be voted on at a meeting shall not be counted in determining the presence of a quorum for purposes of the vote. e. The person having a conflict of interest may not vote on the Contract or Transaction and shall not be present in the meeting room when the vote is taken, unless the vote is by secret ballot. Such person's ineligibility to vote shall be reflected in the minutes of the meeting. For purposes Page 3 of 3 GSYHA Conflict of Interest Policy of this paragraph, a member of the Board of Directors of the GSYHA has a Conflict of Interest when he or she stands for election as an officer or for re-election as a member of the Board of Directors. f. Interested Persons who are not members of the Board of Directors of the GSYHA, or who have a

Conflict of Interest with respect to a Contract or Transaction that is not the subject of Board or committee action, shall disclose to the Chair, or the Chair's designee, any Conflict of Interest that such Interested Person has with respect to a Contract or Transaction. Such disclosure shall be made as soon as the Conflict of Interest is known to the Interested Person. The Interested Person shall refrain from any action that may affect the GSYHA's participation in such Contract or Transaction. In the event it is not entirely clear that a Conflict of Interest exists, the individual with the potential conflict shall disclose the circumstances to the Chair or the Chair's designee, who shall determine whether full board discussion is warranted or whether there exists a Conflict of Interest that is subject to this policy. 4. Confidentiality. Each director, officer, employee and volunteer shall exercise care not to disclose confidential information acquired in connection with disclosures of conflicts of interest or potential conflicts, which might be adverse to the interests of GSYHA Furthermore, directors, officers, employees and volunteers shall not disclose or use information relating to the business of GSYHA for their personal profit or advantage or the personal profit or advantage of their Family Member(s). 5. Administration of Policy. Each board member, staff and volunteer shall be provided with and asked to review a copy of this Policy and to acknowledge in writing that he or she has done so. a. Annually each director, officer, employee and volunteer shall complete a disclosure form identifying any relationships, positions or circumstances in which he or she is involved that he or she believes could contribute to a Conflict of Interest. b. This policy shall be reviewed annually by each member of the Board of Directors. Any changes to the policy shall be communicated to all staff and volunteers 6. Acknowledgement of Conflict of Interest Policy. The undersigned hereby acknowledges that he or she has read the GSYHA Conflict of Interest Policy, has had an opportunity to ask any questions that he or she may have about the policy, and understands and agrees to comply with the policy. Signature: _____ Date:_____ Print Name: _____ Position: _____

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TLHHC PARENT/GUARDIAN EXPECTATIONS:

1. Adherence to parent and spectator code of conduct as noted previously in this handout.

2. Recognize and utilize TLHHC's recommended chain of command for communication within the organization. **Initial comments/concerns should be made to the players head coach, if unsuccessful or not appropriate the Hockey Coordinator(s) should be contacted, the Hockey Coordinator (s) will then bring appropriate concerns to the Hockey Board.** If all attempts for communication fail as noted above, then a board member should be contacted. All contact information is available on the Telluride Hockey website.

3. Please respect the right of the coach to invoke the "24 hour rule" before communicating with a parent/ guardian.

4. Please familiarize yourselves with the Safesport program and the TLHHC's handbook

5. At least one parent will register with CAHA/Avs Care program each season.

6. Complete all registration forms as required by: the Town of Telluride; Parks and Recreation, CAHA and USA Hockey. As well as payment in full prior to season or an approved financial aid/payment plan.

7. **All teams are expected to supply volunteers to run the clock at home games as well as hand score the games and enter them in Sport Ngin.**

TLHHC GENERAL INFORMATION & TRAINING

FACILITIES USA HOCKEY MEMBERSHIP

- All TLHHC participants must have a current USA Hockey registration before they can participate in any club activity. Register online at the USA Hockey website, www.usahockey.com

- Please do not wait until the last minute to deal with these forms.

- TLHHC is in the Western Colorado Hockey League (WCHL), Colorado Girls Hockey League (CGHL) and the Colorado High School Activities Association (CHSAA).

- All TLHHC skaters, parents and family members shall abide by the rules of the rink and

surrounding area including the lobby as posted by TOT Parks and Rec.

RESPONSIBILITIES OF BECOMING A TLHHC MEMBER

- Full registration form, including full program payment due before participation in any TLHHC program (unless TLHHC provides written approval of a payment plan).

- Current membership in USA Hockey for participant skaters and coaches.

- Current membership with CAHA for all coaches, managers and board member who have contact with players.

- Participation and attendance at fundraisers and home events is strongly encouraged.

EXPECTED ADDITIONAL COSTS

Above and beyond athletic dues, there are additional costs that must be anticipated for each athlete, including but not limited to: USA Hockey dues, equipment, jerseys and costs involved with travel to away events. If you have questions or concerns regarding these costs, please do not hesitate to contact TLHHC office. TLHHC is happy to discuss them with you and offer options, including possible financial assistance.

Games/Tournaments

- While TLHHC likes to encourage parents to accompany their children to away events, TLHHC understands that this cannot always happen. TLHHC encourages parents to help each other with travel to away competitions.

- TLHHC will pay for one tournament per team per season. Travel, lodging and meal expenses are not included. Teams may elect to participate in additional tournaments at the participants' expense.

FUNDRAISERS

Fee's that are collected by TLHHC/TOT do not cover all programs, coaching expenses, financial aid/ scholarships. The balance is made up through TLHHC fundraising efforts. Here is a brief description of TLHHC fundraisers and events:

September: Sale of Advertising boards at rink

September/October: Kevin Green Memorial Golf

Tournament October: Coed Ice Hockey Tournament

February/March: Telluride Hockey Festival

FINANCIAL ASSISTANCE

Who should apply?

- Financial assistance is based upon need, income and motivation and decided by the TLHHC Board of Directors.

When is the application due?

- Application must be received no later than October 7th.

- Applications must be electronically delivered.

How do I apply?

- The application is posted on the TLHHC website with our information and registration materials.

- All applications must be reviewed by the TLHHC board. Coaches do not have authorization to offer financial assistance.