

Herbs & Roses

The medicine of plants & place at Alemany Farm, Spring '24.

Herbs & Roses Internship

*Alemany Farm
Spring '24*

Yelamu
“San Francisco, CA”



Herbs and Roses is an internship of 8 sessions from the plants that grow at Alemany Farm (700 Alemany Blvd, SF CA) and herbalist Bonnie Rose Weaver in using medicinal plants, and supporting the cultivation of the cut flower garden at the 3.5 organic farm dedicated to food and ecological security, and community education on occupied Ramaytush Ohlone Land (San Francisco, CA).

H&R interns will receive short lectures, interactive experiences and hands-on medicine making training. They will support the organic and regenerative cut-flower production at Alemany Farm. This work includes greenhouse work, irrigation, bed preparation and soil management, weeding, pest and disease control and harvest of cut flowers.

Herb & Roses Internships are 3 hours a week for 8 weeks. One cohort of 10 - 12 people will begin Friday March 15th 2024.

Build a foundation
in local/western
herbalism.

*taught by
bonnie rose weaver*



As an Herbs and Roses intern you are

- Responsible, self-motivated, organized and comfortable working independently and in groups.
- Deeply interested in ancestral and community use of plant remedies for the liberation of all beings.
- Interested in organic and sustainable farming/gardening practices and herbal remedies (prior experience is a plus but not required).
- Competent in communication and time management.
- Physically capable of lifting over 30 lbs. and various other physical tasks including bending, kneeling, digging etc. and comfortable working outside in various temperature and weather conditions.
- Comfortable interacting with the public.
- Bilingual or proficient in Spanish or Cantonese is preferable but not required.

Please fill out the following form to apply. The deadline for submission is Wednesday, March 6th 2024 at 2pm.

Eight Weeks

- Herb Walks
- Medicine Making
- Materia Medica
- Digestive System
- Nervous System
- Integumentary System

and more!



Fridays (2 - 5pm) Max: 10 ppl		Medicine Making
March 15	Welcome + Plant ID	
March 22	Urban Herb + Flower Gardening	How to harvest
March 29	Herb Walk + Medicine Making	Medicine Making Basics
April 5	BREAK WEEK	
April 12	Herbs for the Digestive System	Decoction and Overnight Infusion
April 19	Subtle Medicines	Homeopathy, Flower Essences, Plant Spirit Meditation, other modalities
April 26	Skin and Aromatherapy	Hydrosols
May 3	Herbs for the Nervous System	Tinctures
May 10	Calendula Salve	Calendula Salve

Can you join us?

Fridays, 2-5pm

March 15 - May 10

Sponsored by Friends
of Alemany Farm



[Apply Here](#) ~ Applications due Wednesday 3/6, 2pm!

*Applications due
Wednesday March 6th*

Apply via link in bio.



Got questions? Email me at brw.herbalist@gmail.com :D