



School District No. 73 (Kamloops/Thompson)

Parkcrest Elementary School

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April 22, 2020

RE: Parent Communication Update #5

Hello Parkcrest Parents,

Check out our [Hello Video](#) to all of you!!!

Below is some important information including three short surveys that we require information from you. These surveys are surrounding:

- 1) [SCHOOL WORK/WORKLOAD FOR PARKCREST FAMILIES](#) (ITEM #1)
- 2) [2020 - 2021 CLASS PLACEMENT REQUESTS](#) (ITEM # 2)
- 3) [2019 - 2020 PARKCREST ELEMENTARY SCHOOL YEARBOOK](#) (ITEM #3)

If you have completed these surveys already, thank you!!!

- 1) **SCHOOL WORK FOR YOUR CHILD(REN)** - We are grateful as a staff for all of your support in delivering and supporting the learning process with your child(ren). We ask that you please complete this **anonymous** form to tell us how you and your family are feeling as we come to the end of the second week of our learning plans. This will help us with our planning moving forward to address any questions/concerns you and your family may have. We are all learning to navigate through this together.
 - a) The link to the form can be found here:
 - i) [School Work/Workload for Parkcrest Families](#)
- 2) **2020 - 2021 CLASS PLACEMENT REQUESTS** - It is that time of the year, to start looking to the 2020 - 2021 school year. Please note the following: **This request will be considered by the principal and staff on the basis of the reasons provided. Other factors such as maintaining an even balance of student ability levels and gender, special social and emotional needs and class size and configuration are priority factors that significantly affect the decision of class placements. Frequently, due to these factors, parent requests may not be granted.**

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a) *The link to the form can be found here:*

- i) [2020 - 2021 Parent Class Placement Request](#)
- ii) *Date to be returned by: Friday May 22, 2020*

- 3) **YEARBOOK** - Please see the attached form ([2019 - 2020 Parkcrest Elementary School Yearbook](#)) to indicate if you are interested in purchasing a school year book. For parents who indicated at the beginning of the year that they DID NOT WISH to have photos shared or published and are interested in their child(ren) being in the yearbook, please email Mrs. Gorman (cgorman@sd73.bc.ca).
- 4) **PARENT COPING SKILLS FOR THE PANDEMIC WORKSHOPS** - Public health emergencies are difficult for anyone to comprehend, and this global pandemic is unlike anything we have experienced in our time. Adults are role models for children, and the way they handle this situation will affect how children will manage their own fears and worries. Life is not normal right now, and it is necessary that we do what is needed to keep a sense of joy and fun in our children's lives. We know this pandemic is affecting parents and children, and we will be hosting three short online sessions aimed at helping families cope. These parent outreach sessions are focused on well-being, and they will be led by Katherine Gulley. She is a former clinician at Child and Youth Mental Health and is now a private counsellor. Each session will be available [here](#) and will run from 6:30 to 7:00 PM.
 - **Session One, Thursday, April 23rd:** Support for parents to regulate their well-being in navigating the stressors of our new environment and the additional demands of supporting their children's learning.
 - **Second Session Thursday, April 30th:** Parents as co-regulators for young children provide strategies for how to develop effective routines and communication to support young children's well-being.
 - **Third Session Thursday, May 7th:** Skills and strategies for parents of youth offers ways to support the mental health, emotions and social development of adolescent and teen children.
- 5) **PARKCREST WEBSITE** (within a website) - Please access & bookmark the following website): [PARKCREST 3.0](#) Our goal from the school level is to put all Parent Updates, Supports, etc on this site. Check out our [Hello Video](#) to all of you.

Thank You Again Parkcrest Families for your Continued Support. Again, should you have any questions or concerns, please feel free to contact Mrs. Gorman (cgorman@sd73.bc.ca) or Mr. Naylor (gnaylor@sd73.bc.ca)

Parkcrest Staff