



South Pointe Elementary School

2033 E. Southern Ave., Phoenix, AZ. 85040

T 602.276.1943

www.southpointeelem.com

Purpose: Kaizen Education Foundation d.b.a. South Pointe Elementary School is dedicated to providing a healthy eating environment and instilling the importance of physical activity.

Nutritional Services:

- The school will participate in the School Breakfast Program and the National School Lunch Program.
- Breakfast will be served in the Classroom.
- Breakfast meals served meet the new meal pattern requirements including minimum requirements for fruits/vegetables, whole-grain rich foods, and 2 varieties of milk.
- Lunch meals served meet the new meal pattern requirements including minimum requirements for fruits, vegetables (and subgroups), whole-grain rich foods, meat/meat alternates and 2 varieties of milk.
- Food service staff will ensure that there is no overt identification of students who receive free or reduced priced meals.
- Students will be given adequate time to eat lunch.
- Students will have access to free, safe, and fresh drinking water throughout the school day.
- School does not sell competitive foods
- Students are encouraged participation in the School Breakfast Program and the National School Lunch Program.
- Foods served to students in meet (or exceed) the USDA Smart Snacks in School nutrition standards, per the [Arizona Nutrition Standards \(ARS 15-242\)](#).
- The school allows infrequent, exempt fundraisers, where food sold on campus during the school day does not meet Smart Snacks guidelines and complies with the following:
 - The school submits the exemption request form to ADE for all food-related fundraisers, intended for consumption on school campus during the school day, that do not meet the Smart Snacks guidelines.
- All foods and beverages advertised on the school campus during the school day meet or exceed the USDA Smart Snacks in School nutrition guidelines
- As the school, school nutrition services, physical education, PTO/PTA reviews existing contracts and considers new contracts, equipment and purchasing, decisions reflect applicable marketing guidelines established by the LWP.
- School will promote good handwashing for students and staff and provide hand sanitizers throughout the campus.

Arizona Healthy Schools Act Compliance

The requirements of the Arizona Healthy Schools Act apply to foods and beverages served or sold to students during the school day, including those provided through school meal programs, classroom activities, school stores, fundraisers conducted during the school day, booster organizations, student organizations, vending machines, and third-party vendors operating on campus during the school day. Foods brought from home by a parent or guardian for their own child are not subject to these requirements.

- Our school comply with the requirements of the Arizona Healthy Schools Act (A.R.S. § 15-242.01) by ensuring that foods and beverages served or sold to students during the school day do not contain any of the ingredients prohibited by state law, which include:
 - Artificial dyes: Red 40, Red 3, Yellow 5, Yellow 6, Blue 1, Blue 2, Green 3
 - Chemical additives: Potassium bromate, propylparaben, titanium dioxide, brominated vegetable oil

To maintain compliance, the district will:

- Review food and beverage products prior to purchase or service to verify they do not contain prohibited ingredients.
- Work collaboratively with food service vendors, suppliers, and school staff to identify compliant products and appropriate alternatives when product formulations change.
- Provide guidance and resources to School Leaders and staff regarding compliant food and beverage options.
- Monitor food and beverage offerings throughout the school year to ensure continued compliance with Arizona Healthy Schools Act requirements.
- Update purchasing practices and approved product lists as manufacturers reformulate products or new compliant options become available.
- Maintain documentation necessary to demonstrate compliance with Arizona Department of Education requirements.

While foods provided by parents or guardians for their own child are not restricted under A.R.S. § 15-242.01, the district encourages families to support student wellness by selecting foods and beverages that align with the goals of the Arizona Healthy Schools Act whenever possible.

The district is committed to promoting a healthy school environment that supports student wellness while maintaining compliance with all applicable federal and state nutrition requirements.

Education:

- The school will provide nutrition education through the use of the school's announcements, newsletters and website.
- Nutrition education is offered as part of sequential, comprehensive standards-based health education curriculum.

Physical Education & Physical Activity:

- The school encourage physical activity during recess by having necessary sport equipment that requires physical movement.
- To the extent practicable, schools ensure that their grounds and facilities are safe, and that equipment is available to all students to be active.
- School ensure that inventories of physical activity supplies and equipment are known and, when necessary, work with community partners to ensure sufficient quantities of equipment are available to encourage physical activity for as many students as possible.

- Students receive formal, age-appropriate physical education, consistent with national and state standards for physical education.
- Recess is offered outdoors when weather is feasible.
- Students are offered periodic opportunities to be physically active or to stretch in the classroom throughout the day on all or most days during a typical school week.

Other Activities that Promote Student Wellness:

- School will include health and wellness tips monthly in the school newsletter to parents and students
- The benefits of and approaches to healthy eating and physical activity are promoted to parents/caregivers, families, and the general community throughout the school year
- Families are informed and invited to participate in school-sponsored activities and receive information about health promotion efforts
- The district promotes staff member participation in health promotion programs.

Promote Student Wellness:

- The school collaborates with the school health advisory council (SEAHEC), to develop, monitor, review and revise the Local Wellness Policy annually. The SHAC, which may consist of NSLP coordinator, parents, students, school administrators, athletic coaches, Health Education Instructors, Career Counselor, Board Members, and community members who will serve as a resource the school for implementing these policies.
- The public is notified of their ability to participate in the district wellness committee.
 - Notices on district website
 - Newsletters
 - Social Media
- School has designated a wellness policy coordinator who will ensure compliance with the policy at the school level.
 - Position/Title of the designees is School Leader

Policy Recommendations:

- Policy recommendations are available via email and at the Local Wellness Policy meeting.
- All stakeholders will be provided the opportunity to give feedback on wellness goals through our website, email or open house events.

Implementation and Monitoring:

- To ensure implementation of the LWP, the policy will be posted on the school's website. School Leader will be responsible for monitoring policy implementation and distributing pertinent information to the schools.
- At least once every three years, the district evaluates compliance with the wellness policy. The evaluation includes:
 - The extent to which schools under the jurisdiction of the district are in compliance with the wellness policy.
 - The extent to which the district's policy compares to a model policy
 - A description of the progress made in attaining the goals of the district's wellness policy.
- The school actively notifies households of the availability of the triennial progress report and is available on the school website.
- Policy is updated when appropriate

- The school will retain documents to demonstrate compliance with the wellness policy.
- School informs families and the public each year of basic information about the policy, including its content, updates, and implementation status. Best practice is to include last revision date on LWP.
 - Notices on district website
 - Newsletters

Wellness Assessment Score Card May 2024

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](#), (AD-3027) found online at: [How to File a Complaint](#), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

1. mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410;
2. fax: (202) 690-7442; or
3. email: program.intake@usda.gov.

This institution is an equal opportunity provider.