

1)Fitness course

Subject line: You don't need to kill yourself

Chris Heria didn't become a prime specimen of man by killing himself in the gym every day.

He never spent hours on calorie tracking and meal prep.

He didn't blow his paycheck on expensive equipment.

And no, he didn't use any magical supplements either.

Instead, he developed a scientific system of training that focuses on maximising muscle engagement with every repetition of any exercise.

This way, he gets more results in 3 months of training than most people do in a year.

For the first time since developing this method, he's willing to show a select few the secrets to rapid muscle growth and retention.

Claim your unfair advantage now:[Insert link to sales page]

2)Dating course

Subject line: There's still hope

I know the pain of being an average man in the modern dating market.

It's like having to work overtime without getting paid.

Any girl you find remotely attractive has 30 guys sliding into her DM's.

No matter how much you work on your physique, your game, or your confidence, you don't believe you'll ever do enough to escape the single life.

I can't blame you for thinking that way.

A lot of men have given up on dating out of fear of ridiculously high standards.

What if I told you there's still hope?

You don't have to play third wheel for the rest of your life while your buddies laugh at you with their girlfriends.

You don't need to constantly swallow the bitter pill of rejection.

You can forget the sickening anxiety of approaching women.

Become a man that women fight over.

Leave those around you shocked at how easily you attract women.

Create envy in the men you interact with.

You don't need a model's physique and a millionaire playboy's game to achieve this.

You need a system and consistency.

Become a man most can only dream of :[Insert link to sales page]

Mindset training course

Subject line: Death's door made me rich

A year ago my brain stopped working. Literally.

It started out as a relaxing drive down the highway to enjoy the sunset. Cruising down a nearly empty road with country melodies and my hair blowing in the wind.

All this was enough for me to let my guard down. A momentary lapse in concentration cost me everything. All I remember was a deafening bang and the sound of screeching metal as I flew through the air with blurred vision.

My next memory was waking up to be told I had been in a coma for the past 3 months, and that I wouldn't be able to walk for at least a year.

My whole world was shattered. To say I felt hopeless would be an understatement.

After 2 weeks of wallowing in self-pity, I came across an ad while scrolling through Instagram. It seemed like a typical mindset course claiming to magically cure depression.

Having nothing to lose, I gave it a shot.

Fast forward 6 months later, and I wake up every day excited to conquer. I'm on track to walk again within the next month, and I've built a 6 figure business from my laptop and hospital wifi.

I'm not describing a miracle pill. I'm sharing a guide that when coupled with hard work can create miracles.

Click below to turn your mind into an iron palace:[Insert link]

P.S.: This guide comes with a 90-day action-based money-back guarantee. It's effectively risk-free. You are the only one who can screw this up.

