Below are some ideas of replacements or alternatives for commonly used household, personal, and food-related items. There are lots of companies out and there and while none are perfect; this is an attempt to find ones that meet the highest standards for social and environmental welfare. We do not endorse any of these specifically and are not compensated by providing the names of companies here. Some of these end up being money-saving alternatives, and others are not there yet but hopefully will be someday soon. Feel free to email us with questions (accmn2022@gmail.com).

Household / cleaning products:

- Bar soap, shampoo, conditioner and lotion: Blueland Soap and cleaning tabs to put in reusable (glass) dispensers. Foaming hand soap tabs come out to \$2.25 and last a really long time. Dishwasher and laundry tabs in refill packs price out at \$0.31 per load. We bought some of each of these. Toilet cleaner is \$1.14/tab (makes 1 spray bottle's worth). The company is a Certified B Corporation, Climate Neutral Certified, and Cradle-to-Cradle Certified, uses carbon-neutral shipping, everything is plastic-free (shipping materials are either compostable or recyclable) and palm-oil free, and all tabs are made in the U.S (bottles made in China but under Cradle-to-Cradle compliance).
- Dropp: zero waste dishwasher and laundry tabs
- Wool dryer balls: Dryer sheet replacement. Can use essential oils to add scent if desired.

Bathroom:

- Compostable floss: <u>Tree Bird</u> makes compostable, silk dental floss. 5 x 33 yards for \$16.49 on <u>Amazon</u> (\$3.30 ea). <u>Public Goods</u> makes! silk floss in glass bottles as a slightly more affordable option for \$3.95/each (30m of floss). Unfortunately there are not yet any major silk or bamboo producers outside of China so sourcing for these products is still China but floss is manufactured in the US or N. Europe.
- Bamboo toothbrush: biodegradable and plastic-free; lots of companies make them
 including <u>Bite</u> (2 for \$12) with plastic-free packaging and <u>WooBamboo</u>, also with
 zero-waste packaging and full biodegradable components
- Tooth tabs: Eliminate plastic tubes with a single glass container and tabs portioned for one use each. <u>Bite</u> is a favorite company for tooth tabs and mouthwash tabs. <u>Tooth tabs</u> are \$32 for a 4-month supply (248 bits; 2x/day). Plastic-free, compostable packaging for refills and mailing, certified B Corporation, carbon neutral company.
- Bar soaps, shampoos, conditioners, and deodorants: Zero-waste, plastic-free and compostable packaging. Saves on shipping cost and space to ship small waterless bars instead of large heavy bottles. Ethique based out of New Zealand: Shop their sales (we got everything 40% off!). Regularly priced, Shampoo bars (equivalent of a 1L bottle) are \$15 each, Conditioner bars are \$17 each, Soap bars are \$6 each, deodorant sticks are \$13 each. They also made Imini" versions of most everything this is what we tried (\$4 shampoo bars, \$6 conditioner bars, \$4 shaving bars, \$4 dog shampoo bars). Palm oil free, climate positive (offset 120% of carbon emissions), use four direct trading partnerships for ingredient sourcing, plastic-free everything, and compostable packaging.
- Compostable loufa:

- Cotton swab alternatives
 - Bamboo swabs: a substitute using bamboo and cotton; a few companies with zero-waste packaging include <u>BoonBoo</u> (600 swabs for \$9) and <u>Zero Waste</u> <u>Outlet</u> (200 swabs for \$5.99)
 - Reusable swab: "The Last Swab" aims to be the last swab you will ever need

Kitchen

- Reusable silicone bags: <u>Stasher</u> makes all sizes. Can go in microwave, freezer, oven, etc. Look for sales at Bed, Bath, Beyond, REI, TJ Maxx, etc.
- Compostable food covers (plastic wrap alternative): Beeswrap plastic wrap alternative. Can be composted once the stickiness fades. We got these at REI but look around, there are sales at a number of places. They come in different sizes, shapes, etc. Made of beeswax, plant oil, tree resin, and organic cotton. Certified B Cooperation, partner with honey bee conservation organizations and part of '1% for the Planet'.
- Compostable sponges: <u>BioGo</u> UK-based company that makes biodegradable sponges from wood cellulose, bamboo, and coconut husks. Compostable when done using. Can buy on <u>Amazon</u> (12 pack for ~\$15).
- Paper towel replacement: Lots of companies make these. Biodegradable/compostable.
 Swedish dish cloths Can buy on Amazon (3 ct for ~\$12.99). Each cloth claims to = 15 rolls of paper towels.
- Food savers:
- Lid covers:
- Silpat mat -
- Compostable parchment paper -
- Microwave cover -
- Reusable coffee basket: all different types available
- Kitchen compost pail: lots of varieties available. Carbon filter in lid helps reduce fruit flies

On the go:

- Reusable cutlery sets (eliminate single use plastic silverware with to-go orders):
- Reusable shopping bags:
- Reusable produce bags:
- Metal straw:

Pets and kids

- West Paw durable dog toys made out of ocean plastics and recycled plastic bottles, made in the USA (based out of Bozeman, MT), Certified B Cooperation,
- Green Toys kids toys made in the USA (California) using recycled milk jugs.

Coffee: Look for shade grown AND fair trade. Bird friendly and carbon neutral are even better.

 <u>Dean's Beans</u> - the first fair trade, shade grown, bird friendly AND carbon neutral coffee out there; meets Smithsonian 'bird friendly' standards for cover and biodiversity in forest areas

<u>Chocolate</u>: Avoid chocolate with palm oil.

- <u>Alter Eco</u> chocolate! Compostable packaging, climate neutral, regenerative farming, fair trade farmers. Can buy through <u>Thrive Market</u>, at <u>REI</u>, or directly from the company.
- <u>Tony's Chocolonely</u> working to end slavery and child labor in the chocolate industry.
 Transparent tracing of ingredients, fair trade, farmer cooperatives. Can buy at <u>Whole Foods</u>, <u>REI</u>, <u>Target</u>, etc. 6.35 oz bar sells for ~\$5.

Other:

- Mr. Ellie Pooh fair trade notebooks, notecards, and paper made out of elephant poop from elephants in Sri Lanka
- <u>Compostable plates and cutlery</u> **discounts for faith organizations can be found <u>here</u> through the Blue Green Initiative**
- Nail polish:
 - <u>Sienna</u> certified B corporation, based in France, powered by renewable energy; recyclable shipping materials; compostable cap made from a non-native weed wood; supports sex abuse survivors
 - Zao Organic made in France, low carbon footprint, caps made from bamboo, bio-based and ethically sourced ingredients

Certifications to keep an eve out for:

- Marine Stewardship Counsel (MSC)
- Animal Welfare Certified
- Palm-oil free
- Carbon neutral certified
- Pasture-raised eggs
- Fair trade certified
- Bird friendly certification
- Shade grown
- Certified B cooperation

Other potentially useful resources:

- <u>The Reduce Report</u> summary of different categories of products (including those listed above) with comparisons, including cost
- Good on You sustainability ratings for clothing
- <u>How to party without plastic</u> creative ways to throw low/no waste parties but still have reusable and festive decorations, table covers, banners, confetti, etc

In the News (NY Times)

- Two Evangelical Leaders on 'Radical Faith'
- I'm a Climate Scientist Who Believes in God. Hear Me Out.
- Why I'm giving to this environmental group, by Tish Harrison Warren

Websites:

- Climate Stewards learn about your carbon footprint and offsetting option
- The Evangelical Environmental Network equips, educates, and mobilizes evangelical
 Christians to love God and others by rediscovering and reclaiming the Biblical mandate
 to care for creation and working toward a stable climate and a healthy, pollution-free
 world.
- Whole Faith Living Earth

Articles:

- An interview with environmental scientist and evangelical leader Calvin DeWitt
- -

Books:

- Wild Hope: Stories for Lent from the Vanishing by Gayle Boss
- God Doesn't Do Waste by Dave Bookless
- Planetwise: Dare To Care For God's World by Dave Bookless
- Following Jesus in a Warming World by Kyle Meyaard-Schaap

Videos:

- Global Weirding by Katherine Hayhoe
- <u>Creation Care, Climate Change, and Healthy Discourse in Christian Communities</u> panel discussion hosted by the Loka Initiative, Upper House, and University of Wisconsin-Madison
- On God's Green Earth: Documentary video on climate change
- The Biblical Foundations of Creation Care by A Rocha International
- An Introduction to Creation Care by A Rocha International

Music:

- Climate Vigil album by The Porter's Gate
- <u>Doxecology</u> album by Resound Worship

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