

Outdoor Club at the University of Oklahoma Individual Gear Checklist and Information

Note: this list is designed for baseline moderate temperature car camping gear. Depending on weather and activities, more/different equipment may be required for certain trips

*= Can be rented from club, resources are limited though so don't depend on it until your rental is confirmed

Campsite

- ☐ Tent*
- ☐ Sleeping Bag*
- ☐ Sleeping Pad*
- ☐ Camping Pillow
- ☐ Camp chair*

Backpack

- ☐ Backpack (can be your school backpack, used for carrying everything on hikes and in camp)
- ☐ Sun protection
- ☐ Extra clothing (hat, jacket)
- ☐ Headlamp/flashlight*
- ☐ Personal first aid kit (there will be a larger group first aid kit as well)
- ☐ Extra food/snacks
- ☐ Rain gear (can be poncho or rain pants and jacket)*
- ☐ Water bottle, 1L minimum
- ☐ Lighter/matches (optional)
- ☐ Knife/multitool (optional)
- ☐ Bug spray (optional)
- ☐ Navigation (campsite maps will be provided)

Kitchen

- ☐ Personal mug/cup
- ☐ Mess kit (plastic bowl, plate, dish, and silverware)

Clothing & Footwear

- ☐ Underwear (moisture wicking, not cotton preferred)
- ☐ T-shirts (moisture wicking, not cotton preferred)
- ☐ Quick drying pants/shorts
- ☐ Lightweight fleece or jacket (synthetic fabric, not cotton preferred)
- ☐ Boots or shoes suited to terrain
- ☐ Socks (synthetic or wool highly recommended)
- ☐ Sleepwear

Additional clothing for rainy and/or cold weather

- ☐ Long underwear
- ☐ Warm insulated jacket or vest
- ☐ Fleece pants
- ☐ Gloves or mittens
- ☐ Beanie

Health & Hygiene

- ☐ Toilet paper
- ☐ Hand sanitizer
- ☐ Tooth brush and toothpaste
- ☐ Towel
- ☐ Toiletry bag (can be a ziploc freezer bag)
- ☐ Menstrual products
- ☐ Prescription medications
- ☐ Glasses/contacts supplies

Personal Items

- ☐ Phone
- ☐ Charger
- ☐ Battery pack (will very likely be no electricity at any campsite we visit)
- ☐ Wallet