



UVA Health

MLK Recognition Week
January 17 - 21, 2022

Flourishing Together: Restoring The Humanity, Dignity and Wellbeing of Our Beloved Community



“Of all forms of discrimination and inequalities, injustice in healthcare is the most shocking and inhuman.”

Dr. Martin Luther King Jr.
April 16, 1966

Statement:

On April 16, 1966, the Rev. Dr. Martin Luther King Jr. stated that “of all forms of discrimination and inequalities, injustice in healthcare is the most shocking and inhuman.” UVA Health seeks to acknowledge our history concerning health injustices and create an authentic path that empowers our entire community to flourish together and move forward in our mission to advance humanity and dignity in community & health equity, education, patient care and research.

The Office of Diversity and Communi
ty Engagement
<https://uvahealth.com/about/diversity>

Mission:

To celebrate the life, cultivate the lessons and continue the legacy of Dr. Martin Luther King Jr. as we strive to enhance the quality of diversity and increase the level of commitment to community & health equity, education, patient care and research.

Goals and Objectives:

1. Acknowledging Injustice
2. Educating for Equity
3. Inspiring Action
4. Building Community

Reflection Questions:

1. Why is it important to acknowledge the past and present injustices in our healthcare?
2. What educational tools can we utilize to empower our mission for community & health equity, education, patient care and research?
3. When do we envision taking intentional action to inspire a sense of belonging and inclusivity?
4. How do we build the Beloved Community at UVA Health?

Working Definitions:

Health Inequities: refers to avoidable differences in health between different groups of people. These widespread differences are the result of unfair systems that negatively affect people's living conditions, access to healthcare, and overall health status. Health inequity affects people from disadvantaged or historically oppressed groups most severely.

Social Determinants of Health: (SDOH) are the conditions in the environments where people are born, live, learn, work, play, worship, and age that affect a wide range of health, functioning, and quality-of-life outcomes and risks.

The Five Key Areas of SDOH

1. Economic Stability.
2. Education Access and Quality.
3. Health Care Access and Quality.
4. Neighborhood and Built Environment
5. Social and Community Context

Social Determinants of Health



Social Determinants of Health
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Healthy People 2030

Healthy People 2030, U.S. Department of Health and Human Services, Office of Disease Prevention and Health Promotion. Retrieved [date graphic was accessed], from <https://health.gov/healthypeople/objectives-and-data/social-determinants-health>

Calendar of Events:

*****Leadership Requested to Attend**

*****Monday, January 17: Economic Stability**

Opening Session: Flourishing Together

Guest Speaker: Rev. Dr. Emory Berry Jr.

Pastor, Greenforest Community Baptist Church, Decatur, Ga

11am - 12noon (Virtual)

Registration Required

<https://www.eventbrite.com/e/uva-health-mlk-recognition-week-opening-session-flourishing-together-tickets-241407946667>

Direct Zoom Link:

<https://us02web.zoom.us/j/89055606275?pwd=b0QwaFViVkQzQTdnWFcrSXdpOUQzZz09>

Passcode: wEdfcTzX4e



Tuesday, January 18: Education Access and Quality

The Office of Diversity and Community Engagement

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A Courageous Conversation: #HowWeHeal

2022 National Day of Racial Healing

Co - Facilitated by:

Melody M. Pannell, Director of Diversity and Community Engagement



[Kevin Powell](#), poet, journalist, filmmaker, civil and human rights activist, and the author of 14 previous books, including his critically-acclaimed autobiography, *The Education of Kevin Powell*. One of his next books will be a biography of Tupac Shakur. He lives in Brooklyn, New York.



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11:00am - 12:00pm (Virtual)

Registration Required

<https://www.eventbrite.com/e/a-courageous-conversation-howweheal-2022-national-day-of-racial-healing-tickets-241424265477>

Resources for Community Conversation

<https://healourcommunities.org/day-of-racial-healing/>

<https://healourcommunities.org/wp-content/uploads/2021/12/Health-Action-Kit-2022.pdf>

<https://healourcommunities.org/wp-content/uploads/2021/12/Conversation-Guide-Final-2022.pdf>

A Way Forward Virtual Panel

Transforming Historical Harms

2pm - 3:30pm (Virtual)

Registration Required

<https://www.eventbrite.com/e/a-way-forward-transforming-historical-harms-tickets-243152263967>

Guest Speakers:

Thomas DeWolf: Co - Manager of Coming to the Table and Co – Author of The Little Book of Racial Healing: Coming to the Table for Truth Telling, Liberation and Transformation



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Jodie Geddes: Co - Manager of Coming to the Table and Co – Author of The Little Book of Racial Healing: Coming to the Table for Truth Telling, Liberation and Transformation



**Laura D. Hill: Executive Director, Virginia Racial Healing Institute
And Founder/Director, Coming to the Table Historical Triangle**

**Katherine Spaar: Leadership Team, Coming to The Table, Charlottesville, VA
And Virtual Tour Docent, Beloved Community C-Ville**



**Rev. Osagyefo Uhuru Sekou: activist, theologian, author, documentary
filmmaker, and blues/soul/gospel musician**



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Nadine Michel: UVA Medical Scientist Training Program (MSTP) Student



Facilitated by Melody M. Pannell: Director of Diversity and Community Engagement, UVA Health



Livestream Concert: Crys Matthews

#HowWeHeal

2022 National Day of Racial Healing

Sponsored by Coming to the Table - RVA

7:30pm

<https://comingtothetable-rva.org/event-detail.cfm?ID=130>

<https://www.crysmatthews.com/>

CRYS MATTHEWS

"Creating music to inspire and encourage, to change hearts, not minds"

Livestream Concert - ONLINE only from the
Virginia Museum of History and Culture

January 18, 2022

NATIONAL DAY OF RACIAL HEALING

A day where people, organizations and
communities come together to heal and move
toward a more just and equitable society.

4:30 pm PT 5:30 pm MT 6:30 pm CT 7:30 pm ET

Streaming Live On Our Platforms

Presented by

The Office of Diversity and Communi
ty Engagement

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Wednesday, January 19: Healthcare Access and Quality

Virtual Conference: Righting the Wrongs: Tackling Health Inequities

10am – 1pm (Free)

AAMC Center for Health Justice, Hastings Center virtual health equity summit

On Jan. 19-20, 2022, the AAMC Center for Health Justice and the Hastings Center will co-convene a virtual summit on health equity. The program will feature Pulitzer Prize-winning author Isabel Wilkerson ([a plenary speaker](#) at the AAMC's recent annual meeting) and will focus on decisions that have led to major inequities in health today. Speakers will also explore examples of promising strategies that health care leaders and practicing clinicians can employ to address inequities through policy, clinical care, medical education, research, and community collaborations. The event is free though registration is required.

<https://healthequitysummit.org/>

[Register Now](#)

Guest Speakers



Pulitzer Prize-winner **Isabel Wilkerson** is author of the best-selling book *Caste: The Origins of Our Discontents*.

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David Williams is an internationally recognized social scientist whose TED Talk, “How Racism Makes Us Sick” has been viewed over 1 million times.

Thursday, January 20: Neighborhood and Built Environment

10am – 2:30pm

Virtual

<https://healthequitysummit.org/>

On Jan. 19-20, 2022, the AAMC Center for Health Justice and the Hastings Center will co-convene a virtual summit on health equity. The program will feature Pulitzer Prize-winning author Isabel Wilkerson ([a plenary speaker](#) at the AAMC’s recent annual meeting) and will focus on decisions that have led to major inequities in health today. Speakers will also explore examples of promising strategies that health care leaders and practicing clinicians can employ to address inequities through policy, clinical care, medical education, research, and community collaborations. The event is free though registration is required.

Guest Speakers



Daniel Dawes is a leader in the movement to advance health equity and a key figure in shaping the Mental Health Parity Act and the Affordable Care Act.

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Richard Rothstein is the author of *The Color of Law: A Forgotten History of How Our Government Segregated America*

*****Friday, January 21: Social and Community Context**

The History of Race at The UVA Medical Center - 1901 - 2000
(In - Person Historical Tour/10 Person Max.)

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POSTPONED Leadership Tour: 9:00am - 10:00am (Invitation Only)
(Registration Required)

<https://www.eventbrite.com/e/leadership-event-cultivating-a-trauma-informed-response-tickets-243220688627>

(Still Scheduled) Public Tour: 1:00pm - 2:00pm (Registration Required)

<https://www.eventbrite.com/e/the-history-of-race-at-the-uva-medical-center-1901-2000-tickets-243187629747>

Dan Cavanaugh, Curator of Historical Collections

The Curator of Historical Collections at the Health Sciences Library, Dan Cavanaugh, will lead a 1-hour tour of the Medical Center's West Complex, where he will present significant developments in the history of race at the UVA Medical Center between 1901 and 2000.

Dan Cavanaugh will briefly touch upon the following historical developments in the spaces where they occurred: patient segregation, discriminatory health care, labor discrimination, race science research, civil rights activism, IDEA initiatives, and urban renewal projects.

We hope that the tour will help participants understand how historical developments might continue to influence UVA Health and the organization's relationship with the surrounding Charlottesville/Albemarle community."

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Cultivating A Trauma Informed Response
Historical Collections Reading Room, HSL
Leadership Discussion: 10:15am - 11:00am
(Invitation Only) Registration Required

<https://www.eventbrite.com/e/leadership-event-cultivating-a-trauma-informed-response-tickets-243220688627>

Public Discussion: 2:15pm - 3:00pm
Registration Required

<https://www.eventbrite.com/e/cultivating-a-trauma-informed-response-tickets-243223938347>

Facilitated by Melody M. Pannell, Director of Diversity and Community Engagement

As participants explore and experience the history of race at UVA Medical Center, it is imperative that we also resource administration, staff, students and community members to develop the capacity to prepare, process, perceive and plan for utilizing this information in a manner that is empathic, educational and empowering as we seek to create our one future together. A restorative justice “circle process” will be utilized.

The Diversity and Community Engagement Office will create a toolkit to support the effectiveness of this experiential learning tour with a vision to engage with different cohorts through critical thinking, reflective dialogues and purposeful activities that build a sense of belonging, encourage agency and support positive action.

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As we strive to “look back to move forward” (Sankofa), may this experiential historical learning tour teach us how utilize this knowledge to heal our wounds and reconcile our past to achieve our mission “to provide excellence, innovation and superlative quality in the care of patients, the training of health professionals, and the creation and sharing of health knowledge within a culture that promotes equity, diversity, and inclusiveness.”

Health Sciences Library Activities

#UVA4MLK MLK Day Activities Collection

<https://forms.gle/GyxJfSKw4zdMZiLr6>

Do you know about a cool thing that's happening to celebrate MLK Day? If so, please share it with the Health Sciences Library and UVA Health's Diversity and Community Engagement Office!

We're collecting this information so that we can create a document that will allow folks to easily locate an event (whether online or in-person) that matches their interests (service projects in specific areas, lectures, donations), time constraints (a few minutes, an hour, a half-day, a full day), and energy/ability level. We'd really appreciate it if you shared this document via social media, text, or email! If you share it via social media, please use #UVA4MLK

Resources from the Health Sciences Library

Health Disparities Topic Guide:

[https://guides.hsl.virginia.edu/health disparities/](https://guides.hsl.virginia.edu/health%20disparities/)

Anti-Racist Resources Topic Guide:

<https://guides.hsl.virginia.edu/antiracist>

Racism in Healthcare and Health Sciences Education:

[https://guides.hsl.virginia.edu/Racism in Healthcare/](https://guides.hsl.virginia.edu/Racism%20in%20Healthcare/)

Additional Related Resources:

[How Racism Makes Us Sick](#)

[What is Health Equity?](#)

[The Color of Medicine](#)

[Truth, Racial Healing and Transformation](#)

[Racial Wealth Gap](#)

[MLK @ UVA](#)

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ty Engagement
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[Calendar of Events | Community MLK Celebration, UVa. \(virginia.edu\)](#)
<https://www.tiki-toki.com/timeline/entry/1446213/UVA-History-From-a-Black-Perspective/>

MLK Recognition Week

Flourishing Together:

Restoring The Humanity, Dignity and Wellbeing of Our Beloved Community



JANUARY 17

OPENING SESSION: FLOURISHING TOGETHER

GUEST SPEAKER: REV. DR. EMORY BERRY JR.

11AM VIRTUAL

JANUARY 18

A COURAGEOUS CONVERSATION:

2022 NATIONAL DAY OF RACIAL HEALING

11AM VIRTUAL

A WAY FORWARD: TRANSFORMING

HISTORICAL HARMS PANEL DISCUSSION

2PM VIRTUAL

JANUARY 19

RIGHTING THE WRONGS:

TACKLING HEALTH INEQUITIES

HEALTH EQUITY SUMMIT

10AM VIRTUAL

JANUARY 20

RIGHTING THE WRONGS:

TACKLING HEALTH INEQUITIES

HEALTH EQUITY SUMMIT

10AM VIRTUAL

JANUARY 21

THE HISTORY OF RACE AT THE UVA MEDICAL

CENTER - 1901 - 2000

IN PERSON HISTORICAL TOUR

9AM - LEADERSHIP

1PM - PUBLIC

CULTIVATING A TRAUMA INFORMED RESPONSE

HISTORICAL COLLECTIONS READING ROOM, HSL

10:15AM - LEADERSHIP

2:15PM - PUBLIC

"Of all forms of discrimination and inequalities, injustice in healthcare is the most shocking and inhuman."

Dr. Martin Luther King Jr.

April 16, 1966



To register for events visit:
<https://uvahealth.com/about/diversity/mlk-week>

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