

# MLK Recognition Week January 17 - 21, 2022

Flourishing Together: Restoring The Humanity, Dignity and Wellbeing of Our Beloved Community



"Of all forms of discrimination and inequalities, injustice in healthcare is the most shocking and inhuman."

Dr. Martin Luther King Jr. April 16, 1966

#### **Statement:**

On April 16, 1966, the Rev. Dr. Martin Luther King Jr. stated that "of all forms of discrimination and inequalities, injustice in healthcare is the most shocking and inhuman." UVA Health seeks to acknowledge our history concerning health injustices and create an authentic path that empowers our entire community to flourish together and move forward in our mission to advance humanity and dignity in community & health equity, education, patient care and research.

#### Mission:

To celebrate the life, cultivate the lessons and continue the legacy of Dr. Martin Luther King Jr. as we strive to enhance the quality of diversity and increase the level of commitment to community & health equity, education, patient care and research.

#### Goals and Objectives:

- 1. Acknowledging Injustice
- 2. Educating for Equity
- 3. Inspiring Action
- 4. Building Community

#### **Reflection Questions:**

- 1. Why is it important to acknowledge the past and present injustices in our healthcare?
- 2. What educational tools can we utilize to empower our mission for community & health equity, education, patient care and research?
- 3. When do we envision taking intentional action to inspire a sense of belonging and inclusivity?
- 4. How do we build the Beloved Community at UVA Health?

# **Working Definitions:**

<u>Health Inequities</u>: refers to avoidable differences in health between different groups of people. These widespread differences are the result of unfair systems that negatively affect people's living conditions, access to healthcare, and overall health status. Health inequity affects people from disadvantaged or historically oppressed groups most severely.

<u>Social Determinants of Health:</u> (SDOH) are the conditions in the environments where people are born, live, learn, work, play, worship, and age that affect a wide range of health, functioning, and quality-of-life outcomes and risks.

# **The Five Key Areas of SDOH**

- 1. Economic Stability.
- 2. Education Access and Quality.
- 3. Health Care Access and Quality.
- 4. Neighborhood and Built Environment
- 5. Social and Community Context

#### **Social Determinants of Health**



Social Determinants of Health

Comprise free

Till Healthy People 2030

Healthy People 2030, U.S. Department of Health and Human Services, Office of Disease Prevention and Health Promotion. Retrieved [date graphic was accessed], from <a href="https://healthypeople/objectives-and-data/social-determinants-health">https://healthypeople/objectives-and-data/social-determinants-health</a>

#### **Calendar of Events:**

\*\*\*Leadership Requested to Attend

# \*\*\*Monday, January 17: Economic Stability

Opening Session: Flourishing Together Guest Speaker: Rev. Dr. Emory Berry Jr.

Pastor, Greenforest Community Baptist Church, Decatur, Ga

11am - 12noon (Virtual) Registration Required

https://www.eventbrite.com/e/uva-health-mlk-recognition-week-opening-session-flourishing-together-tickets-241407946667

#### **Direct Zoom Link:**

 $\underline{https://us02web.zoom.us/j/89055606275?pwd=b0QwaFViVkQzQTdnWFcrSXdpOUQzZz09}$ 

Passcode: wEdfcTzX4e



Tuesday, January 18: Education Access and Quality

# A Courageous Conversation: #HowWeHeal 2022 National Day of Racial Healing

Co - Facilitated by:

Melody M. Pannell, Director of Diversity and Community Engagement



<u>Kevin Powell</u>, poet, journalist, filmmaker, civil and human rights activist, and the author of 14 previous books, including his critically-acclaimed autobiography, The Education of Kevin Powell. One of his next books will be a biography of Tupac Shakur. He lives in Brooklyn, New York.



The Office of Diversity and Communi ty Engagement https://uvahealth.com/about/diversity

### 11:00am - 12:00pm (Virtual)

# **Registration Required**

https://www.eventbrite.com/e/a-courageous-conversation-howweheal-2022-national-day-of-racial-healing-tickets-241424265477

## **Resources for Community Conversation**

https://healourcommunities.org/day-of-racial-healing/

https://healourcommunities.org/wp-content/uploads/2021/12/Health-Action-Kit 2022.pdf

https://healourcommunities.org/wp-content/uploads/2021/12/Conversation-Guide Final-2022.pdf

A Way Forward Virtual Panel Transforming Historical Harms 2pm - 3:30pm (Virtual) Registration Required

https://www.eventbrite.com/e/a-way-forward-transforming-historical-harms-tickets-243152263967

**Guest Speakers:** 

Thomas DeWolf: Co - Manager of Coming to the Table and Co - Author of The Little Book of Racial Healing: Coming to the Table for Truth Telling, Liberation and Transformation



The Office of Diversity and Communi ty Engagement https://uvahealth.com/about/diversity

Jodie Geddes: Co - Manager of Coming to the Table and Co - Author of The Little Book of Racial Healing: Coming to the Table for Truth Telling, Liberation and Transformation



Laura D. Hill: Executive Director, Virginia Racial Healing Institute And Founder/Director, Coming to the Table Historical Triangle

Katherine Spaar: Leadership Team, Coming to The Table, Charlottesville, VA And Virtual Tour Docent, Beloved Community C-Ville



Rev. Osagyefo Uhuru Sekou: activist, theologian, author, documentary filmmaker, and blues/soul/gospel musician



# Nadine Michel: UVA Medical Scientist Training Program (MSTP) Student

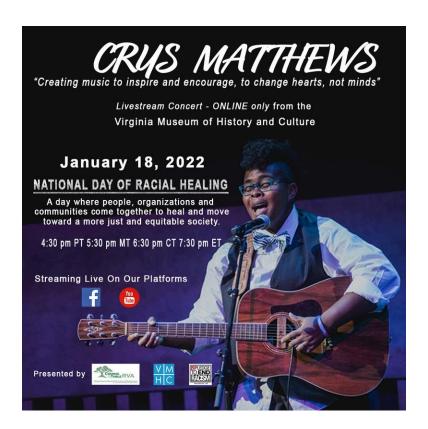


# Facilitated by Melody M. Pannell: Director of Diversity and Community Engagement, UVA Health



Livestream Concert: Crys Matthews #HowWeHeal 2022 National Day of Racial Healing Sponsored by Coming to the Table - RVA 7:30pm

https://comingtothetable-rva.org/event-detail.cfm?ID=130 https://www.crysmatthews.com/



# Wednesday, January 19: Healthcare Access and Quality

# Virtual Conference: Righting the Wrongs: Tackling Health Inequities

10am - 1pm (Free)

AAMC Center for Health Justice, Hastings Center virtual health equity summit

On Jan. 19-20, 2022, the AAMC Center for Health Justice and the Hastings Center will co-convene a virtual summit on health equity. The program will feature Pulitzer Prize-winning author Isabel Wilkerson (a plenary speaker at the AAMC's recent annual meeting) and will focus on decisions that have led to major inequities in health today. Speakers will also explore examples of promising strategies that health care leaders and practicing clinicians can employ to address inequities through policy, clinical care, medical education, research, and community collaborations. The event is free though registration is required.

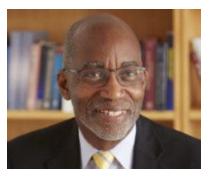
https://healthequitysummit.org/

Register Now

## **Guest Speakers**



Pulitzer Prize-winner **Isabel Wilkerson** is author of the best-selling book Caste: The Origins of Our Discontents.



**David Williams** is an internationally recognized social scientist whose TED Talk, "How Racism Makes Us Sick" has been viewed over 1 million times.

# Thursday, January 20: Neighborhood and Built Environment

10am – 2:30pm Virtual

### https://healthequitysummit.org/

On Jan. 19-20, 2022, the AAMC Center for Health Justice and the Hastings Center will co-convene a virtual summit on health equity. The program will feature Pulitzer Prize-winning author Isabel Wilkerson (a plenary speaker at the AAMC's recent annual meeting) and will focus on decisions that have led to major inequities in health today. Speakers will also explore examples of promising strategies that health care leaders and practicing clinicians can employ to address inequities through policy, clinical care, medical education, research, and community collaborations. The event is free though registration is required.

# **Guest Speakers**



**Daniel Dawes** is a leader in the movement to advance health equity and a key figure in shaping the Mental Health Parity Act and the Affordable Care Act.



**Richard Rothstein** is the author of The Color of Law: A Forgotten History of How Our Government Segregated America

# \*\*\*Friday, January 21: Social and Community Context

The History of Race at The UVA Medical Center - 1901 - 2000 (In - Person Historical Tour/10 Person Max.)

**POSTPONED**Leadership Tour: 9:00am - 10:00am (Invitation Only) (Registration Required)

https://www.eventbrite.com/e/leadership-event-cultivating-a-trauma-informed-response-tickets-243220688627

(Still Scheduled) Public Tour: 1:00pm - 2:00pm (Registration Required)
<a href="https://www.eventbrite.com/e/the-history-of-race-at-the-uva-medical-center-19">https://www.eventbrite.com/e/the-history-of-race-at-the-uva-medical-center-19</a>
01-2000-tickets-243187629747

# Dan Cavanaugh, Curator of Historical Collections

The Curator of Historical Collections at the Health Sciences Library, Dan Cavanaugh, will lead a 1-hour tour of the Medical Center's West Complex, where he will present significant developments in the history of race at the UVA Medical Center between 1901 and 2000.

Dan Cavanaugh will briefly touch upon the following historical developments in the spaces where they occurred: patient segregation, discriminatory health care, labor discrimination, race science research, civil rights activism, IDEA initiatives, and urban renewal projects.

We hope that the tour will help participants understand how historical developments might continue to influence UVA Health and the organization's relationship with the surrounding Charlottesville/Albemarle community."



Cultivating A Trauma Informed Response Historical Collections Reading Room, HSL Leadership Discussion: 10:15am - 11:00am (Invitation Only) Registration Required

https://www.eventbrite.com/e/leadership-event-cultivating-a-trauma-informed-response-tickets-243220688627

Public Discussion: 2:15pm - 3:00pm

**Registration Required** 

https://www.eventbrite.com/e/cultivating-a-trauma-informed-response-ticket s-243223938347

Facilitated by Melody M. Pannell, Director of Diversity and Community Engagement

As participants explore and experience the history of race at UVA Medical Center, it is imperative that we also resource administration, staff, students and community members to develop the capacity to prepare, process, perceive and plan for utilizing this information in a manner that is empathic, educational and empowering as we seek to create our one future together. A restorative justice "circle process" will be utilized.

The Diversity and Community Engagement Office will create a toolkit to support the effectiveness of this experiential learning tour with a vision to engage with different cohorts through critical thinking, reflective dialogues and purposeful activities that build a sense of belonging, encourage agency and support positive action.

As we strive to "look back to move forward" (Sankofa), may this experiential historical learning tour teach us how utilize this knowledge to heal our wounds and reconcile our past to achieve our mission "to provide excellence, innovation and superlative quality in the care of patients, the training of health professionals, and the creation and sharing of health knowledge within a culture that promotes equity, diversity, and inclusiveness."

#### **Health Sciences Library Activities**

#### **#UVA4MLK MLK Day Activities Collection**

https://forms.gle/GyxJfSKw4zdMZiLr6

Do you know about a cool thing that's happening to celebrate MLK Day? If so, please share it with the Health Sciences Library and UVA Health's Diversity and Community Engagement Office!

We're collecting this information so that we can create a document that will allow folks to easily locate an event (whether online or in-person) that matches their interests (service projects in specific areas, lectures, donations), time constraints (a few minutes, an hour, a half-day, a full day), and energy/ability level. We'd really appreciate it if you shared this document via social media, text, or email! If you share it via social media, please use #UVA4MLK

#### **Resources from the Health Sciences Library**

## **Health Disparities Topic Guide:**

https://guides.hsl.virginia.edu/health disparities/

# Anti-Racist Resources Topic Guide:

https://guides.hsl.virginia.edu/antiracist

#### Racism in Healthcare and Health Sciences Education:

https://guides.hsl.virginia.edu/Racism in Healthcare/

#### **Additional Related Resources:**

How Racism Makes Us Sick
What is Health Equity?
The Color of Medicine
Truth, Racial Healing and Transformation
Racial Wealth Gap
MLK @ UVA

<u>Calendar of Events | Community MLK Celebration, U.Va. (virginia.edu)</u>
<u>https://www.tiki-toki.com/timeline/entry/1446213/UVA-History-From-a-Black-Perspective/</u>

# MLK Recognition Week

# Flourishing Together:



Restoring The Humanity, Dignity and Wellbeing of Our Beloved Community

#### **JANUARY 17**

OPENING SESSION: FLOURISHING TOGETHER GUEST SPEAKER: REV. DR. EMORY BERRY JR. 11AM VIRTUAL

#### **JANUARY 18**

A COURAGEOUS CONVERSATION: 2022 NATIONAL DAY OF RACIAL HEALING 11AM VIRTUAL

A WAY FORWARD: TRANSFORMING
HISTORICAL HARMS PANEL DISCUSSION
2PM VIRTUAL

#### **JANUARY 19**

RIGHTING THE WRONGS:
TACKLING HEALTH INEQUITIES
HEALTH EQUITY SUMMIT
10AM VIRTUAL

#### **JANUARY 20**

RIGHTING THE WRONGS:
TACKLING HEALTH INEQUITIES
HEALTH EQUITY SUMMIT
10AM VIRTUAL

#### **JANUARY 21**

THE HISTORY OF RACE AT THE UVA MEDICAL CENTER - 1901 - 2000
IN PERSON HISTORICAL TOUR

**9AM - LEADERSHIP** 

1PM - PUBLIC

CULTIVATING A TRAUMA INFORMED RESPONSE HISTORICAL COLLECTIONS READING ROOM, HSL

10:15AM - LEADERSHIP

2:15PM - PUBLIC



"Of all forms of discrimination and inequalities, injustice in healthcare is the mos shocking and inhuman." Dr. Martin Luther King Jr. April 16, 1966

To register for events visit: https://uvahealth.com/about/diversity/mlk-week