

University of Queensland Medical Society Inc.



Position Description

UQMind Events Convenor (Metropolitan)



About the UQMS

The University of Queensland Medical Society, established in 1936, represents over 2200 medical students and is one of the largest and most successful student organisations in Australia. The UQMS is a student-run, not for profit, incorporated association that operates independently of the UQ Union, administered by a Management Committee. Each member of the Management Committee is elected for one calendar year and oversees the administration of the Society, receiving crucial support from dozens of volunteer social and community convenors, academic representatives, subcommittee members, and overseeing officers.

About UQMind

The UQMind committee began development in 2015 when a group of passionate first year students approached the UQMS with the vision of a group called “UQMind”. The committee aims to better serve the wellbeing of medical students and represent their interests in the field of medical student health and wellbeing. According to Beyond Blue’s 2013 National Mental Health Survey of Doctors and Medical Students, 9.2% of medical students have very high levels of psychological distress compared to a community mean score of 2.6%. This translates to medical students experiencing psychological distress at four times the rate of the general population. Furthermore, it was found that 43% of medical students have a high likelihood of experiencing a minor psychiatric disorder and that more than half are experiencing emotional exhaustion. UQMind was primarily developed to address these concerning issues.

About the UQMind Events Convenor (Metropolitan)

The Metropolitan Event Convenor is tasked with developing, organizing and facilitating UQMind events, projects and initiatives at the Metropolitan Clinical Schools (including: PA, RBH, Northside, Mater, Greenslopes and Sunshine Coast). This role will involve coordination with the Vice-Chairs, the Rural Events Convenor, and UQMS Clinical School Representatives. Convenors are tasked with organizing and facilitating events/projects; participating as an active and enthusiastic member of the UQMind committee; and playing a role in determining the direction and sustainability of UQMind, with a focus on building a sense of community. The role will involve a



commitment of up to 4 hours per week, which may change throughout the year according to activities/events taking place. This position is **elected**.

In recent years, the metropolitan events convenor has been responsible for:

- Book clubs
- Death cafés/wine and die
- Paint & sip

In addition, there is scope to develop their own new projects and engage in strategic planning for the future of UQMind (including which events are no longer meeting the needs of the community and should be phased out).

Responsibilities

- Facilitating/assisting new, tailored wellbeing and mental health promoting events/initiatives for metropolitan students.
- Assisting with other UQMind initiatives, especially morning teas, where possible.
- Attending as many UQMind events as possible.
- Leading the development of new online and in-person events.
- Working with other members of the UQMind committee - particularly the Vice-Chairs and other events Convenors - to promote and build upon UQMind's events and campaigns.

Desirable Candidate Qualities

- An interest and/or passion for improving medical student mental health and wellbeing
- The successful candidate will show creativity, ingenuity and foresight for establishing tangible and sustainable initiatives that meet the wellbeing needs of UQ medical students.
- Skills and experience in time management, event planning and organisation.
- The successful candidate does not necessarily have to be a student at a non-rural school, but it is likely to be easier for them if they are as they will have insight into the needs of the metropolitan student community and be able to arrange in-person activities.
- Ability to work as part of a committed and passionate team!
- Rising year 2, 3 and 4 students in particular are strongly encouraged to apply.



Applications

1. You must be a UQMS member in order to apply. If you are unsure, email secretary@uqms.org to check your membership.
2. Potential candidates are strongly advised to contact the UQMind Chair at uqmind.chair@uqms.org and/or the UQMind Facebook page. Please do not hesitate to contact us if you have any questions or concerns regarding the role.
3. Fill out a nomination form, [Form 1: Single Nomination for Election](#).
4. Complete a candidate statement that is no more than 100-words in length.
5. Submit your completed form and statement to secretary@uqms.org.
6. Please see www.uqms.org/elections/ for Appointment Process timeline. No late submissions will be accepted.

- + Successful candidates may only hold one position in the UQMind committee, unless there are insufficient applicants to fill all positions.

General Enquiries

For more information, please contact UQMS Secretary at secretary@uqms.org.

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