



***Student Support Services***  
***1130 Fifth Avenue, Chula Vista CA 91911***  
***(619) 691-5564 (619) 407-4982 FAX***

## Chronic Illness Verification Form (CIVF) Information

The Chronic Illness Form allows parents to excuse absences due to a specific medical condition with the same authority as a medical professional. Below are guidelines for completing the form correctly to establish and maintain this authorization.

- 1) Sweetwater Union High School District (SUHSD) does not accept any CIVF that does not have the expected frequency of episodes, length of absence, diagnosis, appropriate symptoms listed, Physician's or Medical Group letterhead/business card attached and appropriate signature(s). Please return the form to parent for completion.
- 2) The school site may fax the CIVF back to the Physician's office to verify the document's authenticity. An administrator or their designee must refuse acceptance of any CIVF found to be fraudulent.
- 3) Schools will only code absences AD when the parent provides **written** verification listing one or more reasons specified on the form under "Symptom(s)". Phone calls are not acceptable and should be coded with AE's unless the 30 calendar days are exhausted, then AU's.
- 4) Please monitor the expected frequency and length of episode for absences excused for reasonable compliance with the Physician's guidelines outlined on the form. If there is a concern about the child not making academic progress due to these absences or that the privilege is being misused, the school will contact the student and/or parent to discuss these concerns. For some chronically ill children, alternative educational programs may meet their needs more appropriately.
- 5) If the site has unresolved concerns, after talking with the student and/or parent, designated Health Services staff will contact the authorizing Physician with specific questions related to the diagnosis and absenteeism. We will refer to the CIVF if the parent initials require contact with them prior to accessing the Physician.
- 6) Remember, the form expires at the end of the academic year. Obtain a new form annually.

For questions, please contact your school nurse or attendance clerk at the school site.

## STUDENT AND PHYSICIAN VERIFICATION

Student \_\_\_\_\_ DOB: \_\_\_\_\_ Grade: \_\_\_\_\_

Forward to: \_\_\_\_\_  
School FAX number

Dear Physician,

Your patient is a student enrolled in the Sweetwater Union High School District. For our records, please list the chronic illness diagnosed for the student. Also, please check or list symptoms that would not warrant an office visit, but might require the child to stay home from school. This will allow the parent to verify illnesses, by listing in writing to the school the symptoms designated below, without bringing the child to your office for an examination. This document expires at the end of the academic year that it is/was received.

Physician Verification:

\_\_\_\_\_  
Physician signature and printed name here Date

Physician's address \_\_\_\_\_

Please attach business card here:

Chronic Illness/Medical Diagnosis \_\_\_\_\_

Symptoms \_\_\_\_\_ (see next page)

Expected frequency of episodes \_\_\_\_\_ (for example: monthly, 4 times per school year)

Length of absences per episode \_\_\_\_\_

**On this page, the physician should check the specific symptoms of the child's illness.  
The**

**Student Name:** \_\_\_\_\_ **DOB:** \_\_\_\_\_ **Grade:** \_\_\_\_\_

## SYMPTOMS

### Neurological System

☐ lethargy  
*(note: translation will go here)*  
☐ dizziness/unsteadiness  
☐ numbness in extremities  
☐ petit mal seizures  
☐ severe headache  
☐ blurred vision

### Respiratory System

☐ weakness/fatigue  
☐ pallor/cyanosis  
☐ continual coughing  
☐ congested airway  
☐ difficulty breathing  
☐ pain

### Gastrointestinal System

☐ nausea/vomiting  
☐ diarrhea  
☐ constipation  
☐ abdominal pain

### Integumentary System

☐ skin lesions  
☐ infections  
☐ edema

### Cardiovascular System

☐ weakness/dizziness  
☐ pallor/cyanosis  
☐ palpitations  
☐ rapid pulse  
☐ arrhythmia  
☐ pain  
☐ fever/infections

### Genitourinary System

☐ bladder/kidney infection

### Musculoskeletal system

☐ pain  
☐ inflammation/swelling

**Other** \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

***On this page, the parent or guardian must sign the authorization for an exchange of information regarding the diagnosis.***

### **PARENT/GUARDIAN AUTHORIZATION**

I hereby request and authorize the exchange of information on the above diagnosis pertaining to my child between Health designated staff of the Sweetwater Union High School District and the physician named above.

I request Sweetwater Union High School District employees to inform me, the parent/guardian signing this authorization, before contacting the authorizing medical professional.\_\_\_\_(initial here to request). This contact will only be made if the frequency or length of absences exceeds the numbers authorized above.

***I further understand I must submit written explanations to verify each absence, specifying which symptoms noted by the physician above are being experienced by the student such that s/he will miss school.***

Parent signature: \_\_\_\_\_ Date: \_\_\_\_\_

Student Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Grade: \_\_\_\_\_