

Dear Students,

We hope that you are all staying well! During this time away from school, your counselors have created fun, meaningful, relevant activities for you to explore. The activities focus on academic and career exploration, post high school planning, wellness and mindfulness, and articles and videos we hope you will find informative and engaging.

All of the activities can be found in your Guidance Google Classrooms. You should all have access (even from previous years), but if you need join codes, please email Ms. Emanuelson.

Please remember that our Guidance website contains many valuable resources and can be found [here](#).

Please feel free to email Ms. Emanuelson at MEmanuelson@darienps.org if you have any questions relating to the enrichment activities or any other concerns.

We look forward to seeing you all at school soon!

Sincerely,

Darien High School School Counselors