ANNUAL SPORTS REPORT 2019-2020

Physical Education is an integral part of the total education system. It helps in the attainment of the ultimate aim of education i.e. the achievement of holistic development. Games and Sports play a vital role in the student's life. A student should study hard to be successful in competitive examinations. But, he should also play games and sports to enjoy the health and vigour of life. Along with bookish learning, a student should spend his time on games and sports also. Either studying or working alone makes us exhausted. We are no longer efficient at doing any work. Sports remove our mental exhaustion. Education without sports is incomplete. Sports marks itself as one amongst the most efficacious parts of our life. It strives to excel at all levels and bring laurels to the college. With the help of college faculty we are continuously improving in the sports field. Considering the concept of "SPORTS FOR ALL" throughout the entire session we organized Inter-department tournaments for students as well as some sports activities for staff (teaching and non-teaching). It is one of the largest co-curricular activity programs that offer an extensive opportunity to all the students and staff. This venture shall enable the students and staff to have fun, learn new sports, enhance social interaction and test one's physical capability. These competitions also offer a break from the daily routine tasks and recreate or re-energize them. The

following events have been organized for the inter-class sports tournaments for students:

1. ATHLETICS
2. CRICKET
3. SWIMMING

REPORT ON THE INTRA-COLLEGE ANNUAL SPORTS MEET (ATHLETICS) 2019-2020

Intra-college annual sports meet (athletics) 2019-2020 is an important event in every student's life. The Annual Sports meet of Mathabhanga college was conducted on 21.11.19. As usual a great deal of planning, practicing and hard work had gone into organizing this event filled day. Preliminary rounds were conducted in September 2019 in the College Campus. The sports day began enthusiastically with a welcome speech by our Teacher-in-Charge Dr. Debasis Dutta followed by an invocation song by a group of students. Mr. Bimal Barman, President, GB, Mathabhanga college graced the occasion. He, in his short speech, emphasized the benefits of sports in our life. It was followed by various events lined up for the day. The one day sports meet involved the enthusiastic participation of all the students from various departments. The students actively participated in both track and field events. Field events like Shot Put, javelin throw, discus throw, high jump, long jump, sprint 100 m, sprint 200 m, sprint 400 m, sprint 800 m were conducted both for boys and girls. Over 150 students participated in the event. The

whole programme was conducted by mathabhanga sub-divisional sport association with the help of the teachers and volunteers. The ground was filled with cheer, gaiety and excitement as each event's results were announced. The winners of the various events were awarded with trophies, medals and certificates. The annual sports day came to an end by delivering a vote of thanks by the Sports Convener Dr. Chanchal Mondal, leaving thrilling memories in the hearts of each and every present there.



REPORT ON THE INTRA-COLLEGE SWIMMING COMPETITION 2019-2020

Swimming is an individual or team racing sport that requires the use of one's entire body to move through water. The sport takes place in pools or open water (e.g., in a sea or lake). Competitive swimming is one of the most popular Olympic sports with varied distance events in butterfly, backstroke, breaststroke, freestyle, and individual medley. In addition to these individual events, four swimmers can take part in either a freestyle or medley relay.

Intra-college swimming competition 2019-2020 of Mathabhanga College, for the first time, was held on 29.08.2019. Our college is well equipped with one pool. Keeping in mind the level and competency of students we organized the event which witnessed overwhelming response from students. Our Teacher-in-Charge Dr. Debasis Dutta addressed everyone present in the event. He stressed on the benefits of swimming in maintaining physical fitness. Many students participated enthusiastically in the event. Few experts were requested from outside to

run the event. All the necessary precautions were taken prior to the event. The winners of the various events were awarded with trophies, medals and certificates. Finally, the day came to an end by delivering vote of thanks by the Sports Convener Dr. Chanchal Mondal, leaving exciting memories in the hearts of each and every present there.







REPORT ON THE INTRA-COLLEGE CRICKET COMPETITION 2019-2020

The Sports club, Mathabhanga college, organized the Intra College Cricket Tournament 2019-2020 of the institute at college premises, from 12th March 2020 to 20th February 2020. A total of eight teams from different streams including one team from teaching and non-teaching staff of the institute have actively participated in the tournament. The league matches were held on 12th, 13th, 14th and 15th February, 2020. All teams played exceptionally well. From each league matches the Man of the Match and a Man of the Tournament were felicitated with Trophies and Medals. Apart from the players, there was a huge gathering of the enthusiastic supporters of both teams, who had come to cheer their team members. Audience highly appreciated the tournament. However,

due to the sudden surge of Covid-19 pandemic, the Government ordered a halt to all sports activities. Therefore, we have to stop the tournament before its end.

Here are some of the snapshots of the Tournament:









REPORT ON INTER-COLLEGE ATHLETIC MEET 2019-2020

Inter college games and sports championship, 2019-2020 (sponsored by the DPI, Govt. of West Bengal) was held on 3rd February, 2020 at dinhata college ground. It was organized by Dinhata college. Students participated in various field events like Shot Put, javelin throw, discus throw, high jump, long jump, sprint 100 m, sprint 200 m, sprint 400 m, sprint 800 m. 12 students participated in various events. Although participants were not able to secure any position but enjoyed the event thoroughly.





REPORT ON INTER-COLLEGE ATHLETIC MEET (UNIVERSITY SPORTS) 2019-2020

Inter college games and sports championship (University sports), 2019-2020 was held on 7th March, 2020 at Rajbari stadium, Coochbehar. Students participated in various field events like Shot Put, javelin throw, discus throw, high jump, long jump, sprint 100 m, sprint 200 m, sprint 400 m, sprint 800 m. 10 students participated in various events. Although participants were not able to secure any position, they were extremely benefitted from the event.