

**\*\*Add your name + information below and share this document with your school counselor.**

**NAME:**

**Preferred nickname (if applicable):**

*(\*Will be used in your rec letter)*

**CELL PHONE NUMBER:**

**PREFERRED PRONOUNS:**

*(\*Will be used in your rec letter)*

### **COUNSELOR RECOMMENDATION LETTER STUDENT QUESTIONNAIRE**

**Please complete this questionnaire in as much detail as possible.**

The information you provide will help your counselor write a more meaningful letter of recommendation.

**Do not rush through it!**

#### **FAMILY BACKGROUND INFORMATION:**

1. Are you the first in your family to graduate high school **and/or** attend college in the United States?
2. What language(s) [other than English] are spoken in your home (if applicable)?
3. Is there anything about your family background or culture that has shaped who you are today?

#### **A LITTLE BIT ABOUT YOU:**

1. What are **six** adjectives that your family/friends/coaches/teachers would use to describe you?
2. In what ways have you grown or changed since entering high school (socially, academically, personally, etc.)?
3. What do you believe are your strengths, weaknesses, and areas for improvement?
4. Do you have any personal challenges that you think are important for college admissions counselors to know?
5. Are there any unique personal or family circumstances that have affected your educational experience that you would like to share?

**HIGH SCHOOL EXPERIENCE:**

1. Do you believe that your transcript is an accurate reflection of your academic ability?
  - a. If not, why?
  - b. Is there anything in your transcript that needs to be explained? *(For example- a final grade that is lower than the rest of your grades? A class withdrawal? Moving from levels from one year to another?)*
2. What has been your biggest academic challenge throughout high school?
  - a. How did you overcome this challenge(s)?
3. What has been your favorite class so far? Why?
4. What is the academic achievement(s) you're most proud of?

**EXTRACURRICULAR ACTIVITIES:**

1. What activities do you participate in outside of school *(please provide your level of involvement for each activity and any awards / recognition you have received)?*
2. What activity outside of school means the most to you and why?
3. Is there anything else that you enjoy doing outside of school just for fun?
4. How have you spent your last two summers, and what are your plans for this summer?

**WORK & VOLUNTEERING:**

1. Do you have a job outside of school?
  - a. If so, what / where is it?
  - b. What does a typical day look like at your job?
2. Have you volunteered or completed community service?
  - a. If so, where, and what impact did it have on you?
3. Do you help care for family members, manage household responsibilities, or contribute to the family income? If so, please explain.

**OTHER INFORMATION**

1. What do you hope to study in college?
2. Do you have any specific career goals?
  - a. What sparked your interest in this career?

3. If you were to be writing your own letter of recommendation for a college Admissions Committee, what are 3 things you'd highlight about yourself (*These can be accomplishments you're proud of, areas of growth and/or contributions you envision making on a college campus, etc.*)?
4. Is there anything else you feel is important for me to include in my letter of recommendation?
5. Is there anything you'd like omitted from your counselor's letter of recommendation?
6. Are there specific colleges or programs you're applying to that you'd like the counselor to keep in mind?