

MINI REVIEW #3

List the 4 styles of parenting discussed in class and describe each of them:

1.

2.

3.

4.

What are 3 ways to prevent early death (stay healthy longer)?

1.

2.

3.

List the **3 stages of stress** in order:

1.

2.

3.

Describe what happens during **fight-or-flight** response: