



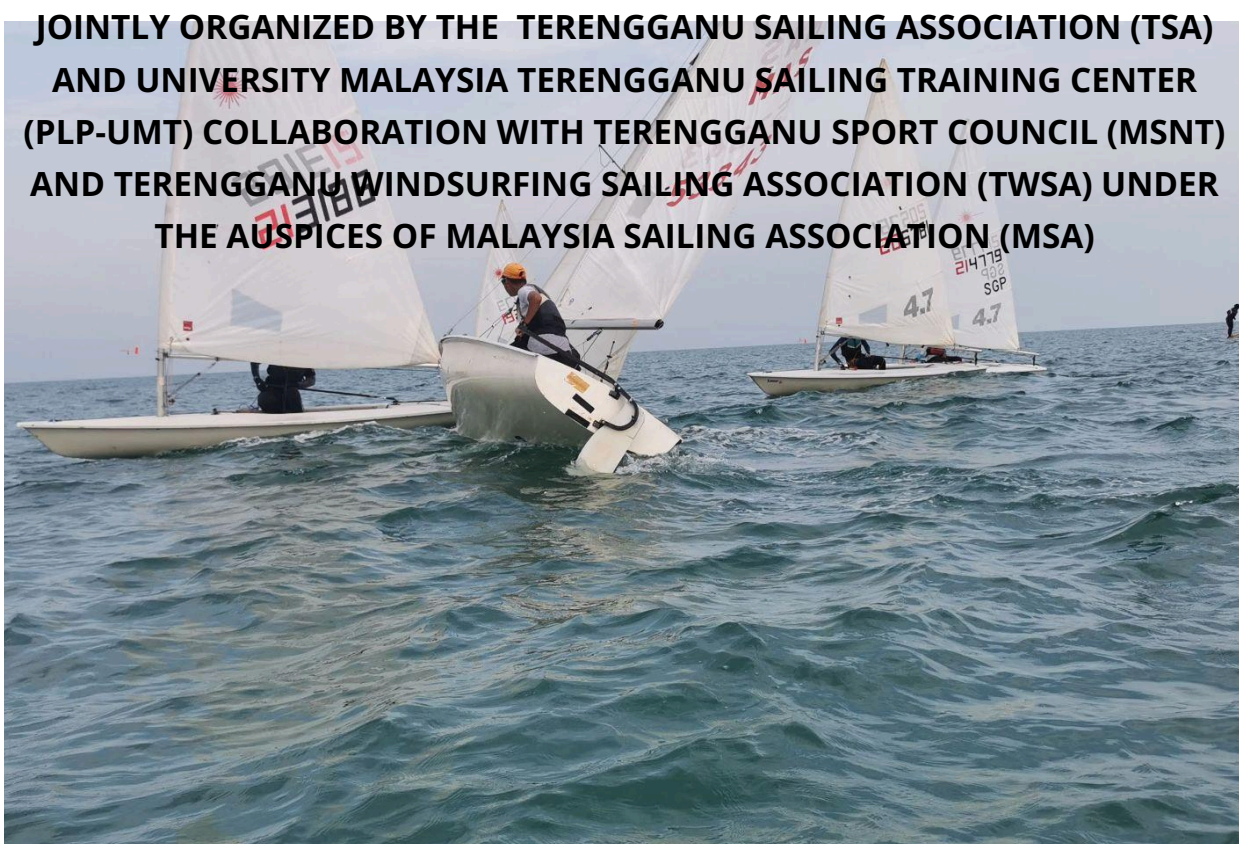
Terengganu Monsoon Challenge - TMC 2023

Date: 28th December to 31st December 2023

Venue: Duyong Marina Resorts, Pulau Duyong, Terengganu

SAILING INSTRUCTIONS

**JOINTLY ORGANIZED BY THE TERENGGANU SAILING ASSOCIATION (TSA)
AND UNIVERSITY MALAYSIA TERENGGANU SAILING TRAINING CENTER
(PLP-UMT) COLLABORATION WITH TERENGGANU SPORT COUNCIL (MSNT)
AND TERENGGANU WINDSURFING SAILING ASSOCIATION (TWSA) UNDER
THE AUSPICES OF MALAYSIA SAILING ASSOCIATION (MSA)**



SUPPLEMENTARY SAILING INSTRUCTION CONTENTS

SAILING INSTRUCTION CONTENTS.....	2
1. RULES.....	3
2. NOTICES TO COMPETITORS.....	3
3. CHANGES TO SAILING INSTRUCTIONS.....	4
4. SIGNALS MADE ASHORE.....	4
5. FORMAT OF RACING.....	4
6. SCHEDULE.....	4
7. CLASS FLAGS and THE START.....	6
8. RACING AREAS.....	6
9. THE COURSES.....	6
10. MARKS.....	6
11. CHANGE OF THE NEXT LEG OF THE COURSE.....	7
12. THE FINISH.....	7
13. TIME LIMITS AND TARGET TIMES.....	7
14. HEARING REQUEST.....	7
15. SCORING.....	7
16. SAFETY REGULATIONS.....	8
17. [NP] [DP] [SP] SAIL NUMBERS and MEASUREMENT.....	8
18. [NP] [DP] REPLACEMENT OF CREW OR EQUIPMENT.....	8
19. [NP] [DP] OFFICIAL VESSELS.....	8
20. [NP] [DP] SUPPORT VESSELS.....	9
21. [NP] [SP] TRASH DISPOSAL.....	9
22. [NP] [DP] RADIO COMMUNICATION.....	9
23. [NP] [DP] HARBOR AND SITE REGULATIONS.....	9
24. PRIZES.....	9
25. DISCLAIMER OF LIABILITY.....	10
ATTACHMENT 1 RACE VENUE & RACING AREA.....	11
ATTACHMENT 2 COURSE DIAGRAM.....	12
ATTACHMENT 3: Links to Public Information.....	13

Terengganu Monsoon Challenge - TMC 2023

SAILING INSTRUCTIONS

1. RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing 2021-2024*.
- 1.2 [Appendix P](#), Special Procedures for Rule 42, will apply. RRS P2.3 will not apply and RRS P2.2 is changed so that it will apply to any penalty after the first one.
- 1.3 RRS B8 will not apply.
- 1.4 Add to RRS 61.1(a) "*The protesting boat shall inform the race committee of the boats being protested at the finishing line immediately after finishing or as soon as practicable after she retires.*"
- 1.5 If there is a conflict between languages the English text will take precedence.
- 1.6 **[NP][DP]** Smoking is strictly prohibited within the boundaries of the shore racing venue compound and whilst afloat. A breach of this instruction by a competitor may result in the competitor being excluded from the regatta and his or her boat given a score of DSQ for all races in the series.
- 1.7 **[NP] [DP]** A support person shall not breach instruction 1.6.
- 1.8 Decisions of the Protest Committee will be final.
- 1.9 If there is a conflict between a rule in the Notice of Race and a rule in the Sailing Instructions, the rule in the Sailing Instructions will take precedence. This changes RRS 63.7
- 1.10 In all rules governing this event:
 - 1.10.1 [SP] denotes a rule for which a standard penalty may be applied by the Race Committee (RC) or the Technical Committee (TC) without a hearing. A list of these breaches and the associated standard penalties will be posted on the Official Notice Board (ONB). However, the RC or TC may protest a boat when they consider the standard penalty to be inappropriate. A boat that has been penalized with a standard penalty can neither be protested for the same incident by another boat nor can another boat request redress for this RC or TC action. This changes RRS 60.1, 63.1 and A5. The penalty shall not cause the boat's score to be worse than the score for Did Not Finish.
 - 1.10.2 [NP] denotes a rule for which a breach of that rule shall not be grounds for protests by another boat. This changes RRS 60.1(a).
 - 1.10.3 [DP] denotes a rule for which the penalty for a breach of that rule may, at the discretion of the Protest Committee, be less than disqualification.

2. NOTICES TO COMPETITORS

Notices to competitors will be posted on the Official Notice Board at <https://www.racingrulesofsailing.org/documents/7302/event>. Notices may also be posted on a physical notice board located near the secretariat office area. Failure to post notices on the physical notice board will not be grounds for redress. This changes RRS 62.1(a).

3. CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 0800H on the day it will take effect, except that any change to the schedule of races will be posted before 1900H on the day before it will take effect.

4. SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed on the official flag mast located at the bridge passageway in front of the secretariat office. .
- 4.2 **[DP] [NP]** Flag D with one sound means “The warning signal will be made not less than 30 minutes after flag D is displayed. Boats shall not leave the boatyard until this signal is made”.
- 4.3 When flag AP is displayed ashore, ‘1 minute’ is replaced with ‘not less than 30 minutes’ in race signal AP.

5. FORMAT OF RACING

The regatta consists of a Single Series for all classes/fleets, Team Racing for Optimist class and match race for F36 IPT event.

6. SCHEDULE

6.1 Schedule

DATE	TIME	EVENTS
Dec 27, 2023 Wednesday	AM-PM	Arrivals Boat preparation & Free training
Dec 28, 2023 Thursday	0800 hrs	Registration and boat preparation ⁹
	0830 hrs	Technical daily briefing
	0900 hrs	Team Manager Meeting
	1030 hrs	Optimist Team Race Individual Races (First Warning Signal) ➤ Optimist Novice, Windsurf Junior Rig ➤ ILCA 4, ILCA 6, ILCA 7 (Max 4 races) ➤ Int. 420 (Max 4 races) ➤ RS One Male & T293 Female (Max 4 races) - PM: ➤ RS One Female & T293 Male (Max 4 races) ➤ ILCA 6 UMT Close
	1730 hrs	Last Possible start of the Day
Dec 29, 2023 Friday	0800 hrs	Boat preparation
	0830 hrs	Technical daily briefing
	0900 hrs	Team Manager Meeting

DATE	TIME	EVENTS
	1000 hrs	Optimist Team Race Individual Races (First Warning Signal) <ul style="list-style-type: none"> ➤ Optimist, Optimist Novices & Windsurf Junior Rig ➤ ILCA 4, ILCA 6, ILCA 7 (Max 4 races) ➤ Int. 420 (Max 4 races) ➤ RS One Female & T293 Male (Max 4 races) - PM: <ul style="list-style-type: none"> ➤ RS One Male & T293 Female (Max 4 races) ➤ Byte CII (Max 4 races) ➤ ILCA 4 15U ➤ ILCA 6 UMT Close
	1730 hrs	Last Possible start of the Day
Dec 30, 2023 Saturday	0800 hrs	Boat preparation
	0830 hrs	Technical daily briefing
	0900 hrs	Team Manager Meeting
	1000 - 1500 hrs	Individual Races (First Warning Signal) <ul style="list-style-type: none"> ➤ Optimist, Optimist Novices & Windsurf Junior Rig ➤ ILCA 4, ILCA 6, ILCA 7 (Max 4 races) ➤ Int. 420 (Max 4 races) ➤ RS One Male & T293 Female (Max 4 races) ➤ Hansa - PM: <ul style="list-style-type: none"> ➤ RS One Female & T293 Male (Max 4 races) ➤ Byte CII (Max 4 races) ➤ ILCA 4 15U ➤ Hansa ➤ F36 IPT Match Racing ➤ RC IOM
	1730 hrs	Last Possible Start of the Day
Dec 31, 2023 Sunday	0800 hrs	Boat preparation
	0830 hrs	Technical daily briefing
	0900 hrs	Team Manager Meeting
	1030 hrs	Individual Races (First Warning Signal) <ul style="list-style-type: none"> ➤ RC IOM ➤ Optimist (Reserve for balance Race/s) ➤ ILCA 4 15U (Reserve for balance Race/s) ➤ F36 IPT Match Racing - PM: <ul style="list-style-type: none"> ➤ RC IOM

DATE	TIME	EVENTS
		➤ F36 IPT Match Racing
	1500 hrs	Last Possible start of the Last Race for small boat
	1600 hrs	Last Possible start of the Last Race for F36 Match racingt
	1700 hrs	Closing Ceremony and Price Giving Presentation

- 6.2 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.

7. CLASS FLAGS and THE START:

Class and starting Sequence 1st start of the Day	
Course A	Flag
1. Techno 293 and RS One	Code Flag "W"
2. Optimist,	Optimist Logo on WHITE background
3. Int 420	Class 420 Insignia on White Background
4. ILCA 7,	No "7" on Yellow Background
5. ILCA 6,	"Laser Radial" on Red background
6. ILCA 4,	No "4" on Pink Background
7. Byte,	Letter "Byte" on White Background

Class and starting Sequence 1st start of the Day	
Course B (Novice)	Flag
1. Optimist Novices	Code Flag "Q"
2. Hansa	Code Flag "T"
3. Windsurf Junior Rig	Code Flag "F"
4. ILCA 6 UMT Close	Code Flag "E"

- 7.1 Races will be started by using RRS 26 with the warning signal made 5 minutes before the starting signal.
- 7.2 The starting line will be between staffs displaying orange flags on the Starting Vessels and the Pin End Boat.
- 7.3 A boat starting later than 4 minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes RRS A5.1 and A5.2.
- 7.4 **[NP][DP]** Boats whose warning signal has not been made shall stay at least 50 meters to leeward of the starting line during the starting sequence for other races.

8. RACING AREA

Attachment 1 shows the location of the racing area.

9. THE COURSES

Attachments 2 show the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

10. MARKS

Marks are as follow:

Start	Starting (Signal) vessel and pin-end vessel
Mark 1	Yellow Inflatable Buoy
Mark 1-A	Spherical Red Buoy
Offset Mark (OM)	Pink Buoy
Mark 2	Yellow Inflatable Buoy
Mark 3 S & Mark 3 P	Yellow Inflatable Buoy
Mark 4	Spherical Red Buoy
Finishing Mark	Finishing vessel displaying blue flags and course side of buoy with blue flag.
Changing Mark	Pink Mark with Black band (as per instructions 11.1)

- 10.1 A race committee vessel signaling a change of a leg of the course is a mark as provided in instruction 11.2.

11. CHANGE OF THE NEXT LEG OF THE COURSE.

- 11.1 To change the next leg of the course, the race committee will lay a Red Mark with Black band (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.
- 11.2 Except at a gate, boats shall pass between the race committee vessel signaling the change of the next leg and the nearby mark, leaving the mark to port and the race committee vessel to starboard. This changes RRS 28.

12. THE FINISH

The finishing line will be between a staff displaying a blue flag on the finishing vessel and the course side of a blue buoy.

13. TIME LIMITS AND TARGET TIMES

- 13.1 The time limit and target times in minutes are as follows:

Time Limit	Mark 1 Time Limit	Finish Window	Target Time
50	15	15	25-30

- 13.2 If no boat has passed the first mark within the mark 1 time limit the race will be abandoned. Failure to meet the target time will not be grounds for redress. This changes RRS 62.1(a).
- 13.3 Boats failing to finish within the time stated in the finish window after the first boat sails the course and finishes will be scored Did Not Finish without a hearing. This changes RRS 35 and A5.

14. HEARING REQUEST

- 14.1 Hearing request forms are available at

https://www.racingrulesofsailing.org/protests/new?event_id=7302. Protests and requests for redress or reopening shall be submitted online, within the appropriate time limit. If a protest or request is not received by the system and does not display on the pending hearing list, then it has not been delivered. This changes RRS 61.3 and 63.1.

- 14.2 The protest time limit is 60 minutes after the last boat has finished the last race of the day or the race committee signals no more racing today, whichever is later.
- 14.3 Notices will be posted at <https://www.racingrulesofsailing.org/schedules/7302/event> no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the jury room beginning at the time posted. Hearings may be scheduled to begin up to 30 minutes before the end of protest time.
- 14.4 Notices of protests by the race committee, technical committee or protest committee will be posted to inform boats under RRS 61.1(b).
- 14.5 A list of boats that, under [Instruction 1.2](#), have been penalized for breaking RRS 42 will be posted.
- 14.6 **[DP]** Penalties for breaches of Class Rules are at the discretion of the Protest Committee.

15. **SCORING**

- 15.1 Nine (9) races are scheduled for each class/fleet. One (1) race is required to be completed to constitute a regatta. When 4 races have been completed, a boat's regatta score will be the total of her race scores. When from 5 to 9 races have been completed, a boat's regatta score will be the total of her race scores excluding her worst score.
- 15.2 A scoring enquiry may be lodged at https://www.racingrulesofsailing.org/scoring_inquiries/new?event_id=7302

16. **SAFETY REGULATIONS**

~~16.1 **[NP] [SP]** Check Out and Check In Procedures:~~

~~Team manager shall personally Check Out on the tags provided at the Sign Out/In Desk at the secretariat Office prior to launching but not later than the first scheduled warning signal of her race of that day. After arriving on shore, Team manager shall personally Check In on the tags provided before the end of the protest time limit. One penalty point will be added to the finishing position; in the first race of the day for failure to Check Out and last race of the day for failure to Check In. Penalty points will be implemented by the race committee without a hearing. This changes RRS 63.1 and A5.~~

16.1. **[NP] [SP]** Sign On and Sign Off Procedures:

Each boat shall personally Sign On on the forms provided at the Secretariat Desk prior to launching but not later than the first scheduled warning signal of her race of that day. After arriving on shore, each boat shall personally Sign Off on the forms provided before the end of the protest time limit. One penalty point will be added to the finishing position; in the first race of the day for failure to Sign On and last race of the day for failure to Sign Off. Penalty points will be implemented by the race committee without a hearing. This changes RRS 63.1 and A5.

- 16.2 **[DP]** All competitors shall wear personal flotation devices at all times whilst afloat.
- 16.3 Competitors who require assistance should so signify by blowing a whistle or waving their arms. The race committee reserves the right to assist competitors who, in the opinion of the race committee, require assistance regardless of the wishes of the competitor. This will not be grounds

for redress. This changes RRS 62.1(a).

- 16.4 **[NP] [DP]** A boat that retires from a race shall notify the race committee as soon as possible.

17. [\[NP\] \[DP\] \[SP\] SAIL NUMBERS and MEASUREMENT](#)

- 17.1 All boats shall have at least one digit or a unique number which is not used by another boat. The race committee may change the sail numbers. This will not be grounds for redress. This changes RRS 62.1(a).
- 17.2 A boat or equipment may be inspected at any time for compliance with the class rules and SIs. On the water, a boat can be instructed by a Technical Committee equipment inspector to proceed immediately to a designated area for inspection.

18. [\[NP\] \[DP\] REPLACEMENT OF CREW OR EQUIPMENT](#)

- 18.1 Substitution of competitors will not be allowed without prior written approval of the Race Committee.
- 18.2 Substitution of damaged or lost equipment is not allowed unless approved in writing by the Technical Committee. Requests for substitution shall be made to the Technical Committee at the very first reasonable opportunity.
- 18.3 Repairs or replacements may be made on the water before or between races provided that the Race Committee/Technical Committee afloat is notified, and approval granted by the committee before the next race. After the end of the day's racing, the substitution is still subject to the approval of the Technical Committee given retrospectively.

19. [\[NP\] \[DP\] OFFICIAL VESSELS](#)

- 19.1 Official vessels will be marked as follows:

Jury	The letter "Jury" on yellow background
Race Committee	The letters "RC" on a white background

- 19.2 Failure of an official vessel to display an identifying flag will not be grounds for redress under RRS 60.1(b).
- 19.3 A boat shall not request redress due to the actions by any official vessel or drone. This changes RRS 60.1(b)

20. [\[NP\] \[DP\] SUPPORT VESSELS](#)

- 20.1 Individual team support vessels may be used on the condition that the presence of the support vessel is reported to the race office. Coaches must register with the race office before going afloat.
- 20.2 Team leaders, coaches and other support persons shall not be within 100 meters of any boat racing from the time of the preparatory signal for the first fleet to start until all boats have finished or the race committee signals a postponement, general recall or abandonment. This SI does not apply during rescue operations.
- 20.3 Support vessels shall stay at least 100 meters to leeward of the starting line during the starting sequence.
- 20.4 Support vessels that are motoring at more than 5 knots shall remain at least 150 meters from any boat that is racing.
- 20.5 All persons on board a support vessel shall wear a personal floatation device at all times whilst afloat.
- 20.6 The Protest Committee may direct the Organising Authority to revoke privileges from any vessel or person found to be in breach of [SI 20](#).

21. [\[NP\] \[SP\] TRASH DISPOSAL](#)

- 21.1 Trash may be placed aboard support or official vessels.

- 21.2 A breach of RRS 47, TRASH DISPOSAL, by a competitor will result in a standard penalty of 3 points being added to her finishing position in the first race of the day.
- 21.3 All competitors, support persons and officials are requested not to bring 'single use' plastic bottles, plastic food containers or any plastic to the venue and racing area on the water.

22. [NP] [DP] RADIO COMMUNICATION

Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

23. [NP] [DP] HARBOR AND SITE REGULATIONS

- 23.1 All boats shall be launched and hauled out as directed by the organizing authority.
- 23.2 All boats need to be parked in the parking area as directed by the organizing authority.

24. PRIZES

- 24.1 Medals will be awarded to the top 3 of each categories except for Optimist Overall for top 10 winners and Optimist Female for top 5 winners.:

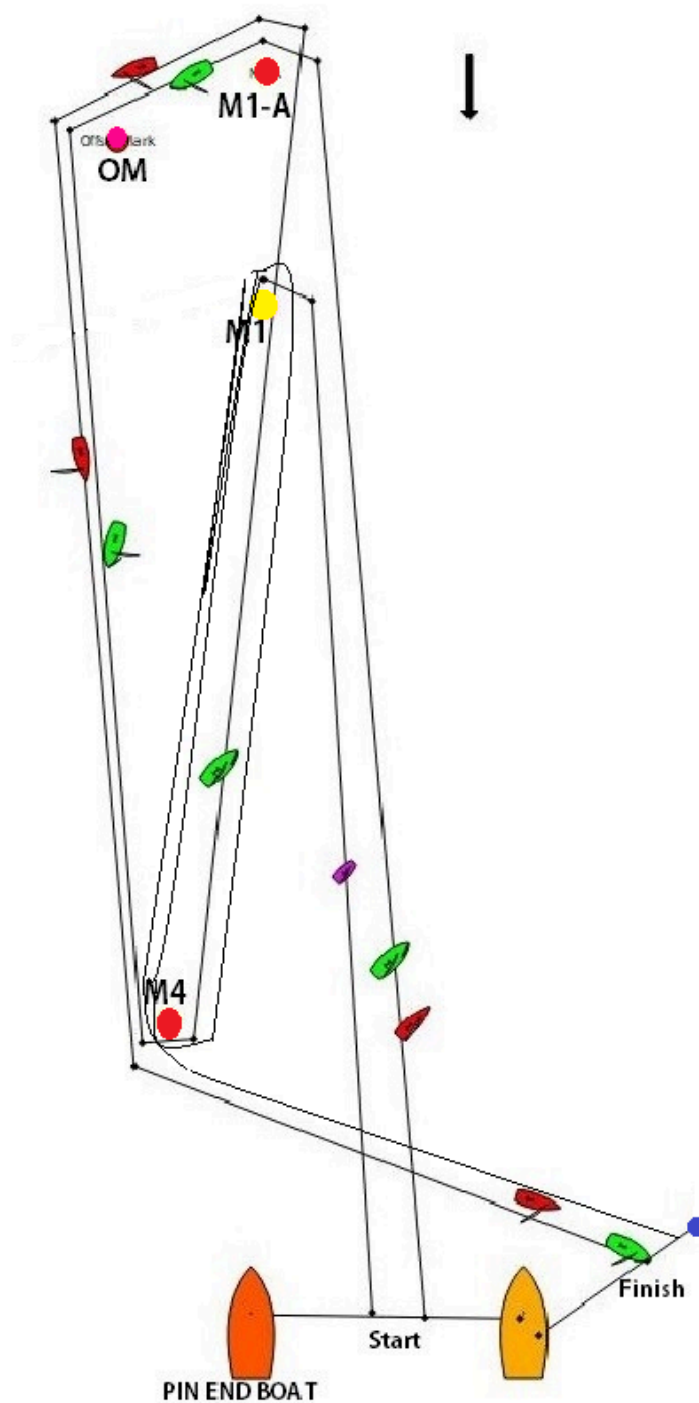
25. DISCLAIMER OF LIABILITY

RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury.

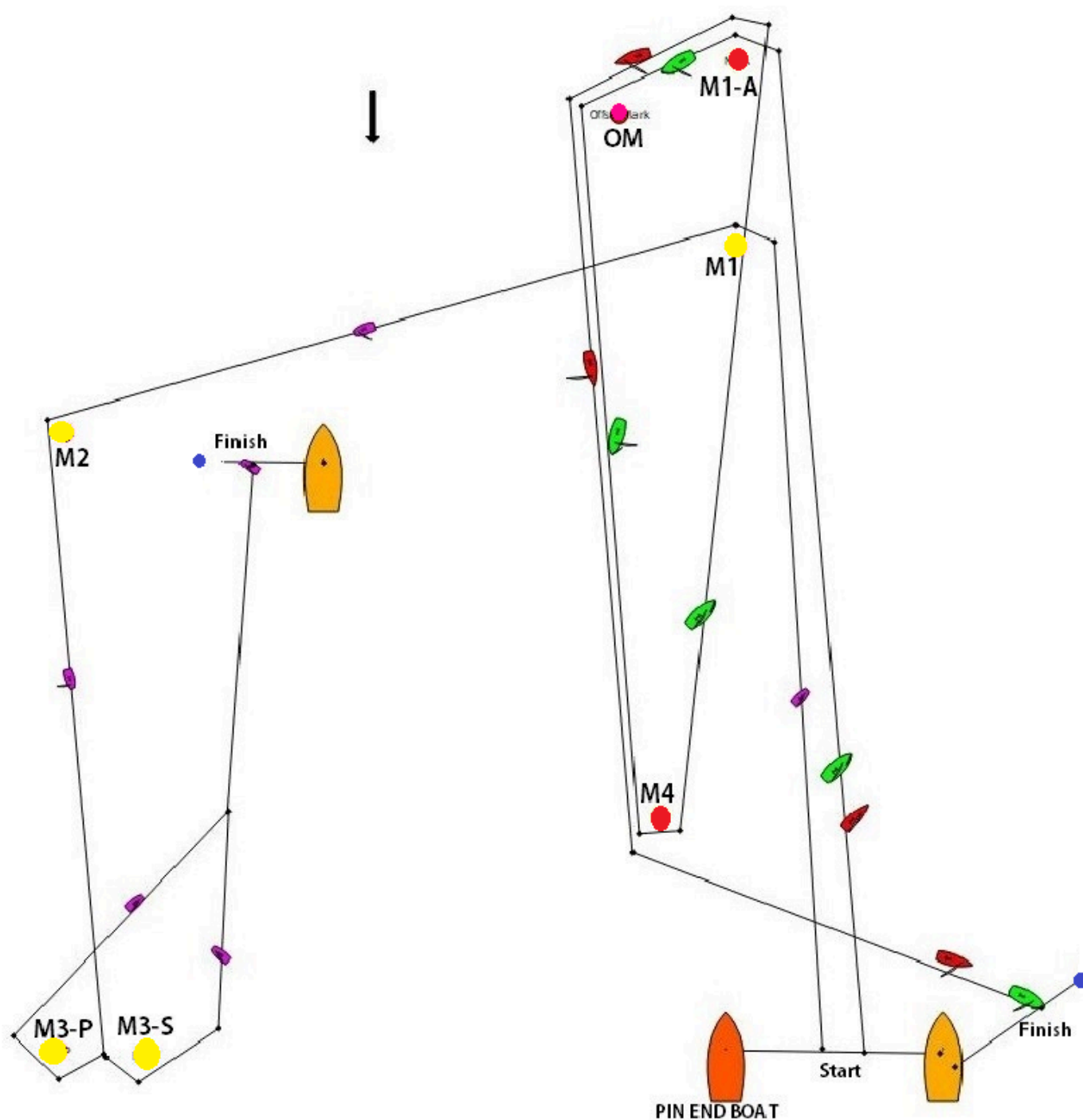
Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes

ATTACHMENT 1 RACE VENUE & RACING AREA



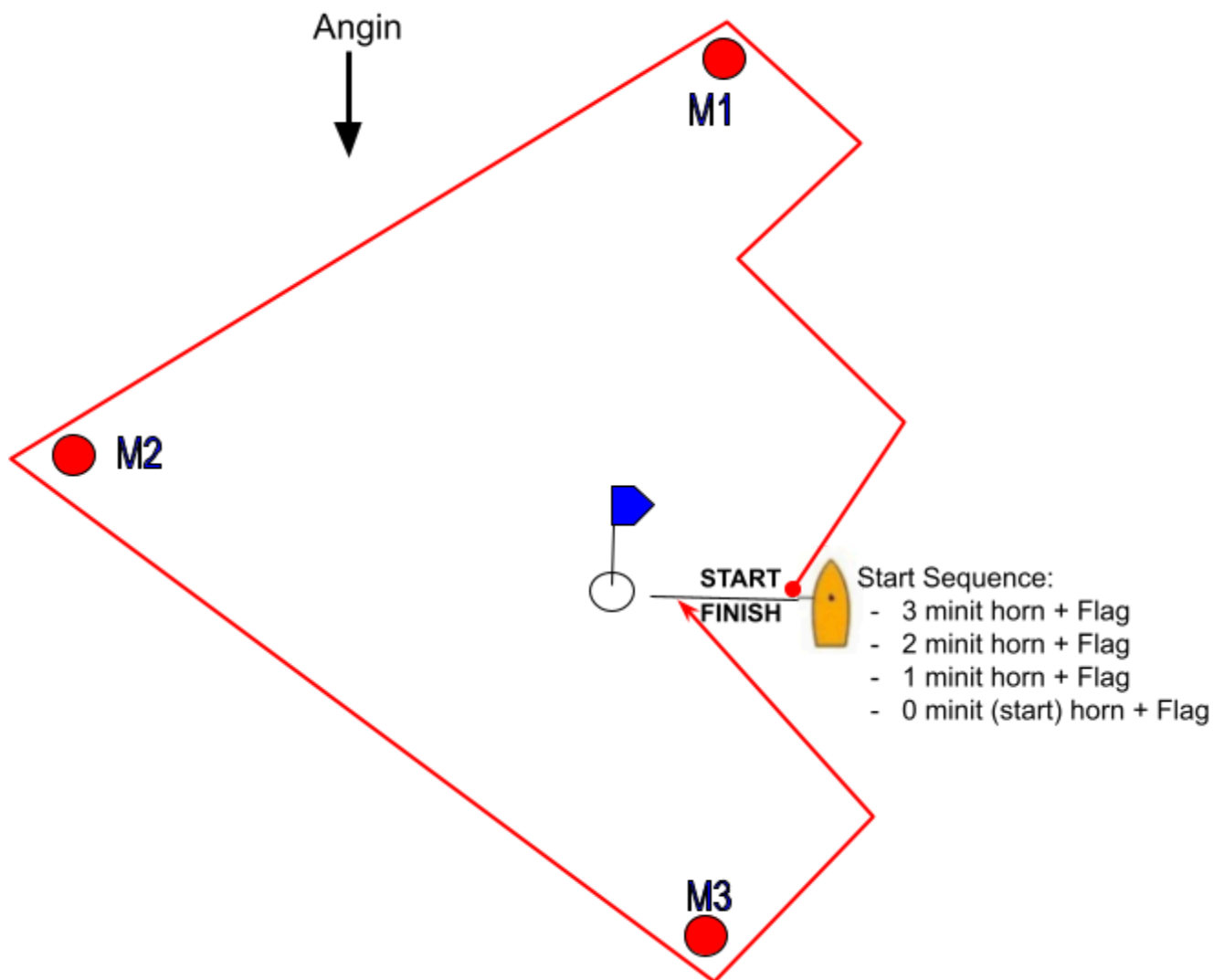
ATTACHMENT 2 COURSE DIAGRAM DAY 1**Course For Individual Race Day 1:**

- Techno 293 & RS One: Start, M1, M4, M1, M4, Finish
- ILCA 4 & ILCA 6, ILCA 7 & Int.420: Start, M1-A, OM, M4, M1-A, OM, M4, Finish

ATTACHMENT 2 (ii) COURSE DIAGRAM**Course For Individual Race:**

- Optimist, Byte CII, ILCA 4 15U, Techno 293 & RS One: Start, M1, M2, M3S-M3P, Finish
- ILCA 4 & ILCA 6, ILCA 7 & Int.420: Start, M1-A, OM, M4, M1-A, OM, M4, Finish
- F36: Start, M1, M4, M1, M4, Finish

ATTACHMENT 3 COURSE DIAGRAM FOR NOVICE



ATTACHMENT 4: Links to Public Information



Terengganu Monsoon Challenge - TMC 2023 **Links to Public Information**

Regatta officials are using a web-based program to assist with the management of this regatta. It provides electronic forms for such actions as scoring inquiries, protests, equipment substitutions, etc. And it provides for electronic communication with competitors if competitors have provided an email and/or telephone number accepting SMS. Competitors will be notified electronically of protest time limits, confirmation of a protest filing, scheduled hearing times, etc. This electronic system allows competitors to move freely about the event and remain in contact with relevant officials. And all competitors have electronic access to the scoring inquiries, jury decisions, etc.*

Notice: The Official Notice Board (ONB) is still the only official source of information for this regatta.



Submit Request for Hearing



Submit Scoring Inquiry

NOTICE: When submitting a protest, request or report, the procedure (as set forth in the Racing Rules of Sailing and the Sailing Instructions) remains unchanged.



Online Notice Board



Hearing Schedule



Hearing Decisions



Scoring Inquiries

The jury and parties reserve the right to limit public access to certain decisions.*