

SMPL

Study. Meditate. Pray. Live.

Here are some benefits that people experience with SMPL

- A powerful practice with the support of being in a group that is praying for you and that you can pray for.
- Slowing down your time with scripture for a more meaningful, formative experience.
- Establishing a solid reading plan, routine, and connection with others.
- Moving your study time from the head to the heart.
- Shifting your Bible reading experience from task and duty to joy and connection.
- Finding what God wants you to get from the scripture, not what you are trying to get from it.
- Falling more in love with Jesus and God.
- Experiencing deeper conviction for personal change in HIM.
- Involvement in an encouraging community of brothers and sisters to support your relationship with Jesus.
- Fueling your moment-by-moment connection with Jesus throughout the day.

[Read about challenges you might face with SMPL](#)

