

Fruit and Veggie Quick Bread

Ingredients

- 1½ cups flour
- 1½ cups whole wheat flour
- 1 cup brown sugar
- ½ teaspoon baking soda
- 1 teaspoon baking powder
- 1 teaspoon cinnamon
- 1 teaspoon salt
- 2 cups zucchini, grated and drained (1 large zucchini)
- 1 cup carrot, grated (2 medium carrots)
- 1/2 cup apple butter or applesauce
- 1 cup grated apple, skin on (1 medium apple)
- 1 cup banana, mashed
- 1 teaspoon vanilla
- 1/2 cup vegetable oil

Directions

1. Preheat oven to 350°F.
2. Spray a loaf pan with Baker's Joy.
3. In the bowl of your mixer combine all of the dry ingredients.
4. Add wet ingredients one at a time and mix until well-incorporated.
5. Pour mixture into prepared pan and bake for about 60 minutes, or until a cake tester comes out clean.

Recipe adapted from [In Katrina's Kitchen](#)