

FHGMC LIFE GROUP GUIDE

OPENING PRAYER (OR USE YOUR OWN)

Heavenly Father, we pray that out of your glorious riches you would strengthen us with the power of your Spirit in our inner being, so that Christ may dwell in our hearts through faith. And we pray that we, being rooted and established in love, may have power, together with all the Lord's holy people, to grasp how wide and long and high and deep is the love of Christ, and to know this love that surpasses knowledge – that we may be filled to the measure of all the fullness of God. We ask this in Jesus' name. Amen.

QUESTIONS

Read each question one at a time and everyone takes a turn answering the question. You will take 5-20 minutes per question pending on what each person is at in their spiritual walk.

HOW IS IT WITH YOUR SOUL?

WHAT ARE YOUR STRUGGLES AND SUCCESSES?

HOW MIGHT THE SPIRIT AND SCRIPTURES BE SPEAKING IN YOUR LIFE?

When you are ready to go deeper.....

DO YOU HAVE ANY SIN THAT YOU WANT TO CONFESS?

ARE THERE ANY SECRETS OR HIDDEN THINGS YOU WOULD LIKE TO SHARE?

CLOSING PRAYER

Each person takes turns to share any prayer requests that they may have and then each person prays for someone else.

HOW DO I START?

- 1. GATHER WITH 2-4 OTHERS WHO WANT TO GROW SPIRITUALLY.**
- 2. NO LEADER REQUIRED. PLAN AND FACILITATE THE GROUP TOGETHER. YOU CAN TAKE TURNS ASKING THE QUESTIONS.**
- 3. MEET AS OFTEN AS YOU CAN. REGULAR AND CONSTANT CHECK-INS ARE NEEDED TO INTENTIONALLY GROW SPIRITUALLY AND RELATIONALLY.**
- 4. THIS DOES NOT REPLACE PERSONAL DEVOTIONS OR PARTICIPATING IN BIBLE STUDY GROUPS. AS YOU GAIN INFORMATION IN ONE GROUP, THIS GROUP IS ABOUT MOVING FORWARD IN TRANSFORMATION.**
- 5. EACH MEETING LASTS AS LONG AS THE GROUP NEEDS. RESPECT EACH OTHER'S TIME. DEPENDING ON SIZE IT CAN BE 1-2 HOURS**
- 6. WHAT IF YOU ARE NERVOUS ABOUT SHARING? SHARE TO THE EXTENT YOU ARE COMFORTABLE. SOME MEETINGS YOU WILL SHARE MORE, SOME LESS; YOU MAY EVEN HAVE TIMES WHERE YOU DON'T HAVE ANYTHING TO SAY. THAT IS OKAY. BUT DON'T LET FEAR GET IN THE WAY OF YOUR SPIRITUAL GROWTH AND RECEIVING SUPPORT FROM FELLOW CHRISTIANS.**



THE FIVE COMMITMENTS

BE COURAGEOUS

SHARE HONESTLY, AND AS DEEPLY AS YOU ARE READY.

BE COMPASSIONATE

SHOW GRACE AND AFFIRM THE FORGIVENESS WE HAVE IN CHRIST.

BE CONSIDERATE

DON'T INTERRUPT, GIVE ADVICE, OR TRY TO FIX PROBLEMS.

BE CONSISTENT

SHOW UP FOR MEETINGS, AND SPEAK WITHIN THE ALLOTTED TIME.

BE CONFIDENTIAL

WHAT'S SHARED HERE, STAYS HERE—ALWAYS.