Rustic Retreat Program
Packing List

Clothing

- Warm weather clothing (enough for each day at camp plus at least 2 additional outfits)
- Long pants (at least 2 pairs, the island has chilly mornings)
- Enough underwear, bras, and socks for each day at camp plus an extra or two
- Bathing suits (at least 2)
- Warm layers: Jacket, sweater, or sweatshirts (at least 2)
- Rain gear (rain jacket or poncho)
- Clothes to sleep in (1 warm and 1 lightweight)
- Sturdy footwear that is secure to the foot to wear around camp (sneakers/tennis shoes/trainers, some chacos®, and Keens®' and the like can be good options also)
    - At least one pair of closed toed shoes
- Shoes to wear in the shower (flip flops or crocs® or the like)
- Hat (for sun protection)

Toiletries

- Bath towel
- Mesh bag to keep shower supplies in (or something that can easily be carried to to shower house, hung on a hook in the shower stall, and allows water to drain out of it)
- Shower supplies (soap, hair care supplies, lotion, toothbrush and toothpaste, etc.)

Bedding

- Sleeping bag rated to at least 40 degrees Fahrenheit (slumber bags are not sufficiently warm for camp)
    - Alternatively, you can make a bed roll with sheets and warm blankets to fit a twin sized bed
- Pillow and case
- Twin sized sheet to cover the camp mattress (if desired)
- Extra blanket

Gear

- Camping/ travel chairs
- Beach towel
- Laundry bag (for dirty clothes - there is NO laundry service)
- Flashlight and extra batteries (it can be helpful to load the batteries in the flashlight backwards (positive where negative should go) so that the flashlight cannot turn on in the bag and waste the battery power during transit to camp)
- Small backpack to carry around camp
- 2 reusable water bottles
- Sunscreen and bug repellent (Please refrain from bringing aerosol sprays to camp)

Optional Extras

- Instruments or activities to share
- Books
- Snacks or treats (must be stored in appropriate containers to prevent furry friends in living areas)